

Contents

<i>Acknowledgements</i>	xi
1 THE PROBLEM STATED: AMBITIONS AND WORK PRESSURES, THEIR ORIGINS AND CONSEQUENCES IN CAPITALIST AND SOCIALIST SOCIETIES	1
Professional work and the development of ambition in the United States	6
The effects of work pressures and ambitions on personal life in the United States	8
The comparison with Eastern European socialist societies	10
Work in the Soviet Union and the German Democratic Republic	13
2 'NO, MY WIFE DOESN'T WORK – SHE'S A HOUSEWIFE': AMERICAN SINGLE-CAREER FAMILIES	23
Introduction	23
The work situation	26
Sources of tensions at work	28
Background of the professionals	35
The schooling of American professional men	38
Effects of tensions of family relations: the wives' perspective	41
Effects of tensions on family relations: the male professionals' perspective	48
The effects of work pressures and tensions on friendships	59
Conclusion	61
<i>Appendix: Notes on interviewing</i>	64
Interview guide	68

3 'I AM A PROFESSIONAL, TOO': AMERICAN DUAL-CAREER FAMILIES	71
Introduction	71
Family background and the roots of occupational aspiration	72
The school experiences of men and women in dual- career families	78
The original 'contract'	81
The situation at work	85
The over-scheduled family	88
The effects of work on the marital relationship	90
The effects of work pressures on friendships	105
Conclusion	108
<i>Appendix: Notes on interviewing</i>	111
4 DOES SOCIALISM MAKE A DIFFERENCE? DUAL-CAREER FAMILIES IN THE SOVIET UNION AND THE GERMAN DEMOCRATIC REPUBLIC	112
Introduction	112
Occupational origins of the respondents	116
Education in the Soviet Union and in the German Democratic Republic	119
Supports in socialist countries for working men and women	128
Role conceptions of professional men and women	135
The world of work	138
The effects of work pressures on personal relationships	147
<i>Appendix: Notes on the Eastern European interviews</i>	165
5 CONCLUSION: PROFESSIONAL WORK AND PERSONAL LIFE IN CAPITALIST AND SOCIALIST SOCIETIES	170
<i>Notes</i>	180
<i>Bibliography</i>	184
<i>Index</i>	191