

# *Contents*

<b>CHAPTER 1 GENERAL PART .....</b>	1
INTRODUCTORY REMARKS .....	1
HISTORY OF MEDICAL GEOGRAPHY AND MEDICAL GEOLOGY .....	7
History of Medical Geography .....	7
History of Medical Geology .....	16
Medical Geography and Medical Geology in Yugoslavia .....	18
METHODOLOGY OF MEDICO - GEOGRAPHICAL RESEARCH .....	20
GEOGRAPHY AND MEDICAL GEOGRAPHY IN RELATION TO GEOLOGY .....	24
SUBJECT MATTER AND THEORETICAL PRINCIPLES OF MEDICAL GEOLOGY .....	27
PROCEDURE OF MEDICO - GEOLOGICAL RESEARCH .....	31
GOAL, TASK, AND SIGNIFICANCE OF MEDICAL GEOLOGY .....	36
<b>CHAPTER 2 GEOLOGICAL FACTORS .....</b>	38
ENVIRONMENT OF LIFE, NATURAL ENVIRONMENT, AND GEOLOGICAL ENVIRONMENT .....	38
BASIC FEATURES OF THE GEOLOGICAL ENVIRONMENT .....	41
CHARACTERISTICS OF GEOLOGICAL FACTORS AND THEIR INFLUENCE ON HUMAN HEALTH .....	46
Minerals .....	48
Rocks .....	51
<i>Magmatic Rocks</i> .....	53
<i>Sedimentary Rocks</i> .....	58
<i>Metamorphic Rocks</i> .....	63
<i>Geological Formations</i> .....	64
Rock Weathering .....	66
Soil .....	70
<i>Basic Features of Soil</i> .....	70
<i>Soil and Risks</i> .....	77
<i>Pedological Characteristics of the Territory of Yugoslavia</i> .....	82
Geomorphologic Factors .....	84
<i>Relief and Living Conditions</i> .....	86
<i>Karst Areas and Living Conditions</i> .....	88
<i>Geomorphologic Characteristics of the Territory of Yugoslavia</i> .....	93
Tectonic Movements and Structural Forms .....	95
<i>Tectonic Movements</i> .....	95
<i>Recent Tectonic Movements</i> .....	97
<i>Structural Forms</i> .....	98
<i>Risks within Fault and Rift Zones</i> .....	101
Geophysical Factors .....	105
<i>Magnetic, Electromagnetic, and Electric Fields</i> .....	106
<i>Gravitational Field of the Earth</i> .....	108
<i>Thermal Fields</i> .....	109
<i>Geophysical Fields - Risks and Positive Effects</i> .....	110

Endogenous Geological Processes .....	118
<i>Earthquakes</i> .....	119
<i>Volcanic Activity</i> .....	126
Exogenous Geological Processes and Occurrences .....	134
<i>Classification and Brief Survey of Exogenous Processes and Occurrences</i> .....	135
<i>Risks from Exogenous Processes and Occurrences</i> .....	140
<i>Engineering - Geological Characteristics of the Territory of Yugoslavia</i> .....	142
Groundwater .....	143
<i>Slightly Mineralized (Fresh) Groundwater</i> .....	149
<i>Mineral Waters</i> .....	153
<i>Thermal Waters</i> .....	158
<i>Hydrogeothermal Energy</i> .....	162
<i>Highly Mineralized Waters and Brines</i> .....	164
<i>Gases in Mineral Waters</i> .....	168
<i>Geological and Hydrogeological Characteristics of the Territory of Yugoslavia</i> .....	170
Mineral Resources of the Earth .....	174
<i>Energy Resources</i> .....	175
<i>Metallic Mineral Raw Materials</i> .....	180
<i>Non - Metallic Mineral Raw Materials</i> .....	185
<i>Energy and Mineral Raw Materials of Yugoslavia</i> .....	187
<i>Mineral Raw Materials - Risks and Positive Effects</i> .....	190
Radioactive Elements in Rocks, Soil, and Groundwater .....	196
<i>Characteristics of Natural Radionuclides</i> .....	196
<i>Concentration of Natural Radionuclides in Rocks and Soil</i> .....	199
<i>Radionuclide Concentration in Water</i> .....	200
<i>Radon Concentration in Rocks, Soil, and Groundwater</i> .....	201
<i>Natural Radionuclides and Risks</i> .....	202
<i>Radioactive elements in rocks, soil and groundwater in the territory of Yugoslavia</i> .....	208
Macro- and Microelements in Rocks, Soil, and Water: Biological and Medical Role and Geochemical Risks .....	212
<i>Role of Elements in Plant Nutrition</i> .....	215
<i>Role of Elements in Nutrition of Animals and Humans</i> .....	220
<i>Microelements in Rocks, Soil, and Water on the Territory of Yugoslavia</i> .....	233
<b>CHAPTER 3 OTHER NATURAL FACTORS</b> .....	236
<b>CLIMATIC FACTORS</b> .....	236
<b>HYDROLOGICAL FACTORS</b> .....	240
Water Resources of the Planet .....	241
Water and Health .....	244
<b>BIOLOGICAL FACTORS</b> .....	248
Discussion of Biological Factors .....	249
Plants, Animals, and Health .....	253
Food and Health .....	256

