## **Contents**

1	Introduction 1
	Kenneth M. Heilman and Stephen E. Nadeau

- Anatomic and Histological Changes of the Aging Brain 5
   Anthony T. Yachnis
- 3 Cellular and Molecular Mechanisms for Age-Related Cognitive Decline 16 Jolie D. Barter and Thomas C. Foster
- 4 Neuroimaging of the Aging Brain 28
  Ronald. A. Cohen, Eric Porges, and Joseph
  M. Gullett
- Changes in Visuospatial, Visuoperceptual, and
   Navigational Ability in Aging 54
   Gabrielle A. Hromas and Russell M. Bauer
- 6 Chemosensory Function during Neurologically Healthy Aging 68 Jennifer J. Stamps
- 7 Memory Changes in the Aging Brain 95 Glenn J. Larrabee
- 8 Aging-Related Alterations in Language 106 Stephen E. Nadeau
- Changes in Emotions and Mood with Aging 127
   Erin Trifilio, John B. Williamson, and Kenneth M. Heilman
- 10 **Aging and Attention** 140 Ian H. Robertson and Paul M. Dockree
- 11 Changes in Motor Programming with Aging 153
  Kenneth M. Heilman

- 12 Alterations in Executive Functions with Aging 168 Donald T. Stuss and Fergus I. M. Craik
- 13 Brain Aging and Creativity 188

  Ira S. Fischler and Kenneth M. Heilman
- 14 Attractor Network Dynamics, Transmitters, and Memory and Cognitive Changes in Aging 203
   Edmund T. Rolls
- Mechanisms of Aging-Related CognitiveDecline 226Stephen E. Nadeau
- The Influence of Physical Exercise on Cognitive Aging 245
   Jamie C. Peven, Chelsea M. Stillman, and Kirk I. Erickson
- 17 **Pharmacological Cosmetic Neurology** 264 Erin C. Conrad and Anjan Chatterjee
- 18 Cognitive Rehabilitation inHealthy Aging 278Nicole D. Anderson and Gordon Winocur
- 19 Preventing Cognitive Decline andDementia 291Yat-Fung Shea and Steven T. DeKosky

Index 307

The color plates appear between pages 110 and 111