

Contents

Preface ix

Contributors xi

Abbreviations xv

SECTION 1

History and development

1. **Historical development** 3
Paul Bebbington and Elizabeth Kuipers
2. **All psychiatry is social** 13
Antonio Ventriglio, Rajiv Wijesuriya, and Dinesh Bhugra
3. **Categories and their implications** 25
Peter Tyrer
4. **Social constructs and diagnostic perspectives** 33
Moritz E. Wigand and Thomas Becker
5. **Epigenetics and aetiology of mental illness** 41
Gianluigi Campanile, Giuseppe Fanelli, Chiara Fabbri, Alessandro Serretti, and Julien Mendlewicz
6. **Sociology and social psychiatry** 49
Dinesh Bhugra, Max Pemberton, and Sam N. Gnanapragasam
7. **The contemporary dynamics of the social relationship: The interface between social media and the human psyche in the maintenance of our mental well-being** 57
James V. Lucey and Colman Noctor
8. **Anthropology and social psychiatry** 63
Jack Hubbett
10. **Culture and mental illness** 83
Cameron Watson, Rajiv Wijesuriya, and Dinesh Bhugra
11. **Culture and identity** 93
John W. Berry
12. **Globalization and social psychiatry** 99
Vishal Bhavsar
13. **Disasters, emergencies, and social psychiatry** 105
Dan Poulter, Antonio Ventriglio, and Sam N. Gnanapragasam
14. **Geopsychiatry and social psychiatry** 111
Koravangattu Valsraj, Albert Persaud, Max Pemberton, and Vishal Bhavsar
15. **Psychiatry in the time of a pandemic** 117
Kimia Ziafat, Jean N. Westenberg, and R. Michael Krausz
16. **Migrants, migration, and social psychiatry** 129
Cameron Watson, Rajiv Wijesuriya, and Dinesh Bhugra
17. **Social psychiatry, refugees, and asylum seekers** 135
Sam N. Gnanapragasam, Max Pemberton, and Dinesh Bhugra
18. **Trauma and resilience** 153
Chad Beyer and Dan J. Stein
19. **Impact of trauma** 161
Alice B. Roberts, Neil P. Roberts, and Jonathan I. Bisson
20. **Social determinants and mental health** 171
Ruth Bell and Michael Marmot
21. **Revisiting the 'gap': Intersections of health inequality, poverty, and psychological well-being** 181
Debanjan Banerjee and Prama Bhattacharya
22. **The impact of capitalism on mental health: An epidemiological perspective** 195
Jerzy Eisenberg-Guyot and Seth J. Prins
9. **Social epidemiology** 75
Tom J. Craig

SECTION 3

Personal world

23. **Gender** 207
Federico Zanca, Edoardo Caporusso, Giulia Maria Giordano, and Silvana Galderisi
24. **Masculinity, male roles, mental illnesses, and social psychiatry** 219
Cameron Watson, Daniel Poulter, Antonio Ventriglio, and Dinesh Bhugra
25. **Spirituality and resilience** 233
Peter J. Verhagen
26. **Families and psychiatric disorders** 241
Bino Thomas and Tony Sam George
27. **Discrimination and stigma** 249
Soumitra Pathare and Arjun Kapoor
28. **Poverty and social psychiatry** 261
Oyedemi A. Ayonrinde and Nomusa F. Mngoma
29. **Unemployment and work** 273
Jed Boardman and Tom J. Craig
30. **Social media** 283
Keith Hariman
31. **Urbanization as the new framework for psychiatry** 293
Reinhard M. Krausz, Kiana Kianpoor, Kerry Jang, and Daniel Vigo
32. **Homelessness and mental health** 301
João Mauricio Castaldelli-Maia, Antonio Ventriglio, and Dinesh Bhugra
33. **Social capital** 309
Martin Rotenberg and Kwame McKenzie
34. **The web and its impact on mental health care** 319
Reinhard Michael Krausz, Alireza Kazemi, Sophie Bacinski, and Mostafa Kamel
37. **Common mental disorders** 351
Manamohan Nataraj, Chaitra Nagaraj Kumble, Sundarnag Ganjekar, and Geetha Desai
38. **Social aspects of depression** 361
Antonio Ventriglio, João Mauricio Castaldelli-Maia, Julio Torales, Egor Chumakov, and Domenico De Berardis
39. **Personality disorders** 369
William H. Orme, J. Christopher Fowler, and John M. Oldham
40. **Social psychiatry and addictions** 377
Shamil Wanigaratne, Luke Mitcheson, and Robert Hill
41. **Eating disorders** 391
Dasha Nicholls and Lidushi Nagularaj
42. **Social determinants of child psychopathology** 403
Melanie Palmer and Stephen Scott
43. **Late life disorders: Sociocultural factors and the mental health of the elderly** 411
Nhi-Ha T. Trinh, Bridget Wallace, Richard Bernard-Negron, and Iqbal 'Ike' Ahmed
44. **Somatization: Medically unexplained symptoms** 421
Urvakhsh Meherwan Mehta and Santosh K. Chaturvedi
45. **Social and cultural factors in perinatal mental health** 433
Deepthi Satheesa Varma, Purna Kukreti, and Prabha S. Chandra
46. **A contemporary view of suicide** 447
Diego de Leo and Andrea Viecelli Giannotti
47. **Sexual diversity** 457
Harjit Bagga and Gurvinder Kalra
48. **Mental illness in prisoners** 465
Howard Ryland
49. **Intellectual disability** 473
Amala Jovia Maria Jesu, Satheesh Kumar Gangadharan, Sabyasachi Bhaumik, and Regi T. Alexander
50. **Mental illness in the family: The view of a family member** 481
Miia Männikkö and Mari Helin