<b>CHAPTER 4 ANTHROPOGENIC FACTORS .....</b>	<b>263</b>
PROCESSES OF POLLUTION AND DESTRUCTION OF THE GEOLOGICAL ENVIRONMENT .....	265
ARTIFICIAL PHYSICAL FIELDS - RISKS AND POSITIVE INFLUENCE ....	267
Artificial (Anthropogenic) Electromagnetic Fields.....	267
Artificial Radioactive Fields.....	270
Artificial Seismic Fields .....	272
POLLUTION OF AGRICULTURAL SOIL.....	272
WATER POLLUTION .....	275
AIR POLLUTION .....	279
ARTIFICIAL RADIOACTIVE POLLUTION.....	281
POLLUTION AND DISTURBANCE OF THE ENVIRONMENT CAUSED BY ORE EXPLOITATION AND PROCESSING .....	285
COMPLEX HARMFUL INFLUENCES OF URBANIZATION ON THE NATURAL ENVIRONMENT .....	290
CONSEQUENCES OF THE ACTION OF POLLUTANTS ON MAN.....	292
ROLE OF ECOLOGICAL MINERAL SUBSTANCES IN ENVIRONMENT PROTECTION .....	296
<b>CHAPTER 5 SOCIO - ECONOMIC FACTORS AND THEIR INFLUENCE ON HUMAN HEALTH AND HEALTH PROTECTION .....</b>	<b>298</b>
ECONOMIC - GEOGRAPHIC CONDITIONS .....	299
MEDICAL - SANITARY CONDITIONS .....	300
ROLE OF THE WAY OF LIFE AND HARMFUL HABITS IN FORMATION OF NOSOGEOGRAPHIC CHARACTERISTICS OF A TERRITORY.....	302
SOCIO - ECOLOGICAL FOCI OF HUMAN DISEASES .....	303
<b>CHAPTER 6 THE GEOGRAPHY OF DISEASE (NOSOGEOGRAPHY) .....</b>	<b>305</b>
NON - INFECTIOUS SOMATIC DISEASES.....	306
Diseases of the Heart and Blood Vessels .....	306
Malignant Tumors .....	307
Infectious and Parasitic Diseases.....	310
RARE AND STRICTLY LOCALIZED DISEASES .....	312
Examples of Rare and Strictly Localized (Endemic) Diseases.....	313
Biogeochemical Endemias (Microelementoses) of Man.....	316
<i>Natural Endogenous Microelementoses.....</i>	317
<i>Natural Exogenous Microelementoses.....</i>	317
<i>Technogenic (Anthropogenic) Microelementoses.....</i>	319
<i>Medico - elementoses.....</i>	319
Urolithiasis.....	319
Questions Connected with the Etiology of Endemic Nephropathy .....	321
<b>CHAPTER 7 SUBJECT AND TASKS OF GEOLOGICAL AND MEDICAL DISCIPLINES IN DEFINING QUALITY OF THE ENVIRONMENT AND ITS INFLUENCE ON HUMAN HEALTH .....</b>	<b>326</b>
SUBJECT AND TASKS OF GEOLOGICAL SCIENCES AND DISCIPLINES.....	326
Fundamental Geology.....	327
Applied Geology .....	329
SUBJECTS AND TASKS OF MEDICAL SCIENCES AND DISCIPLINES.....	330

<b>CHAPTER 8 METHODS OF MEDICAL GEOLOGY .....</b>	335
<b>CHAPTER 9 REGIONAL MEDICAL GEOLOGY .....</b>	370
<b>GEOTECTONIC UNITS OF THE FIRST ORDER INTERESTING FROM THE GEOMEDICAL STANDPOINT .....</b>	371
Plate Divergence Boundaries or Rifts .....	375
Boundaries of Undertow or Subduction .....	376
Collision of Two Continental Plates .....	377
<b>BASIC GEOMEDICAL CHARACTERISTICS OF FIRST - ORDER GEOTECTONIC UNITS AND THEIR EXTREME ZONES .....</b>	378
Consolidated Regions and Their Extreme Zones.....	380
<i>Polar (Arctic and Antarctic) Regions .....</i>	381
<i>The Forest Belt .....</i>	382
<i>Arid Regions.....</i>	383
<i>Tropical Regions .....</i>	385
Paleozoic Orogenic Belts .....	388
Mobile Regions .....	389
<i>Alpine Mountain Massifs.....</i>	389
<i>Other Boundary Structures .....</i>	393
<b>LOWER - RANKING GEOMEDICAL UNITS .....</b>	395
<b>CHAPTER 10 APPLIED MEDICAL GEOLOGY .....</b>	397
<b>GEOMEDICAL RISKS AND TASKS OF APPLIED MEDICAL GEOLOGY...397</b>	397
<b>MEDICO - GEOLOGICAL EVALUATION OF THE ENVIRONMENT.....403</b>	403
<b>ROLE OF MEDICO - GEOLOGICAL EXPLORATION IN IMPROVING THE ENVIRONMENT AND HUMAN HEALTH PROTECTION .....</b>	406
<b>CHAPTER 11 USE OF APPLIED MEDICAL GEOLOGY RESULTS IN ECONOMY AND HEALTH CARE .....</b>	412
<b>USE OF RESULTS OF MEDICO - GEOLOGICAL EXPLORATION IN ECONOMY .....</b>	412
<b>USE OF RESULTS OF MEDICO - GEOLOGICAL EXPLORATION WITHIN HEALTH CARE .....</b>	417
<b>GEOLOGICAL FACTORS AND HEALTH ASPECT OF STAY IN OFFICE AND AREA OF AN APARTMENT.....</b>	422
<b>APPLIED MEDICAL GEOLOGY AND LAND - USE PLANNING .....</b>	425
<b>APPENDIX BASE OF MEDICAL GEOLOGY .....</b>	435
Goal of Medical Geology.....	436
Geological Factors and Providing Conditions for Healthy Living .....	437
Methodology of Medico - Geological Exploration .....	438
References.....	440
Author Index .....	478
Index of Geographical Terms.....	483
Subject Index .....	487