Contents

Introduction

1

CHAPTER 1

From Meeting Cute to the Ultimate Happy Ending

How to Create the Perfect Romance

7

CHAPTER 2

Wishful Thinking

Why Motion Pictures Are Like Real Life—but Better

19

CHAPTER 3

Improving Perfection

Remakes, Sequels, and Other Movie Makeovers

CHAPTER 4

Preaching to the Choir

You Are Destined to Find Your True Love and Other Timeless Themes

35

CHAPTER 5

America's Sweethearts

The Quintessential Female Superstars

43

CHAPTER 6

Hunks Wanted

Prince Charming Personified

57

CHAPTER 7

The Hall of Fame

Ten Deserving Inductees

73

CHAPTER 8

Comfort Flicks

Favorites to View While Eating Ice Cream

87

CHAPTER 9

Special Editions

Seven Spectacular DVDs

CHAPTER 10

Hidden Treasures

An A-Z of Forgotten Films

115

CHAPTER 11

Calendar Girl

Your Year of Chick Flicks

125

CHAPTER 12

Mattress Dancing

The Sexiest Scenes Ever Captured on Celluloid

151

CHAPTER 13

Pretty in Prada

Cinema's Most Memorable Fashion Statements

159

CHAPTER 14

Pass the Kleenex

Definitive Tearjerking Portraits of Love and Death

169

CHAPTER 15

Do Gentlemen Really Prefer Blondes

Essential Chick Flick Discussion Points

CHAPTER 16

Fried ___ Tomatoes

A Fill-in-the-Blank/Multiple Choice Pop Quiz

183

CHAPTER 17

Chicks' Picks

Reel Chicks and Real Chicks Reveal Their Guilty Pleasures
199

Notes

213

Photo Credits

217

Acknowledgments

223

Index of Films

224