## CONTENTS

	Illustrations	ix		
	A Note on Radiocarbon Dates	xii		
	Preface	xiii		
Ι	The Roman Impact	I	4 Food and Farming The nature of the evidence	49 49
2	Settlement: Ring-Forts Landscape Social and political organization The nature of the evidence The problem of chronology Ring-forts Terminology and classification Origins and chronology Siting, enclosures and entrances Houses Souterrains Other ring-fort structures Ring-forts in the landscape The role of ring-forts	6 8 8 9 11 12 15 19 22 29 32 32 33	Climate, soils and vegetation The farming landscape Livestock and other domesticated animals Crop husbandry Hunting, fishing and gathering Conclusion  5 Craft, Exchange and Trade Pottery Imported pottery Native pottery Wood	500 522 560 660 640 677 688 688 737 757
3	Other Settlement Types Crannogs Origins and chronology Siting and distribution The crannog structure The role of crannogs Promontory forts Knowth and Clogher	34 34 35 37 38 41 41	Leather Textiles and dress Bone, antler and horn Metal-working Iron-working Copper and copper-alloy working Gold and silver Enamel and glass	79 86 83 86 96 92 92
	Other settlements Conclusion	44 47	Stone and related materials  Exchange and trade	95 96

5	The Church	99	7	Art	132
	The historical background	99		Problems	132
	The nature of the evidence	ioi		Ornamental metalwork	133
	Ogham stones	103		Illuminated manuscripts	148
	Large ecclesiastical sites	104		Stone sculpture	161
	Location	104		Conclusion	171
	Layout	105			•
	Structures	112			
	Estates	114		ml Trel •	
	Small ecclesiastical sites and hermitages	114	8	The Vikings	172
	Church architecture	121		The Viking raids and settlement	172
	Round towers	127		Hoards	174
	Burial	129		Towns	179
	Conclusion	131		Dublin	179
		- ) -		Waterford	188
				Viking settlement outside the towns	189
				Conclusion	191
				References	193
				Bibliography	203
				Index	219