This textbook provides a unique introduction to two major theoretical and methodological fields – discourse and narrative methods. It offers readers an orientation within the broad and contested area of these two fields and develops concrete analytical strategies for those who wish to explore them.

Illustrated with examples from real life and real research, this book:

- maps the theoretical influence from poststructuralist, postmodern, postcolonial and feminist ideas on the field
- acts as a guide to key analytical approaches in discourse and narrative studies
- presents a variety of oral, textual, visual and other 'data' for the purpose of analysing discourse and narrative
- offers an insight into discourse and narrative methods within three themes of crucial importance:
 media and society, gender and space, and autobiography and life writing
- acts as a helpful guide to situated writing based on concrete workshop exercises, which promotes
 ethical reflexivity, analytical thinking and creative engagement.