# Contents

Contributors vii
Preface xi
Acknowledgements xiii
Introduction Philip Sheldrake 1

## Part One

# INTRODUCING THE TEXT

- 1 The Spiritual Exercises: A Process and a Text Lavinia Byrne 17
- 2 Forgotten Truths Gerard W. Hughes 28

### Part Two

# THE EXPERIENCE OF THE EXERCISES

- 3 'To Make the Exercises Better': The Additions Brian Grogan 41
- 4 The First Week: Practical Questions Joseph Veale 53
- 5 The First Week and Social Sin Peter McVerry 66
- 6 'The Call of the King' and Justice Monika Hellwig 77
- 7 The Dynamic of the Second Week William Broderick 86
- 8 The Two Standards Brian Grogan 96
- 9 Praying the Passion Dermot Mansfield 103
- 10 Contemplating Christ Risen Margot O'Donovan 115
- 11 The Exercises in Daily Life Martha Skinnider 131

#### Part Three

## PRAYER AND DISCERNMENT

- 12 Ignatian Contemplation Today John F. Wickham 145
- 13 The Ignatian Examen Donald St Louis 154

# 14 'The Serpent's Tail': Rules for Discernment David Lonsdale 165

#### Part Four

#### THE SPIRITUAL DIRECTION RELATIONSHIP

- 15 The One who Gives the Exercises Brian Grogan 179
- 16 The Exercises and Contemplative Prayer Dermot Mansfield 191
- 17 Spiritual Direction and Social Consciousness Elinor Shea 203

#### Part Five

#### INTERPRETATION AND HISTORY

- 18 The Structure of the Rules for Discernment Michael J. Buckley 219
- 19 The Eighteenth Annotation and the Early Directories Michael Ivens 238
- 20 Ignatian Prayer or Jesuit Spirituality Joseph Veale 248

Selected Further Reading 261

Index 266

Index of References to Annotations (Exercises) 268