Contents

ntroduction contributors cknowledgements	
Complex rehabilitation in an interdisciplinary team context	1
Jo Haworth and Helen O'Leary	
Aim	2
Objectives	2
Overview	2
What do we mean by 'rehabilitation'?	3
A framework for defining rehabilitation	5
Models of rehabilitation	10
Team working in rehabilitation	11
The clinical rehabilitation pathway	14
Summary	16
References	16
Medical management in rehabilitation	18
Helen Banks and Ganesh Bavikatte	
Aims	19
The role of the doctor within the specialist rehabilitation team	19
그렇게 하나면 살아왔다. 그 아이들은 아이들은 아이들이 아이들이 아이들은 아이들은 아이들은 아이들은	20
	25
	31
Prognosis	35
Summary	37
References	37
The role, impact, and reflections of the rehabilitation nurse	39
Nicola Hill	
Aims	39
Introduction	40
Definition, roles, and responsibilities of a rehabilitation nurse	40
	Complex rehabilitation in an interdisciplinary team context Jo Haworth and Helen O'Leary Aim Objectives Overview What do we mean by 'rehabilitation'? A framework for defining rehabilitation Models of rehabilitation Team working in rehabilitation The clinical rehabilitation pathway Summary References Medical management in rehabilitation Helen Banks and Ganesh Bavikatte Aims The role of the doctor within the specialist rehabilitation team Medical causes of complex disability The medics role in symptom management Medical urgencies encountered in specialist rehabilitation Prognosis Summary References The role, impact, and reflections of the rehabilitation nurse Nicola Hill Aims Introduction

vi Contents

	Family and carer support	41
	Formulating nursing goals and assessing outcomes	44
	Caring for patients with reduced mental capacity	45
	Discharge planning	46
	Community rehabilitation nurse	47
	Development of the rehabilitation nurse role	48
	Summary	49
	References	49
4	Prolonged disorders of consciousness	50
	Mary Ankers	
	Aims	51
	What is a prolonged disorder of consciousness?	51
	Assessment approaches within a pathway model of rehabilitation	55
	Challenges in providing assessment, care, and treatment for PDOC	60
	Evolving and innovative practice in PDOC diagnosis	62
	Developing effective and evidence-based team working for PDOC	63
	Summary	64
	References	65
5	24-hour approach to physical management	67
	Emily Wilson-Meredith and Emily Low	
	Aims	68
	Introduction	68
	Physical consequences of injury/illness	69
	The role of the interdisciplinary team in 24-hour physical	
	management	75
	Physical management modalities	76
	Summary	84
	References	85
6	Adjusting to life after illness or injury	86
	Cara Pelser	
	Aims and objectives	86
	What do we mean by adjustment?	87
	Using models of adjustment and grief to understand emotional	
	reactions to injury	88
	Factors impacting the adjustment process	92
	The impact of psychological factors on interdisciplinary team	
	rehabilitation	95
	Positive adaptation and growth	97
	The impact of injury or illness on the family	98
	Supporting patients and families; what can we do to help?	99
	Summary References	101
	REIEFFICES	111

	C	Contents	vii
7	Mental health in complex rehabilitation Antonio Swaraj DaCosta and Jon Alan Smith		103
	Aims		104
	Introduction		104
	Psychiatry within a rehabilitation setting		104
	What is 'mental health' and how do we assess it?		106
	Environmental influences		107
	Psychotropic medications and their role in rehabilitation		108
	Incidences of risk in rehabilitation		109
	The Mental Capacity Act and the Mental Health Act		111
	Mental health illnesses in complex rehabilitation		112
	Summary		117
	References		117
8	Working with behaviour that challenges		119
	Peter Kinsella		
	Aims and objectives		120
	What do we mean by 'behaviour that challenges'?		120
	Why does it occur?		122
	Assessment of behaviour from an interdisciplinary perspective	a	124
	Methods of assessment		125
	'There are no triggers'		126
	Supporting the person with behaviour that challenges		127
	Behavioural approaches		127
	Antecedent approaches		128
	Consequential approaches; responses to behaviour		130
	Therapeutic relationships and communication		131
	Psychological therapy		132
	Reflections on learning; working with behaviour that challeng	es	133
	Summary		134
	References		134
9	Cognition; an assessment and rehabilitation		137
	Nicola Branscombe, Stephen Mullin, Cara Pelser, and Wendy	Owen	
	Aims		138
	Introduction		138
	Attention		142
	Memory		146
	Rehabilitation of memory		148
	Perception		151
	Rehabilitation of cognitive-perceptual impairment		153
	Apraxia		153
	Cognitive fatigue		154
	Management of fatigue		155
	Executive functions		155

