

Contents

Acknowledgements	vi
1 Introduction	1
2 Towards a Sociological Theory of Eating	12
3 Elements of a Theory of Practice	32
4 Elementary Forms of Eating	52
5 Organizing Eating	80
6 Habituation	100
7 Repetition and the Foundations of Competence	122
8 Conclusions: Practice Theory and Eating Out	149
Notes	167
References	176
Index	190