

Contents

Acknowledgements	vii
Introduction	ix
Personal Perspectives	ix
Overview	xii
How this Book is Different	xiv
1 A Conceptual Perspective	1
1.1 Terminology	2
1.2 Definition	6
1.3 Effectiveness	20
1.4 Theoretical Underpinnings	48
1.5 Classification	59
1.6 Issues in Research Methodology	64
1.7 Conclusion	88
1.8 Conceptual Areas for Further Research	89
2 A Quantitative Perspective	90
2.1 Is Frequency of Strategy Use Related to Successful Learning?	91
2.2 Is Quantity of Language Learning Strategy Use Related to Successful Language Learning?	92
2.3 Are Some Strategy Types More Related to Successful Learning than Others?	98
2.4 Are Learner Variables Related to Strategy Use?	102
2.5 Are Contextual Variables Related to Strategy Use?	110
2.6 Are Target Variables Related to Strategy Use?	112
2.7 Do Strategies Change over Time?	114
2.8 How do Strategy Changes Relate to Progress?	117
2.9 Which is the Chicken and which the Egg? The Tornado Hypothesis	121
2.10 Conclusion	122
2.11 Quantitative Areas for Further Research	123
3 A Qualitative Perspective	125
3.1 The Individual Language Learner	125
3.2 What Can we Learn from the Interviews?	147

3.3	Conclusion	160
3.4	Qualitative Areas for Further Research	161
4	A Pedagogical Perspective	162
4.1	The Place of Strategies in Overall Theories of Teaching	163
4.2	Teachability	166
4.3	Previous Research into Strategy Instruction	168
4.4	Strategy Instruction Programmes	172
4.5	Teachers' Perceptions	176
4.6	The Classroom Experience	177
4.7	How Should Strategy Instruction be Conducted?	179
4.8	What Should be Included in Strategy Instruction?	181
4.9	The Issue of Confidence and the Tornado Effect	184
4.10	Learner Variables	186
4.11	Situational Variables	189
4.12	Target Variables	190
4.13	Teacher Training	203
4.14	Conclusion	205
4.15	Pedagogical Areas for Further Research	206
5	Conclusion	207
5.1	The Strategy Concept	207
5.2	Quantitative Research	208
5.3	Qualitative Research	209
5.4	Pedagogical Research	210
5.5	Conclusion	211
	Appendix 1: Language Skills Development Strategy Questionnaire	212
	Appendix 2 : English Language Learning Strategy Inventory (ELLSI)	215
	Appendix 3 : Interview Guide	216
	Appendix 4 : The English Language Development Strategy Inventory (ELLSI - Teachers' Version)	217
	Appendix 5 : Target Language Learning Strategy Inventory (TaLLSI) – 2016	218
	Glossary	221
	References	235
	Index	261