SECTION 4

Clinical conditions and special groups

35. **Psychosis: Consequence and cause of fractured personal relationships?** 331
Tom J. Craig
36. **Schizophrenia** 339
Matcheri S. Keshavan and Jaya Padmanabhan

SECTION 5

Social interventions

51. **Public mental health** 493
Jonathan Champion

52. **Psychological first aid** 519
Catrin Lewis and Jonathan I. Bisson
53. **Social prescribing** 527
Wendy Burn and Dinesh Bhugra
54. **Social interventions in common mental disorders** 533
Brendan D. Kelly
55. **Digital interventions for mental health** 539
Keith Hariman
56. **Managing children and young people** 547
Alice Debelle and Nisha Dogra
57. **Recovery and the mental health system** 557
Laurie Hare-Duke, Fiona Ng, and Mike Slade
58. **Tele-mental health** 567
Keith Hariman
59. **Psychopharmacology and social psychiatry** 575
Ursula Werneke
60. **Leisure activities: Art in the healing process** 587
Ekaterina Sukhanova
61. **Resilience, mental health, and migration** 593
Raghu Raghavan, Brian Brown, Jonathan Coope, and Muthusamy Sivakami
62. **Atmiyata: A community-led intervention for common mental disorders in rural India** 601
Kaustubh Joag, Jasmine Kalha, Laura Shields-Zeeman, Sonali Kumar, and Soumitra Pathare
63. **Integrative community therapy: The power of sharing in communities** 611
Adalberto Barreto, Henriqueta Camarotti, and Nicole Hugon
64. **Lessons from the English Improving Access to Psychological Therapies programme in delivering primary care psychotherapy** 619
Ben Wright

SECTION 6

Challenges in policy

65. **Deinstitutionalization in the UK** 633
Tom J. Craig and Jane McCarthy
66. **The deinstitutionalization of the mentally ill: Lessons from Italy** 641
Pierluigi Lanzotti, Ilaria De Luca, and Luigi Janiri
67. **Coercion in community mental health care** 649
Andrew Molodynski

68. **Mental health legislation and social rights** 657
Brendan D. Kelly
69. **Human rights and the United Nations Convention on the Rights of Persons with Disabilities and Psychiatry—on a collision course?** 663
Soumitra Pathare and Arjun Kapoor

SECTION 7

Mental health across the globe

70. **Challenges to mental health in Europe** 675
Mirella Ruggeri and Alessandra Martinelli
71. **Mental health care in Eastern Europe and the Balkans** 691
Dusica Lecic-Tosevski and Maja Milosavljevic
72. **Mental health in low- and middle-income countries** 699
Akin Ojagbemi and Oye Gureje
73. **Mental health literacy in low- and middle-income countries** 713
Raghu Raghavan, Brian Brown, and Nadia Svirydzenka
74. **Psychological treatments in low- and middle-income countries** 725
Diego Asturias Fernández, Daniel Poulter, and Sam N. Gnanapragasam
75. **Mental health in Latin America** 731
João Mauricio Castaldelli-Maia
76. **Mental health in the Middle East** 737
Tarek Okasha
77. **Mental health in Africa: A case study of Kenya** 751
David Ndeti, Victoria Mutiso, Christine Musyimi, Rita Alietsi, and Frida Kameti

SECTION 8

The future

78. **Training in social psychiatry** 767
Saeed Ahmed and Shahana Ayub
79. **Conclusions** 775
Dinesh Bhugra, Driss Moussaoui, and Tom J. Craig

Index 779