

# Contents

|                           |      |
|---------------------------|------|
| Acknowledgements          | VII  |
| List of Illustrations     | VIII |
| Notes on the Editors      | XIII |
| Notes on the Contributors | XV   |

Introduction: *Artes Apodemicae* and Early Modern Travel Culture,  
1550–1700 1

*Karl Enenkel and Jan L. de Jong*

## PART 1

### *Manuals and Theoretical Reflections on the Art of Travelling*

- 1 *Ars apodemica* and Socio-Cultural Research 17  
*Justin Stagl*
- 2 Loysius's *Pervigilium Mercurii* and Other Early Latin *Artes Apodemicae*:  
the Constitution of a Genre through Intertextuality 28  
*Karl Enenkel*
- 3 Lorenz Gryll (d. 1560): a Traveller in the Service of Medical Training 75  
*Thomas Haye*
- 4 Justus Lipsius on Travelling to Italy: From a Humanist Letter-Essay to an  
Oration and a Political Guidebook 92  
*Jan Papy*
- 5 Debating the Use of Academic Travel: Early Modern Disputations  
*De arte peregrinandi* 114  
*Robert Seidel*
- 6 Handbooks for the Courtier and Handbooks for the Traveller:  
Intersections of Two Forms of Early Modern Advice Literature 148  
*Gábor Gelléri*

- 7 Through Canada with Linnaeus: the Swedish-Finnish Traveller to America Pehr Kalm and His Use of the *Ars apodemica* of Carl Linnaeus 166  
*Bernd Roling*

## PART 2

### *Early Modern Traveller's Guides*

- 8 Joint Adventures: Company and *Companions* in Seventeenth-Century English Travelling Culture 195  
*Kerstin Maria Pahl*
- 9 The Rise of a Proto-Tourist Infrastructure in Late Sixteenth-Century Rome and Naples 215  
*Harald Hendrix*
- 10 Reading instead of Travelling: Nathan Chytraeus's *Variorum in Europa itinerum deliciae* 237  
*Jan L. de Jong*
- 11 Thomas Hobbes' Journey Poem *De mirabilibus Pecci* (1627): a Travel Guide for Early English Domestic Tourism 262  
*Johanna Luggin*

## PART 3

### *The Art of Travelling to the Ottoman Empire*

- 12 Classical Tradition and Contemporary Experience in Hugo Favolius's *Hodoeporicon Byzantinum* (1563) 293  
*Marc Laureys*
- 13 Habits and *Habillement* in Seventeenth-Century *Voyages*: Georges de La Chappelle's *Recueil des divers portraits des principaux dames de la Porte du Grand Turc* 312  
*Justina Spencer*

- Index Nominum 335