

TEMPLE  
GRANDIN  
AND RICHARD PANEK

THE  
AUTISTIC  
BRAIN

EXPLORING THE STRENGTH OF  
A DIFFERENT KIND OF MIND



RIDER

LONDON • SYDNEY • AUCKLAND • JOHANNESBURG

# Contents

*Prologue* vii

## **The Autistic Brain**

1. The Meanings of Autism 3
2. Lighting Up the Autistic Brain 21
3. Sequencing the Autistic Brain 50
4. Hiding and Seeking 69

## **Rethinking the Autistic Brain**

5. Looking Past the Labels 101
6. Knowing Your Own Strengths 117
7. Rethinking in Pictures 134
8. From the Margins to the Mainstream 171

*Appendix: The AQ Test* 207

*Notes* 217

*Acknowledgments* 229

*Index* 231