

Contents

Contributors	xv
Preface	xxxiii
Introduction: Our Conceptualization of the Cases	xxxvii
<i>Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.</i>	
Acknowledgments	xliii

PART I **Classic Cases**

Introduction to Classic Cases	3
<i>Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.</i>	
1 Trouble Paying Attention: Attention-Deficit/Hyperactivity Disorder	7
<i>Stephen P. Hinshaw, Ph.D.</i>	
Psychotherapeutic Perspective	10
<i>James Waxmonsky, M.D., and William E. Pelham Jr., Ph.D., ABPP</i>	
Psychopharmacologic Perspective	13
<i>Laurence L. Greenhill, M.D.</i>	
References	16
2 Trouble With Transitions: Does My Child Have Autism?	19
<i>Susan Bacalman, M.S.W., and Robert L. Hendren, D.O.</i>	
Psychotherapeutic Perspective	21
<i>Laura Schreibman, Ph.D.</i>	
Psychopharmacologic Perspective	24
<i>Lawrence Scahill, M.S.N., Ph.D.</i>	
References	27

3	Living in Her Parents' Shadow: Separation Anxiety Disorder	29
	<i>Andrea M. Victor, Ph.D., and Gail A. Bernstein, M.D.</i>	
	Psychotherapeutic Perspective	31
	<i>Anna Swan, M.A., Heather Makover, M.A., Hannah Frank, B.A., and Philip C. Kendall, Ph.D., ABPP</i>	
	Psychopharmacologic Perspective	35
	<i>Rachel G. Klein, Ph.D.</i>	
	References	38
4	Chatterbox at Home: Selective Mutism.	41
	<i>Bruce Black, M.D.</i>	
	Psychotherapeutic Perspective	43
	<i>Steven J. Mazza, M.A., and Anne Marie Albano, Ph.D., ABPP</i>	
	Psychopharmacologic Perspective	47
	<i>Courtney Pierce Keeton, Ph.D., and John T. Walkup, M.D.</i>	
	References	50
5	Everything Bothers Her: Major Depressive Disorder.	51
	<i>Cathryn A. Galanter, M.D., and John S. March, M.D., M.P.H.</i>	
	Psychotherapeutic Perspective	54
	<i>Kevin Stark, Ph.D., Leah Wang, M.A., and Sarah Koenig, M.A.</i>	
	Psychopharmacologic Perspective	58
	<i>Graham J. Emslie, M.D.</i>	
	References	61
6	Excessively Silly: Bipolar Disorder	63
	<i>Mary Kay Gill, R.N., M.S.N., J.D., and Boris Birmaher, M.D.</i>	
	Psychotherapeutic Perspective	66
	<i>Mary A. Fristad, Ph.D., ABPP</i>	
	Psychopharmacologic Perspective	69
	<i>Robert A. Kowatch, M.D., Ph.D.</i>	
	References	72

7	Life of the Party: Chronic Marijuana Use	75
	<i>Paula Riggs, M.D.</i>	
	Psychotherapeutic Perspective	78
	<i>Yifrah Kaminer, M.D., M.B.A.</i>	
	Psychopharmacologic Perspective	80
	<i>Oscar G. Bukstein, M.D., M.P.H.</i>	
	References.	84
8	Jerking Movements: An Adolescent With Psychosis	85
	<i>Anbreen Khizar, M.D., Cathryn A. Galanter, M.D., and Roumen N. Nikolov, M.D.</i>	
	Psychotherapeutic Perspective	88
	<i>Michael Garrett, M.D.</i>	
	Psychopharmacologic Perspective	90
	<i>Danielle B. Morgan-Goerke, D.O., and Kathryn R. Cullen, M.D.</i>	
	References.	93
9	She Just Won't Eat a Thing: Anorexia Nervosa	95
	<i>Melissa Prusky, Sc.B., and B. Timothy Walsh, M.D.</i>	
	Psychotherapeutic Perspective	98
	<i>Daniel Le Grange, Ph.D.</i>	
	Psychopharmacologic Perspective	101
	<i>Angela S. Guarda, M.D., and Weronika Gondek, M.D., FAPA</i>	
	References.	104
10	I Just Can't Stop: Tourette's Disorder	107
	<i>Daniel A. Gorman, M.D., FRCPC, and Bradley S. Peterson, M.D.</i>	
	Psychotherapeutic Perspective	110
	<i>Douglas W. Woods, Ph.D., and Christine A. Conelea, Ph.D.</i>	
	Psychopharmacologic Perspective	113
	<i>Barbara J. Coffey, M.D., M.S.</i>	
	References.	116

