How do texts create meaning? How do we arrive at our textual interpretations? Why do we become 'lost in a book' or feel deep emotion in response to a literary character? Through close attention to the way texts are written and the language they use, as well as what we know about the human mind, Contemporary Stylistics: Language, Cognition, Interpretation provides readers with the tools to begin answering these questions. In doing so, it introduces the theoretical principles and practical frameworks of stylistics and cognitive poetics, supplying the practical skills to analyse your own responses to literary texts. Including innovative activities for students and with case studies of work by writers like Dylan Thomas, E. L. James and Kazuo Ishiguro, this is a detailed analysis of contemporary stylistics that offers both historical contextualisation of the discipline and points towards its possible future direction.