

- 6 *Acknowledgments*
- 7 *Foreword*

1960s–1970s

- 11 CHAPTER 1 — “It was mainly isolation”: 1960s–1970s
- 21 CHAPTER 2 — “Seattle was the closest city”: Transplants

Early–Mid ’80s

- 29 CHAPTER 3 — “It was so easy to freak people out in those days”: Early–Mid ’80s
- 41 CHAPTER 4 — “’79 through ’84 was *hopping*”: Power Pop, New Wave, Heavy Metal
- 48 CHAPTER 5 — “A floodgate of creativity in the Northwest”: Blackouts, Fastbacks, U-Men, Mr. Epp and the Calculations, Duff McKagan
- 68 CHAPTER 6 — “Church was really in session”: Venues, *The Rocket*, Record Stores, Radio
- 82 CHAPTER 7 — “The punk rock David Lee Roth”: Malfunkshun
- 93 CHAPTER 8 — “Godzilla knocking over buildings”: The Shemps, Soundgarden
- 108 CHAPTER 9 — “Just because you can, doesn’t mean you should”: The Melvins, Green River, Screaming Trees
- 127 CHAPTER 10 — “The next logical step is to start a label”: K Records, Sub Pop Records, C/Z Records

Mid–Late ’80s

- 143 CHAPTER 11 — “If we can just keep it a secret”: Mid–Late ’80s
- 152 CHAPTER 12 — “How do three guys sound like nine?": Nirvana
- 174 CHAPTER 13 — “The sloppiness was essential”: The Thrown Ups, Mudhoney
- 187 CHAPTER 14 — “*GET OUT OF THE WAY!*”: The Melvins, Screaming Trees, Skin Yard, Tad
- 201 CHAPTER 15 — “Dark, black, and blue”: Soundgarden, Alice in Chains
- 223 CHAPTER 16 — “He’s going to be one of the biggest rock stars in the world — no question”: Mother Love Bone and Andy Wood’s Death

1990–1991

- 239 CHAPTER 17 — “OK, this thing is going to happen”: 1990–1991

- 246 CHAPTER 18 — “If you can sell 40,000, they’ll let you make another one”: Pearl Jam, Temple of the Dog
- 260 CHAPTER 19 — “A ‘testosterone period’”: Alice in Chains, Soundgarden
- 272 CHAPTER 20 — “You guys will be bigger than Hüsker Dü”: Nirvana and *Nevermind*
- 289 CHAPTER 21 — “That they didn’t reach a broader audience baffles me”: Mudhoney, Tad, Screaming Trees, Truly, Melvins, Jesse Bernstein
- 303 CHAPTER 22 — “Rebelling against the predominant macho grunge scene at the time”: Riot Grrrl

1992–1993

- 317 CHAPTER 23 — “Be careful what you wish for, you might get it”: 1992–1993
- 325 CHAPTER 24 — “It was on the radio, people were talking about them, people had shirts on and their posters up”: Pearl Jam
- 335 CHAPTER 25 — “Things change, and things change quickly”: Soundgarden, Alice in Chains
- 347 CHAPTER 26 — “We might as well start talking to majors”: Mudhoney, Tad, Skin Yard, Screaming Trees, Melvins, Brad
- 359 CHAPTER 27 — “If you were there, you were part of it”: Riot Grrrl
- 367 CHAPTER 28 — “Everything is not OK anymore”: Nirvana

1994 and Beyond

- 381 CHAPTER 29 — “It felt like the world had gone seriously wrong”: Kurt Cobain’s Death and 1994
- 391 CHAPTER 30 — “Where I go, you go”: Kurt Remembered
- 399 CHAPTER 31 — “The demise of the entire scene”: Drugs
- 405 CHAPTER 32 — “Preparing for the worst”: Alice in Chains and Layne Staley’s Death
- 427 CHAPTER 33 — “The final magic”: Soundgarden’s Breakup
- 437 CHAPTER 34 — “There was definitely a big Seattle backlash”: Mudhoney, Tad, Screaming Trees, Melvins, Truly
- 446 CHAPTER 35 — “Standing up for something they believed in”: Pearl Jam
- 458 CHAPTER 36 — “Finally — new growth”: Post-Grunge
- 463 CHAPTER 37 — “Maybe I’m a geezer”: How Will Grunge Be Remembered?