

CONTENTS

Preface and Acknowledgements	9
Timeline	13
Introduction	23
PART I: 'GO, TELL THE SPARTANS!'	
1. Under the Sign of Lycurgus	47
2. Sparta in 500 BC	77
3. The Persian Wars, 490–479 BC	111
PART II: THE SPARTAN MYTH	
4. The '50-year Period', 478–432 BC	143
5. Women and Religion	165
6. The Athenian War, 432–404 BC	181
PART III: A CRIPPLED KINGSHIP	
7. The Spartan Empire, 404–371 BC	209
8. Fall and Decline, 371–331 BC	227
9. Revival and Reinvention 331 BC–AD 14	238
10. The Legacy: Leonidas Lives!	257
Appendix: Hunting—Spartan-style	273
Notes	283
Further Reading	286
Select Bibliography	288
Picture Credits	293
Index	297