

CHAPTER

**1**

Illusions of a Civilization

7

CHAPTER

**2**

Cheerful People

51

CHAPTER

**3**

Simplicity and Wealth

69

CHAPTER

**4**

Friendliness and Courtesy

103

CHAPTER

**5**

Fullness and Variety

149

CHAPTER

**6**

Labor and the Body

171

CHAPTER

**7**

Freedom and Status

191

CHAPTER

**8**

The Naked Body and Sex

217

CHAPTER

**9**

The Status of Women

251

CHAPTER

**10**

A Children's Paradise

285

CHAPTER

**11**

Scenery and Cosmology

315

CHAPTER

**12**

Living Things and Cosmology

361

CHAPTER

**13**

Religious Beliefs and Festivals

395

CHAPTER

**14**

Barriers of the Mind

421

Afterword 440

A Postscript to the Heibonsha Library Edition 443

Commentary: Sympathy is the Best Method for Understanding—Hirakawa Sukehiro 448

References: Important People of Note 452

Bibliography 457

Index 467