

Contents

1	Introducing Time, Temporality and Societal Change	1
2	The Rise of the Clock: Time Discipline and Consumer Culture	25
3	Time Scarcity: Work, Home and Personal Lives	43
4	Time Pressure: Innovation, Acceleration and the Speeding-Up of Everyday Life	69
5	Temporalities of Harriedness	95
6	Past Times: The Contrasting Timings of Everyday Activities	125
7	Socio-Temporal Rhythms, Social Practices and Everyday Life	147
8	Conclusion: Time, Consumption and Societal Problems	177

xii Contents

References 201

Index 219