11	He's Always Exhausted: Disordered Sleep in an Adolescent	119
	<i>Jess P. Shatkin, M.D., M.P.H.</i>	
	Psychotherapeutic Perspective	121
	<i>Reut Gruber, Ph.D., Merrill S. Wise, M.D., and Gail Myhr, M.D., C.M.</i>	
	Psychopharmacologic Perspective	125
	<i>Anna Ivanenko, M.D., Ph.D., and Heide Hullsiek Rollings, M.D.</i>	
	References	128
12	The World Is a Very Dirty Place: Obsessive-Compulsive Disorder	129
	<i>Susan E. Swedo, M.D.</i>	
	Psychotherapeutic Perspective	132
	<i>John Piacentini, Ph.D., ABPP</i>	
	Psychopharmacologic Perspective	135
	<i>Mark A. Riddle, M.D.</i>	
	References	138

PART II

Comorbid Complexity

	Introduction to Comorbid Complexity	141
	<i>Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.</i>	
13	Stealing the Car: Disruptive Behavior in an Adolescent	145
	<i>Peter S. Jensen, M.D.</i>	
	Psychotherapeutic Perspective	148
	<i>Scott W. Henggeler, Ph.D.</i>	
	Psychopharmacologic Perspective	151
	<i>Daniel F. Connor, M.D.</i>	
	References	154

**14 Zero Tolerance: Threats to Harm a Teacher
in Elementary School. 155**

Karen C. Wells, Ph.D.

Psychotherapeutic Perspective 158

*Caroline Lewczyk Boxmeyer, Ph.D., Nicole Powell, Ph.D., M.P.H.,
and John E. Lochman, Ph.D., ABPP*

Psychopharmacologic Perspective 161

*Robert L. Findling, M.D., M.B.A., and
Dejan B. Budimirovic, M.D.*

References. 164

**15 Anxious Adolescent in the Emergency Room:
Misuse of Prescription Medications 167**

Jeffrey J. Wilson, M.D., FAACAP

Psychotherapeutic Perspective 170

*Christianne Esposito-Smythers, Ph.D., and
Sarah Fischer, Ph.D.*

Psychopharmacologic Perspective 174

Joseph Lee, M.D., ABAM

References. 177

**16 The Worried Child: A Child With Multiple
Anxiety Disorders 179**

*Carla E. Marin, Ph.D., and
Wendy K. Silverman, Ph.D., ABPP*

Psychotherapeutic Perspective 181

*Leslie R. Rith-Najarian, M.A., and
Bruce F. Chorpita, Ph.D.*

Psychopharmacologic Perspective 182

Erica M. Chin, Ph.D., and Moira A. Rynn, M.D.

References. 185

17	Affective Storms: A Careful Assessment of Rage Attacks	187
	<i>Gabrielle A. Carlson, M.D.</i>	
	Psychotherapeutic Perspective	190
	<i>Penelope Knapp, M.D.</i>	
	Psychopharmacologic Perspective	194
	<i>Amna Aziz, M.D., and Jon McClellan, M.D.</i>	
	References	197
18	Struggling in School: Language and Reading Difficulties	199
	<i>Lynn M. Wegner, M.D., FAAP</i>	
	Psychotherapeutic Perspective	204
	<i>Annie A. Garner, Ph.D., Joshua Langberg, Ph.D., and Jeffery N. Epstein, Ph.D.</i>	
	Psychopharmacologic Perspective	207
	<i>Lacramioara Spetie, M.D., and L. Eugene Arnold, M.D., M.Ed.</i>	
	References	210
19	Abdominal Pain in a Child With Inflammatory Bowel Disease	213
	<i>Eva M. Szigethy, M.D., Ph.D.</i>	
	Psychotherapeutic Perspective	215
	<i>David R. DeMaso, M.D.</i>	
	Psychopharmacologic Perspective	218
	<i>John V. Campo, M.D.</i>	
	References	222

PART III

Toughest Cases

DIAGNOSTIC AND TREATMENT DILEMMAS

Introduction to Toughest Cases 227

Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.

**20 Frequent Tantrums: Oppositional Behavior
in a Young Child. 231**

Ross W. Greene, Ph.D.

Psychotherapeutic Perspective 234

Alison R. Zisser, Ph.D., and Sheila M. Eyberg, Ph.D., ABPP

Psychopharmacologic Perspective 237

Mani Pavuluri, M.D., Ph.D.

