TABLE OF CONTENTS

Preface 11

Introduction: The problem of writing 13
1. The *Apophthegmata Patrum* as a book 13
2. The *Apophthegmata Patrum* and its counterparts . . 14
3. The *Apophthegmata Patrum* in its historical context . 17
4. Moving forward 21

Chapter 1: The text and production of the *Apophthegmata Patrum* 25
1. The *Apophthegmata Patrum*: Its text and dating . . 27
2. Egypt, Palestine, and the context of the *Apophthegmata Patrum* 31
Conflict and competition 36
3. The nature and function of *apophthegmata* 47
4. The audience of the *AP* 56
5. Conclusion: Reading the *AP* 63

Section I: Texts and church authority 65

Chapter 2: Asserted authority in late antique Christian literature 67
1. Bishops over monks 73
a. *Athanasius* 76
b. *Socrates* 82
c. *Sozomen* 88
d. *Bishops over monks* 93
2. Separate spheres of authority 94
a. *Anonymous, Historia monachorum in Aegypto* . . 94
b. *Ammonas* 103
c. *Separate spheres* 105
3. Revelatory ambivalence 105
a. *Theodoret* 106
b. *Cassian* 108
c. *Palladius* 110
d. *Antony* 115
e. *Revelatory ambivalence* 117

Smith, Zachary B.
Philosopher-monks, episcopal authority, and the care of the self

digitalisiert durch:
IDS Basel Bern

4. A common trope 117
5. Conclusion: A live question 120

Chapter 3: Authority in the *Apophthegmata Patrum* 123
1. Monks and ecclesiastics in the *AP* 125
a. *Antony* 126
b. *Bishops, priests, deacons, and monks* 137
c. *Ecclesiastic monks* 153
d. *Monks, ecclesiastics, and authority* 157
2. Authority in Palestine 158
3. Conclusion: Power and authority in the *AP* 166

Section II: Self-care and the philosopher-monks . . 169

Chapter 4: Self-care in classical and late antiquity 171
1. Partial approaches to self-care in modern scholarship 172
2. Self-care in classical and late antique philosophy . . 179
a. *The state of the soul* 183
b. *The goal of the self* 186
c. *The soul's problem and its imperative* 188
d. *Asceticism: The technologies of the solution* . . . 190
e. *Environments of self-care: The self and others* . . 196
f. *The final state: Self-death* 198
g. *Practical concerns* 199
3. Conclusion: The self-care milieu of late antique thought 200

Chapter 5: Self-care in the *Apophthegmata Patrum* 203
1. The state of the soul in the *AP* 205
2. The goal of the monk 211
3. The soul's problem and imperative 217
4. The soul's solution in ascetic technologies 219
5. Monastery and cell: The environments of self-care . 234
6. The final state 245
7. Conclusion: Use of self-care in the *Apophthegmata Patrum* 248

Conclusion: Contextualizing the *Apophthegmata Patrum* . . 251

Appendix 1: The language of self-care 259
Appendix 2: Self-care in the philosophical literature (tables) 263

Appendix 3: Transitioning from elite to ecumenical . . . 281
Appendix 4: Supplements to self-care in the *Apophthegmata Patrum* (tables) 285

Bibliography
Ancient sources 291
Secondary literature 299

Index
Index of persons and texts. 317
Subject index 320