Contents

List of fi	gures and tables	٧
List of abbreviations		vii
Notes o	n contributors	ix
Preface	and acknowledgements	χv
1	Introduction: Youth transitions in times of labour market insecurity	1
	Michael Gebel, Marge Unt, Sonia Bertolini,	
	Vassiliki Deliyanni-Kouimtzi, and Dirk Hofäcker	
PART I	Labour market insecurity and youth well-being and health	1
2	Effects of unemployment and insecure jobs on youth	31
	well-being in Europe: economic development and business cycle fluctuations	
	Olena Nizalova, Gintare Malisauskaite, Despoina	
	Xanthopoulou, Katerina Gousia, and Christina Athanasiades	
3	Health effects of unemployment in couples: does	58
	becoming unemployed affect a young partner's health?	50
	Anna Baranowska-Rataj and Mattias Strandh	
4	Multiple routes to youth well-being: a qualitative	81
4	comparative analysis of buffers to the negative	01
	consequences of unemployment	
	, , ,	
_	Triin Lauri and Marge Unt	112
5	Experiencing unemployment and job insecurity in two	112
	European countries: German and Italian young people's	
	well-being and coping strategies	
	Christoph Schlee, Rosy Musumeci, and Chiara Ghislieri	
PART II	Labour market insecurity and youth autonomy	
6	Meanings of work in the narratives of Italian, Estonian,	139
	and Polish young people who experience labour market	
	insecurity	
	Eve-Liis Roosmaa, Epp Reiska, Jędrzej Stasiowski,	
	Sonia Bertolini, and Paola Maria Torrioni	
7	Housing autonomy of youth in Europe: do labour and	166
	housing policies matter?	
	Valentina Goglio and Sonia Bertolini	

Social Exclusion of Youth in Europe

8	Is housing autonomy still a step towards adulthood in a time of job insecurity?	192
	Sonia Bertolini, Rosy Musumeci, Christina Athanasiades,	
	Anastasia Flouli, Lia Figgou, Vassiliki Deliyanni-Kouimtzi,	
	Veneta Krasteva, Maria Jeliazkova, and Douhomir Minev	
9	Becoming economically autonomous: young people in	214
	Italy and Poland in a time of job insecurity	
	Antonella Meo, Valentina Moiso, Jędrzej Stasiowski, and	
	Zofia Włodarczyk	
10	The role of informal social support for young people in	239
	unemployment and job insecurity in Italy, Estonia, and	
	Germany	
	Antonella Meo, Roberta Ricucci, Ghristoph Schlee,	
	Jelena Helemäe, and Margarita Kazjulja	
11	How young people experience and perceive labour	263
	market policies in four European countries	
	Roberta Ricucci, Chiara Ghislieri, Veneta Krasteva,	
	Maria Jeliazkova, Marti Taru, and Magdalena Rokicka	
PART II	Labour market insecurity and the socio-economic	
	consequences for youth	
12	Can labour market policies protect unemployed youth	295
	from poverty? A cross-European comparison	
	Małgorzata Kłobuszewska, Marta Palczyńska, Magdalena	
	Rokicka, Jedrzej Stasiowski, Kadri Täht, and Marge Unt	
13	Unemployment and job precariousness: material and	315
	social consequences for Greek and Italian youth	
	Lia Figgou, Martina Sourvinou, Christina Athanasiades,	
	Valentina Moiso, and Rosy Musumeci	
14	Syntheses of long-term socio-economic consequences	340
	of insecure labour market positions for youth in Europe	
	Dirk Hofacker, Sina Schadow, and Janika Kletzing	
15	Conclusions: Integrating perspectives on youth	362
	transitions and the risk of social exclusion	
	Sonia Bertolini, Vassiliki Deliyanni-Kouimtzi, Michael Gebel,	
	Dirk Hofäcker, and Marge Unt	
Index		378