

# Contents

## Chapter 1. Chemistry and Biochemistry of Calcium

<i>W. G. Robertson</i> .....	1
Introduction .....	1
Evolutionary Aspects of Calcium .....	2
Chemical Properties .....	4
Extracellular Calcium .....	16
Intracellular Calcium .....	17
Calcium as a Second (or Third?) Messenger .....	20
Calcium Ionophores .....	21
Calcium Antagonists .....	22
Calcium in Other Living Organisms .....	22

## Chapter 2. Calcium-Regulating Hormones: Vitamin D

<i>D. R. Fraser</i> .....	27
Introduction .....	27
Structure and Synthesis .....	28
Vitamin D Formation in Skin .....	29
Metabolism of Vitamin D .....	31
Regulation of Vitamin D Metabolism .....	33
Vitamin D Function .....	34
Vitamin D Deficiency .....	36

## Chapter 3. Calcium-Regulating Hormones: Parathyroid Hormone and Calcitonin

<i>G. D. Aurbach</i> .....	43
Introduction .....	43
Parathyroid Hormone .....	43
Parathyroid Hormone and the Kidney .....	50
Actions of Parathyroid Hormone on Bone .....	52
Effects in Other Tissues .....	54
Mechanism of Action of Parathyroid Hormone .....	54
Calcitonin .....	59
Physiology of Calcitonin .....	63

<b>Chapter 4. Calcium-Regulating Hormones: General</b>	
<i>P. H. Adams</i> .....	69
Introduction .....	69
Adrenal Corticosteroids .....	69
Thyroid Hormone.....	74
Hormones of the Anterior Pituitary Gland .....	77
Insulin .....	81
Sex Steroids .....	82
<b>Chapter 5. Gastrointestinal Absorption of Calcium</b>	
<i>F. Bronner</i> .....	93
Introduction .....	93
Calcium Absorption .....	94
Active Calcium Transport.....	101
Development Aspects.....	108
Analysis of Whole Animal Absorption Studies .....	111
Altering Calcium Absorption .....	113
Therapeutic Considerations .....	118
<b>Chapter 6. Renal Excretion of Calcium</b>	
<i>M. Peacock</i> .....	125
Introduction .....	125
Calcium Excretion .....	125
Form and Measurement of Calcium in Urine.....	127
Expression of Urinary Calcium .....	129
Variation in Daily Calcium Excretion .....	133
Renal Excretion of Calcium .....	138
Regulation of Plasma Calcium by the Kidney .....	151
Hypercalciuria .....	154
Diseases Affecting Urinary Calcium.....	158
<b>Chapter 7. Calcified Tissues: Chemistry and Biochemistry</b>	
<i>A. L. Boskey</i> .....	171
Introduction: Composition of the Calcified Tissue .....	171
Comparative Histogenesis of the Calcified Tissues.....	173
Calcification Mechanisms .....	175
Remodelling.....	180
Conclusions.....	181
<b>Chapter 8. Calcified Tissues: Cellular Dynamics</b>	
<i>F. Melsen and L. Mosekilde</i> .....	187
Introduction .....	187
Primary Bone Formation.....	187
Postnatal Development of Bone.....	188
Internal Reorganization .....	188
Metabolic States Mainly Characterized by Altered Bone Turnover .....	199
Metabolic States Mainly Characterized by Disturbed Osteoid Mineralization .....	202
Metabolic States Mainly Characterized by a Reduction in Bone Mass .....	205

