

Contents

PART I. THE ATTACHMENT BEHAVIORAL SYSTEM: NORMATIVE PROCESSES AND INDIVIDUAL DIFFERENCES

- | | |
|---|-----|
| 1. The Attachment Behavioral System: Basic Concepts and Principles | 3 |
| 2. A Model of Attachment-System Functioning and Dynamics in Adulthood | 27 |
| 3. Normative Attachment Processes | 47 |
| 4. Measurement of Attachment-Related Constructs in Adulthood | 75 |
| 5. Individual Differences in Attachment-System Functioning: Development, Stability, and Change | 109 |

PART II. INTRAPERSONAL ASPECTS OF ATTACHMENT-SYSTEM FUNCTIONING

- | | |
|--|-----|
| 6. Attachment-Related Mental Representations of Self and Others | 147 |
| 7. Attachment Processes and Emotion Regulation | 187 |
| 8. Attachment Orientations, Behavioral Self-Regulation, and Personal Growth | 226 |

PART III. INTERPERSONAL MANIFESTATIONS OF ATTACHMENT-SYSTEM FUNCTIONING

- | | |
|---|-----|
| 9. An Attachment Perspective on Interpersonal Regulation | 261 |
| 10. Attachment Processes and Couple Functioning | 299 |
| 11. Relations between the Attachment and Caregiving Systems | 347 |
| 12. Attachment and Sex | 372 |

PART IV. CLINICAL AND ORGANIZATIONAL APPLICATIONS OF ATTACHMENT THEORY

| | | |
|------------|--|-----|
| 13. | Attachment Bases of Psychopathology | 395 |
| 14. | Implications of Attachment Theory and Research for Counseling and Psychotherapy | 443 |
| 15. | Applications of Attachment Theory and Research in Group and Organizational Settings | 473 |

PART V. EPILOGUE

| | | |
|------------|------------------------------------|-----|
| 16. | Reflections on Attachment Security | 497 |
|------------|------------------------------------|-----|

APPENDICES

| | | |
|-------------|--|-----|
| Appendix A. | Adult Attachment Questionnaire (AAQ) | 525 |
| Appendix B. | Adult Attachment Scale (AAS) | 527 |
| Appendix C. | Attachment Style Questionnaire (ASQ) | 529 |
| Appendix D. | Relationship Style Questionnaire (RSQ) | 531 |
| Appendix E. | Experiences in Close Relationships Scale (ECR) | 533 |
| Appendix F. | ECR-R Items | 535 |
| Appendix G. | Experiences in Close Relationships Scale (ECR)—Short Version | 537 |
| Appendix H. | ECR-12: A Brief Version of the Experiences in Close Relationships Scale (ECR) | 539 |
| Appendix I. | State Adult Attachment Measure (SAAM) | 541 |
| Appendix J. | Experiences in Close Relationships—Relationship Structures Measure (ECR-RS) | 543 |
| Appendix K. | Caregiving System Scale (CSS) | 545 |
| Appendix L. | Caregiving Questionnaire | 547 |
| Appendix M. | Sexual System Functioning Scale (SSFS) | 549 |
| References | | 551 |
| Index | | 673 |