

CONTENTS

About the Author	v
Contents	vii
Detailed Contents	ix
Preface	xxi
Acknowledgements	xxiii
A guide to this book	xxiv
A guide to the online resources	xxvii
Part 1 PSYCHOLOGY AS SCIENCE: PRINCIPLES AND METHODS	001
1 Studying psychology	003
2 The science of psychology	023
3 Research methods in psychology	049
Part 2 BIOLOGICAL PSYCHOLOGY	075
4 The biological basis of mind and behaviour	077
5 The nature, nurture, and evolution of behaviour	137
6 Consciousness	178
Part 3 COGNITIVE PSYCHOLOGY	227
7 Learning	229
8 Perception, sensation, and attention	268
9 Memory	321
10 Thinking and language	362
Part 4 DEVELOPMENTAL PSYCHOLOGY	397
11 Social-emotional development in children	399
12 Cognitive development	422
13 Lifespan development	450
Part 5 INDIVIDUAL DIFFERENCES	481
14 Intelligence	483
15 Personality	509
16 Motivation	547
17 Emotion	571
18 Issues in mental health	603
19 Mental health treatment	647