Varieties of Medical Experience

EAST ASIAN MEDICINE IN URBAN JAPAN

Margaret M. Lock

University of California Press Berkeley Los Angeles London

CONTENTS

Preface xvii

Preface to the Paperback Edition List of Illustrations xv List of Tables

1. Introduction: The Pendulum Swings to Holism	1
PART ONE: East Asian Medicine: Its Philosophical Foundations Historical Development 21	and
2. Early Japanese Medical Beliefs and Practices	23
 Theoretical and Philosophical Foundations of East Medicine 27 	Asian
4. History of East Asian Medicine in Japan 50	
PART TWO: Attitudes toward the Body in Health and Sickness 5. Early Socialization 69	67
6. The Interrelationship of Socialization Practices and	
Medical Beliefs 83	
PART THREE: The East Asian Medical System in Urban Japan:	
Kanpō 109	
7. A Kanpō Clinic: The Patients 111	
8. A Kanpō Clinic: The Doctors 127	
9. Herbal Pharmacies 144	
PART FOUR: The East Asian Medical System in Urban Japan:	
Acupuncture, Moxibustion, and Massage 155	
10. Acupuncture and Moxibustion Clinics: The Settin	g
and the Patients 157	
	xii

Contents

11.	Massage: Shiatsu and Amma	179	
12.	East Asian Medical Schools	195	
13.	Philosophy and Attitudes of A	Acupuncture,	
	Manthagaine and Massaca Caradalian		

Moxibustion, and Massage Specialists 203

14. Holism and East Asian Therapy 217

PART FIVE: The Cosmopolitan Medical System 229

> 15. Doctor and Patient Relationships in Cosmopolitan Medicine 231

16. Conclusions 253

> Glossary 267 Bibliography 269 Index 279