

# Contents

## Part I Starting off in Supervision

- 1 **Beginning the Supervisory Relationship Within Family Therapy Training: Engaging Individuals, Groups and Settings** ..... 3  
Jim Sheehan
- 2 **Starting Supervision** ..... 27  
Inger Ulleberg and Per Jensen

## Part II The Supervision Process: Listening, Action and Reflection

- 3 **Asking Questions in Supervision** ..... 45  
Inger Ulleberg and Per Jensen
- 4 **Listening and Silence in Supervision** ..... 69  
Inger Ulleberg and Per Jensen
- 5 **The Resonance from Personal Life in Family Therapy Supervision** ..... 91  
Inger Ulleberg and Per Jensen
- 6 **The Reflecting Team Approach: Different Uses in Live Supervision and Group Supervision with both Family Therapy Trainees and Practitioners** ..... 107  
Halvor de Flon
- 7 **Creating a Dialogical Culture for Supervision** ..... 121  
Anne Hedvig Vedeler
- 8 **The Supervisor's Power and Moments of Learning** ..... 143  
Tone Grøver

### Part III Supervision in Special Contexts of Practice

- 9 **Supervision and Domestic Violence: Therapy with Individuals, Couples and Families** ..... 163  
Arlene Vetere
- 10 **Systemic Supervision with Groups in Child Protection Contexts**..... 173  
Randi Frieda Bagge
- 11 **An Approach to Supervision Practice with Therapists Who Work with Pregnant Substance-Abusing Women in Voluntary and Compulsory Treatment Settings** ..... 185  
Siv Merete Myra
- 12 **Group Supervision with Couple Therapists Located in Rural Areas in Norway: Exploring Memories, Bodily Sensations and the Richness of a Non-linear Language** ..... 195  
Anne Kyong Sook Øfsti
- 13 **Research Supervision** ..... 205  
Arlene Vetere and Jim Sheehan

### Part IV Looking after Ourselves as Supervisors and Supervisees

- 14 **An Attachment Narrative Approach to Systemically Informed Supervision Practice** ..... 219  
Arlene Vetere
- 15 **When the Supervision Process Falters and Breaks Down: Pathways to Repair**..... 227  
Gudmund Fosli and Hans Christian Michaelsen
- 16 **The Supervision of Supervision: A Thematic Analysis of Family Therapy Supervisors' Experiences of a Group Supervision Structure in a Training Context**..... 261  
Jim Sheehan
- Index**..... 291