References. 241

**21 Toddler With Temper Tantrums: A Careful Assessment
of a Dysregulated Preschool Child 243**

Helen Link Egger, M.D.

Psychotherapeutic Perspective 247

M. Jamila Reid, Ph.D., and Carolyn Webster-Stratton, Ph.D.

Psychopharmacologic Perspective 250

Joan L. Luby, M.D.

References. 253

**22 Won't Leave His Room: Clinical High Risk
for Developing Psychosis 255**

Cheryl M. Corcoran, M.D.

Psychotherapeutic Perspective 258

Jean M. Addington, Ph.D.

Psychopharmacologic Perspective 261

*Christoph U. Correll, M.D., Andrea Auther, Ph.D., and
Barbara A. Cornblatt, Ph.D., M.B.A.*

References 264

**23 Cutting Helps Me Feel Better:
Nonsuicidal Self-Injury 265**

Tara L. Deliberto, Ph.D., and Matthew K. Nock, Ph.D.

Psychotherapeutic Perspective 268

*Alec L. Miller, Psy.D., Dena A. Klein, Ph.D., and
Blair W. Morris, Ph.D.*

Psychopharmacologic Perspective 271

*Whitney Daniels, M.D., Niranjana S. Karnik, M.D., Ph.D.,
and Hans Steiner, M.D.*

References 273

**24 From Foster Care to the State Hospital:
Psychotic Symptoms in a Child Who Is
the Victim of Neglect. 275**

Patricia K. Leebens, M.D.

Psychotherapeutic Perspective 278

Nancy C. Winters, M.D.

Psychopharmacologic Perspective 281

Harvey N. Kranzler, M.D.

References 285

PART IV

Kids in Crisis

PSYCHOPATHOLOGY IN THE CONTEXT OF SOCIAL STRESSORS

Introduction to Kids in Crisis 289

Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.

25	Suicidal Ideation After Supervised Visits With Biological Mom: Depressed Mood in a Child in Foster Care	293
	<i>Lisa M. Cullins, M.D., Bhavin Dave, M.D., and Paramjit T. Joshi, M.D.</i>	
	Psychotherapeutic Perspective	295
	<i>Anthony P. Mannarino, Ph.D.</i>	
	Psychopharmacologic Perspective	298
	<i>Lisa M. Cullins, M.D., Bhavin Dave, M.D., and Paramjit T. Joshi, M.D.</i>	
	References.	300
26	The Legacy of War: Irritability and Anger in an Adolescent Refugee	303
	<i>Brian L. Isakson, Ph.D., and Christopher M. Layne, Ph.D.</i>	
	Psychotherapeutic Perspective	306
	<i>Judith A. Cohen, M.D.</i>	
	Psychopharmacologic Perspective	310
	<i>Schuyler W. Henderson, M.D., M.P.H., and Cyrus Mathew, M.D.</i>	
	References.	312
27	Moody Child: Depression in the Context of Parental Divorce	315
	<i>Nicole E. Mahrer, Ph.D., and Sharlene A. Wolchik, Ph.D.</i>	
	Psychotherapeutic Perspective	317
	<i>Clarice J. Kestenbaum, M.D.</i>	
	Psychopharmacologic Perspective	319
	<i>Bruce Waslick, M.D.</i>	
	References.	322
28	Without My Mom, I'm Not Me: Childhood Bereavement	325
	<i>Cynthia R. Pfeffer, M.D.</i>	

Psychotherapeutic Perspective	327
<i>Natalie Jacobowski, M.D., and Paula K. Rauch, M.D.</i>	
Psychopharmacologic Perspective	331
<i>Karen Dineen Wagner, M.D., Ph.D.</i>	
References	333

29 Never Met a Stranger: Disinhibited Attachment in a Toddler	335
<i>Stacy S. Drury, M.D., Ph.D., and Charles H. Zeanah, M.D.</i>	
Psychotherapeutic Perspective	337
<i>Alicia F. Lieberman, Ph.D.</i>	
Psychopharmacologic Perspective	340
<i>Mary Margaret Gleason, M.D., and L. Eugene Arnold, M.D., M.Ed.</i>	
References	343

PART V

Diagnostic and Treatment Decision Making

30 Diagnostic Decision Making	347
<i>Cathryn A. Galanter, M.D., and Peter S. Jensen, M.D.</i>	
31 Research and Clinical Perspectives on Diagnostic and Treatment Decision Making: Whence the Future?	365
<i>Peter S. Jensen, M.D., and Cathryn A. Galanter, M.D.</i>	
Subject Index	379
Index of Cases by Diagnosis	407