

CONTENTS

Introduction	THE TWO MINDSETS	1
Chapter 1	AUGUST: Teaching Is a Practice, Not a Perfection.	11
Chapter 2	SEPTEMBER: Everyone Can Learn!	27
Chapter 3	OCTOBER: My Brain Is Like a Muscle That Grows!	53
Chapter 4	NOVEMBER: I Am a Valued Member of This Learning Community	73
Chapter 5	DECEMBER: We Love a Challenge!	95
Chapter 6	JANUARY: Feedback Is a Gift— Accept It	117
Chapter 7	FEBRUARY: A Goal without a Plan Is Just a Wish.	129
Chapter 8	MARCH: Mistakes Are Opportunities for Learning.	145
Chapter 9	APRIL: There’s a Difference Between Not Knowing and Not Knowing Yet!.	159
Chapter 10	MAY: I Got This!	175
Chapter 11	JUNE: I Can’t Take Care of Others If I Don’t Take Care of Myself.	189
Chapter 12	JULY: A New Day Is a New Opportunity to Grow.	211
Endnotes	221
Index	226
Acknowledgments	236
About the Authors	239