viii Contents

	Executive function in daily life	156
	Rehabilitation of executive dysfunction	159
	Summary	160
	References	160
0	Communication disorders in rehabilitation:	
	an interdisciplinary approach	164
	Elaine Bailey and Lisa Barklin	
	Aim	165
	Overview	165
	Definition of communication	165
	Role of speech and language therapists	165
	The communication cycle	166
	The impact of communication disorders	167
	Definition of a communication disorder	167
	Types of communication disorders	168
	The impact of communication disorders on the patient and	474
	their family	171
	Supporting families	174
	IDT working	174 175
	Supporting communication for mental capacity assessments	1/3
	Assistive technology and alternative and augmentative	180
	communication	183
	Summary References	183
	No. Cr. Cr. Cr. Cr. Cr. Cr. Cr. Cr. Cr. Cr	100
11	Dysphagia in rehabilitation: an interdisciplinary	
	approach	185
	Elaine Bailey and Lisa Barklin	
	Aims and objectives	186
	Overview	186
	Definition	186
	Incidence	186
	Mechanism of swallowing	187
	Causes of dysphagia	189
	Assessment of dysphagia	189
	The effect of dysphagia on the rehabilitation journey	190
	Rationale for IDT working	191
	Interdisciplinary management of dysphagia	191
	Managing risk	196
	Key learning points	198
	References	199

12	Nutrition and dietetics in rehabilitation Joanne Sim and Rachel K. Taylor	201
		202
	Aims	202
	Objectives	202 202
	Nutrition and dietetics in rehabilitation	202
	Nutritional aims during rehabilitation	204
	Nutrition support Other nutritional considerations in rehabilitation	204
	Factors affecting weight gain and strategies to improve outcomes	209
	Dietetics role within the IDT	213
	Ethical/difficult decisions about nutrition	216
	Summary	219
	References	220
13	Early vocational rehabilitation within an interdisciplina	rv
•••	context	222
	Ray Langford	
	Aim	223
	Objectives	223
	Introduction	223
	Models of service delivery	224
	Embedding vocational rehabilitation practice into the	
	interdisciplinary team	226
	Specialist vocational rehabilitation	227
	Providing patient-centred vocational rehabilitation	228
	Vocational rehabilitation interventions	229
	Summary	233
	References	234
14	A patient's perspective	235
	Elly Milton and Marie Milton	
	Introduction	235
	Elly's story	236
	Marie's story	237
15	Supporting the socioeconomic needs of patients and their families within the context of a complex rehabilitation setting: creating opportunities through	
	collaboration, rehabilitation, and beyond	242
	Claire Hendry and Erin M. Beal	
	Aims	243
	Introduction	243
	Risk factors and prevalence	244

x Contents

	The socioeconomic impacts of major injury and illness	245
	The wider impact on family networks	247
	Multiagency working; supporting the multifaceted needs of patients	
	and families	248
	The Life-Link Clinic	250
	Summary	252
	References	254
16	Conclusion	258
	Cara Pelser, Angela Harrison, Ganesh Bavikatte, and Helen Banks	
ndex	×	261