

CONTENTS

| | |
|---|----------|
| <i>List of figures</i> | x |
| <i>List of tables</i> | xi |
| <i>List of contributors</i> | xii |
| 1 Opening the discussion <i>Robert J. Schinke, Kerry R. McGannon and Brett Smith</i> | 1 |
| PART I | |
| International histories and contemporary perspective | 7 |
| 2 Russia <i>Tatiana V. Ryba and Natalia B. Stambulova</i> | 9 |
| 3 The United States <i>Craig Wrisberg and Lars Dzikus</i> | 20 |
| 4 China <i>Gangyan Si, Hin-Yue Li and Baoming Chen</i> | 36 |
| 5 Japan <i>Shiro Nakagomi and Yuji Yamamoto</i> | 47 |
| 6 Brazil <i>Franco Noce, Lenamar Fiorese Vieira and Varley Teoldo da Costa</i> | 56 |
| 7 Canada <i>Natalie Durand-Bush and Kylie McNeill</i> | 65 |

| | | |
|----------------|---|------------|
| 8 | Israel <i>Ronnie Lidor</i> | 81 |
| 9 | Spain <i>Jaume Cruz Feliu and Alexandre Garcia-Mas</i> | 91 |
| 10 | The United Kingdom <i>Melissa Day</i> | 100 |
| PART II | | |
| | Athlete adjustment and transitions | 109 |
| 11 | Career transitions <i>Paul Wylleman, Nathalie Rosier and Paul De Knop</i> | 111 |
| 12 | Adaptation, stress and coping in sport <i>Adam R. Nicholls</i> | 119 |
| 13 | Athlete development <i>Jean Côté and Karl Erickson</i> | 128 |
| 14 | Developing moral character through sport: delivering on the promise <i>Nicole D. Bolter and Maureen R. Weiss</i> | 138 |
| 15 | The emergence of acculturation in the sport psychology landscape <i>Robert J. Schinke and Sunghee Park</i> | 147 |
| 16 | Athlete burnout <i>Ken Hodge and Göran Kenttä</i> | 157 |
| 17 | Sport injury <i>Leslie Podlog</i> | 167 |
| 18 | Understanding athlete disordered eating: critical gender comparisons <i>Anthony Papathomas</i> | 176 |
| 19 | Athlete maltreatment <i>Ashley Stirling and Gretchen Kerr</i> | 184 |
| 20 | Spirituality <i>Noora J. Ronkainen and Mark S. Nesti</i> | 195 |
| 21 | Sport-related concussion <i>Anthony P. Kontos and R. J. Elbin</i> | 204 |

PART III

Cultural sport psychology 217

- 22 Self-identity: our most beautiful and creative project 219
Kitrina Douglas and David Carless
- 23 Whiteness in sport psychology 228
Ted M. Butryn
- 24 Inclusion to exclusion: sport for LGBT athletes 238
Vikki Krane
- 25 Now you see me, now you don't: appreciating culture, race, ethnicity
 and other dimensions of athlete and consultant whole-person identities 248
William D. Parham
- 26 Feminism in sport psychology 260
Leslee A. Fisher and Leslie K. Larsen
- 27 Cultural studies in sport and exercise psychology 272
Emily A. Roper
- 28 Athletes and motherhood 286
Kerry R. McGannon and Rebecca Busanich
- 29 Disability sport: a partial overview and some thoughts about the future 296
Brett Smith, Marie-Josée Perrier and Jeffrey J. Martin
- 30 Hazing in sport 304
Jennifer J. Waldron

PART IV

Motivation and emotion 313

- 31 Self-regulation 315
Nikos Ntoumanis and Jennifer Cumming
- 32 Online mood profiling and self-regulation of affective responses 324
Andrew M. Lane and Peter C. Terry
- 33 Mood measurement and regulation in applied settings 335
Jolly Roy and Garry Kuan
- 34 Goal orientation 346
Dorothee Alfermann

| | | |
|----------------|---|------------|
| 35 | Imagery <i>Krista Munroe-Chandler and Craig Hall</i> | 357 |
| 36 | What is flow? Reconsideration of the state of optimal functioning beyond flow theory <i>Masato Kawabata and Clifford J. Mallett</i> | 369 |
| 37 | Team resilience <i>Nick Galli</i> | 378 |
| 38 | Parental support in youth sport: a case of optimizing the motivational climate <i>Chris Harwood</i> | 387 |
| | | |
| PART V | | |
| | Cognition | 399 |
| 39 | Personality and performance: beyond the Big 5 <i>Ross Roberts and Tim Woodman</i> | 401 |
| 40 | Mental representation and learning <i>Thomas Schack and William Land</i> | 412 |
| 41 | Expertise and mental practice <i>Aidan Moran</i> | 421 |
| 42 | Biofeedback in sport <i>Boris Blumenstein and Ernest Tsung-Min Hung</i> | 429 |
| 43 | Mental toughness: critical reflections and future considerations <i>Daniel F. Gucciardi and Sheldon Hanton</i> | 439 |
| 44 | Self-talk in sport: where are we now? <i>James Hardy and Nikos Zourbanos</i> | 449 |
| | | |
| PART VI | | |
| | Group dynamics | 461 |
| 45 | Team coordination <i>David W. Eccles</i> | 463 |
| 46 | Relational coaching in sport: its psychological underpinnings and practical effectiveness <i>Sophia Jowett and Vaithehy Shanmugam</i> | 471 |

| | | |
|-----------------|--|------------|
| 47 | Coach and athlete leadership in sport <i>Todd M. Loughead and Gordon A. Bloom</i> | 485 |
| 48 | Motivation gains in sport and exercise groups <i>Brandon C. Irwin and Deborah L. Feltz</i> | 494 |
| 49 | Social support in sport psychology <i>Tim Rees</i> | 505 |
| | | |
| PART VII | | |
| | Forecasts to the future | 517 |
| 50 | Athletes' transitions in sport and life: positioning new research trends within the existing system of athlete career knowledge <i>Natalia Stambulova</i> | 519 |
| 51 | A broad perspective onto future practices of applied sport psychology <i>Carole A. Oglesby</i> | 536 |
| 52 | Team resiliency in sport: research to practice <i>David Yukelson and Robert Weinberg</i> | 547 |
| 53 | Overt–covert behaviors' linkage: forecasting the future of sport psychology science <i>Gershon Tenenbaum and Edson Filho</i> | 559 |
| 54 | Forecasts to the future: group dynamics <i>Mark A. Eys and Kevin S. Spink</i> | 572 |
| 55 | Interdisciplinary connoisseurship in sport psychology research <i>Andrew C. Sparkes and Brett Smith</i> | 581 |
| | | |
| | Conclusion | 589 |
| 56 | Closing the loop <i>Kerry R. McGannon, Brett Smith and Robert J. Schinke</i> | 591 |
| | <i>Index</i> | 596 |