<b>Chapter 9. Calcified Tissues: Structure-Function Relationships</b>	
<i>J. Dequeker</i> .....	209
Introduction .....	209
Macroanatomy.....	209
Age-Related Changes in Bone Mass.....	212
Age-Related Fracture and Osteoporosis .....	222
Bone Mass and Risk of Fractures.....	226
Identification of Those at Risk for Fractures.....	228
Treatment of Osteoporosis .....	230
<b>Chapter 10. Calcium in Extracellular Fluid: Homeostasis</b>	
<i>G. Schaafsma</i> .....	241
Introduction .....	241
Plasma Calcium Homeostasis .....	242
Effects of Non-nutritional Factors on Plasma Calcium Homeostasis.....	249
Effects of Nutritional Factors on Plasma Calcium Homeostasis.....	252
<b>Chapter 11. Calcium as an Intracellular Regulator</b>	
<i>A. K. Campbell</i> .....	261
Intracellular Calcium and Cell Behaviour .....	261
The Cell Biology of Intracellular Calcium.....	262
The Evidence for Calcium as an Intracellular Regulator.....	267
How to Measure Free Calcium in Living Cells .....	273
The Source of Intracellular Calcium for Cell Activation .....	291
How Calcium Acts .....	300
The Pathology of Intracellular Calcium.....	303
Pharmacology of Intracellular $\text{Ca}^{2+}$ .....	307
Perspectives .....	308
<b>Chapter 12. Cellular Calcium: Muscle</b>	
<i>S. Ebashi</i> .....	317
Historical Survey of Calcium Research in Muscle .....	317
Troponin .....	319
Myosin-Linked Regulation .....	323
$\text{Ca}^{2+}$ Regulation in Smooth Muscle.....	325
Actomyosin in Non-muscle Tissue .....	327
Excitation-Contraction Coupling.....	328
$\text{Ca}^{2+}$ Control of Metabolic Processes in Muscle .....	330
Calcium Antagonists .....	331
<b>Chapter 13. Cellular Calcium: Nervous System</b>	
<i>M. P. Blaustein</i> .....	339
Introduction .....	339
Regulation of Intracellular Calcium in Nerve Cells .....	340
Physiological Role of Intracellular Calcium in Nerve Cells....	353
Summary and Conclusions .....	360

**Chapter 14. Cellular Calcium: Secretion of Hormones**

<i>W. J. Malaisse</i> .....	367
Introduction .....	367
Evidence that Calcium Participates in Secretion .....	368
Calcium Fluxes in Endocrine Cells .....	371
Targets for Cytosolic $\text{Ca}^{2+}$ .....	376
Concluding Remarks .....	380

**Chapter 15. Cellular Calcium: Action of Hormones**

<i>R. H. Wasserman</i> .....	385
Introduction .....	385
Control of Intracellular Calcium.....	387
Modulation of Intracellular Free $\text{Ca}^{2+}$ Concentrations .....	388
Calmodulin and Other Calcium-Binding Proteins .....	389
The Phosphoinositide Cycle .....	391
G Proteins Linking Receptors to Enzyme Activation .....	393
Phospholipase C Activation and Phosphoinositide Second Messengers .....	395
Hormone-Stimulated $\text{Ca}^{2+}$ Fluxes .....	397
Diacylglycerol and Protein Kinase C .....	402
Physiological and Biochemical Responses to $\text{Ca}^{2+}$ - Mobilizing Agonists in Selected Systems .....	404
Epilogue.....	414

**Chapter 16. Cellular Calcium: Cell Growth and  
Differentiation**

<i>T. Fujita</i> .....	421
Introduction .....	421
Extracellular Calcium and Cellular Calcium Requirement....	421
Intracellular Calcium and Calcium Influx .....	423
Calmodulin and Other Calcium-Binding Proteins .....	424
Calcium and Cyclic Nucleotides .....	426
Phospholipid and Protein Phosphorylation .....	428
Calcium and Immune Function .....	429
Oncogenes and Growth Factors .....	430
Bone Cell Differentiation .....	432
Calcium-Regulating Hormones.....	433
Calcium Deficiency and Neoplasia .....	436
Summary .....	437

**Chapter 17. Dietary Requirements for Calcium**

<i>B. E. C. Nordin and D. H. Marshall</i> .....	447
Introduction .....	447
Calcium Absorption .....	447
Calcium Excretion .....	450
Effects of Calcium Deficiency .....	452
Calcium Requirements and Recommended Allowances.....	458
Comparison with Current Intakes and Recommended Allowances Worldwide .....	464
<b>Subject Index</b> .....	473