

Contents

	<i>Preface</i>	<i>Ix</i>
	<i>Introduction</i>	<i>xi</i>
I	The peopling of Tanzania <i>J E G Sutton</i>	<i>I</i>
2	The interior before 1800 <i>Isaria N Kimambo</i>	<i>14</i>
3	The coast and the development of the caravan trade <i>Edward A Alpers</i>	<i>35</i>
4	Political change in the nineteenth century <i>Andrew Roberts</i>	<i>57</i>
5	The German intervention and African resistance in Tanzania <i>G C K Gwassa</i>	<i>85</i>
6	The age of improvement and differentiation (1907-45) <i>John Iliffe</i>	<i>123</i>
7	The movement of ideas, 1850-1939 <i>Terence O Ranger</i>	<i>161</i>
8	The rise and triumph of nationalism <i>A J Temu</i>	<i>189</i>

9	Background to the revolution in Zanzibar <i>Johannes Mosare</i>	214
10	From independence to self-reliance <i>Lionel Cliffe</i>	239
	<i>Further reading</i>	258
	<i>Index</i>	264

Illustrations between pages 20-21, 52-53, 148-149 and 180-181

Maps

1	The coast and the development of caravan trade	34
	<i>fold-in facing page</i>	
2	The peopling of Tanzania	4
3	Places of early historical interest in Tanzania	84
4	Peoples and places in Tanzania	244