

Contents

Introduction by Antonio T. de Nicolás	xi
Editor's Foreword by Elias Rivers	xxii
Essential Bibliography	xxiv
Chronology	xxv
List of People and Places	xxx
Preface by Victoria Lincoln	xxxvii
Acknowledgments	xli

The Chapters

1 Juan Sánchez, Teresa's Jewish Grandfather	1
2 Teresa's Father and Mother; Her Birth in Gotarrendura	4
3 Teresa's Siblings	8
4 Teresa as a Child and as a Very Young Woman in Avila	11
5 Her Life in an Augustinian Convent	16
6 Teresa as Nun in the Unenclosed Carmelite Convent of the Incarnation	22
7 Osuna's <i>Third Spiritual Alphabet</i>; "Mental Prayer"	25
8 Teresa's Recovery from Serious Illness	30
9 Inner Conflict; Teresa's Second Conversion following Her Reading of St. Augustine's <i>Confessions</i>	35
10 Jesuit Confessors; Teresa's Desire to Escape from the Incarnation	42

11	Breakdown of Teresa's Health; Living in the House of Yomar (Doña Guiomar de Ulloa); Teresa and Certain Jesuits; The First Rapture	48
12	Teresa and Her Confessor, Juan de Prádanos; Visions and Voices	53
13	"The Ecstasy of St. Teresa"	58
14	Fray Pedro de Alcántara	65
15	The Idea of Founding a Reformed, Enclosed Carmelite Convent	69
16	First Steps toward Establishing a Reformed Convent; Difficulties	74
17	Teresa Ordered to Toledo as Spiritual Companion to a Widowed Great Lady. Teresa Writes Her <i>Life</i>, as Ordered to by Father García de Toledo	78
18	Bishop Mendoza; Humble Founding of St. Joseph's Discalced Convent in Avila	86
19	Saving St. Joseph's from Being Closed by the City Council	90
20	Teresa's Constitutions for Discalced Carmelite Nuns	95
21	García de Toledo, Domingo Báñez, and <i>The Way of Perfection</i>	99
22	Enter Rubeo (Father Rossi, New Carmelite General)	107
23	House-hunting for a Reformed Convent in Medina del Campo; Heredia; John of the Cross	112

24	Malagón. Trouble Caused by Teresa's Loan of Manuscript of Her <i>Life</i>	117
25	A Tiny House for Discalced Carmelite Friars in Duruelo; Labors of John of the Cross; Malaria	123
26	Convents in Valladolid and Toledo	126
27	The Princess of Eboli	130
28	A Year in Toledo; Inquisitor Soto	135
29	Founding in Salamanca; the Bad Friars at Pastrana; <i>The Book of Foundations</i>	137
30	Teresa's Very Partial Account of the Foundings in Salamanca and Alba de Tormes	141
31	Cause of the Delay in Salamanca; What Happened in Alba de Tormes	145
32	Teresa and Martín de Gutiérrez; Climate of Fear	151
33	The Carmelite Provincial's Plan to Sidetrack Teresa	156
34	Her Return to the Incarnation as Prioress	163
35	John of the Cross at the Incarnation as Its Vicar and Confessor to the Nuns	168
36	Enter Gracián; a Letter from Teresa to King Philip	173
37	The House at Salamanca, Father Baltasar Alvarez, and the Widowed Princess of Eboli as a Nun	178
38	Father Domingo Báñez, Gracián, Nieto, and Mariano	182
39	Founding a Convent in Segovia	186

40	The Spanish Inquisition	191
41	Founding a Convent at Beas; Teresa's Blind Faith in Gracián	197
42	Teresa's Love for Gracián, and Her Vow to Him	204
43	The Journey to Seville	211
44	Teresa in Seville; Her Letters to Her General, Rubeo	216
45	Teresa's Appeal to King Philip; Her Strangely Unadmirable Self-justifying Letter to a Prioress	222
46	María del Corro; General Rubeo's Condemnation of Teresa; His Authority versus that of Gracián as Apostolic Visitor	227
47	A Letter from Teresa to General Rubeo; the Inquisition Comes to Seville to Question Her	233
48	Teresa's Superb Successful Defense; the Convent at Caravaca; Letters of this Time	237
49	The Vicar-General, Tostado; Teresa's Flight from Seville to Malagón; Financial Problems of the Convents	243
50	Some of Teresa's Troubles with Gracián	250
51	Teresa's New Book, <i>The Visitation of Convents</i>; Letters She Wrote during a Year in Toledo	256
52	Teresa's Fears for Gracián	262
53	New Problems; María de San José; More Letters to Gracián	266

54	Teresa and Her Brother Lorenzo	273
55	Things Go from Bad to Worse for Teresa, Gracián, and the Discalced	280
56	More Letters; Writing <i>The Interior Castle</i>; Death of the Friendly Papal Nuncio	286
57	War between Calced and Discalced Carmelites; Teresa's Effort to Overcome Effects of Gracián's Inactivity; an Imbroglia and Violence at the Incarnation	290
58	Imprisonment of John of the Cross; Teresa's Letters to the King	298
59	Beginning of a Year of Crisis; Idea of Making the Discalced a Separate Order	304
60	Teresa's Attempts to Influence the New Nuncio, Segá, Who is Hostile to Reform	308
61	Teresa's Advice to Gracián on an Appeal to Rome	313
62	Gracián, King Philip, and the Nuncio	317
63	Accusations at the Seville Convent; Teresa and Doria	322
64	Teresa's Travels Resumed	328
65	A Foundation at Villanueva de la Jara; a Threat of Violence to Teresa in Montalbán	334
66	Orders to Visit Valladolid and Segovia and to Found in Palencia; John of the Cross, a Saint	338

67	<i>Teresa's Meditations; Death of Her Brother Lorenzo</i>	342
68	<i>Teresa's Brush with Death; Deaths of Friends</i>	347
69	<i>An Unopposed Founding in Palencia</i>	353
70	<i>A Chapter Meeting of the Discalced; Teresa's New Constitutions for the Order</i>	358
71	<i>Plan to Found in Soria</i>	363
72	<i>The Soria Founding</i>	368
73	<i>Failure of St. Joseph's and Other Convents to Maintain Teresa's Ideals</i>	373
74	<i>More Problems for Teresa</i>	378
75	<i>Dr. Castro, a Congenial Confessor; Last Meeting with John of the Cross</i>	383
76	<i>A Ghastly Trip to Burgos</i>	389
77	<i>A Founding in Burgos Despite Hostility</i>	395
78	<i>Trouble with Jesuits; Beginning of Teresa's Fatal Illness; Burgos Flooded</i>	402
79	<i>Visit to Palencia; Last Letter to Gracián</i>	407
80	<i>A Bad Reception in Valladolid; Teresa Kidnapped by Heredia; a Mess in Alba de Tormes</i>	414
81	<i>Teresa's Death and Burial; Exhumation at Gracián's Orders; Author's Last Words on St. Teresa</i>	419
	Index	426