

# CONTENTS

Acknowledgements	viii
<b>Introduction</b>	<b>1</b>
<b>Part One The Tools</b>	<b>11</b>
<b>1 Foundations: Where to Start</b>	<b>11</b>
The Body: Releasing Tension	11
The Mind: Awareness and Focus	25
Imagination	32
Play and Spontaneity	37
<b>2 A Note about Emotion</b>	<b>42</b>
Emotion and Psychology	42
Emotion and the Performer	43
The Process	44
<b>3 Creating Character</b>	<b>46</b>
<b>4 Text and Music</b>	<b>47</b>
Introduction	47
Organising Information: Given Circumstances	48
Organising Information: Other Approaches	62
Organising Information: The Music	68
Objectives	73
Actions	89
Obstacles	106
Points of Concentration	110
Events	114
Further Text Tools	121
Text and Music: Conclusion	125
<b>5 The Body and Movement</b>	<b>127</b>
Introduction	127
Music	129
Laban	130
Lecoq	154
Character Types and <i>Commedia dell'arte</i>	178

	The Clown	190
	Devising	197
<b>6</b>	<b>Words and Music in Action</b>	209
<b>Part Two In Practice</b>		239
<b>7</b>	<b>Preparing for Rehearsals</b>	239
	The Challenge	240
	An Approach	240
	Coaching	241
	Where to Start	242
<b>8</b>	<b>Rehearsals</b>	254
	Expectations	255
	Music Calls	255
	Rehearsals	256
<b>9</b>	<b>Rehearsals in Depth</b>	272
	Rehearsing Recitative	272
	Rehearsing Arias	273
	Rehearsing Ensembles	282
	Rehearsing Chorus	284
	Rehearsing Text	286
	Rehearsing Translations	287
	Rehearsing the Original Language	289
	Cover Rehearsals	289
<b>10</b>	<b>Performance</b>	291
	Nerves	291
	Preparation	291
	The Wings	294
	Onstage	294
	After the Performance	296
<b>11</b>	<b>Auditions</b>	298
	Preparation	298
	Professional Engagement	301
	The Composition of an Audition	303
	Analysis and Follow-Up	306
	Websites	307
<b>Part Three Interviews</b>		311
<b>12</b>	<b>Repertoire</b>	313
	Early Music: Christian Curnyn	313
	Mozart: Jane Glover	317
	Bel Canto: David Parry	319

Verdi: Carlo Rizzi	322
Twentieth Century: Wyn Davies	325
New Opera: Jonathan Dove	328
<b>13 Approaches to Rehearsal</b>	<b>333</b>
Aletta Collins	333
Leah Hausman	336
Richard Jones	339
Phyllida Lloyd	343
Robin Norton Hale	346
David Pountney	348
<b>14 Singers' Case Studies</b>	<b>353</b>
Kathryn Harries	353
Elizabeth Llewellyn	355
William Morgan	359
Clare Presland	362
Andrew Shore	365
Pablo Strong	368
List of Exercises	370
Further Reading	375
Index	377