CONTENTS

Preface	xv	
Acknow	ledgments	xi

PART ONE 1

1 Reasons for Violence in America 3

History of Violence 4
Human Service Approaches 7
Violent Crime Victimization 7
Factors in Increasing Violence 10
A Violent Popular Culture 12
Greater Tolerance for Violence 14
References 16

2 Extent of Violence in America 19

Historical Trends 19 Recent Trends in Violent Crime Rates 21 **Violent Crime** 22 **Juvenile Crime** 22 **Predicting the Offenders** 23 High-Risk Juveniles Recent Reductions in Youth Violence and Crime 25 Youth Delinquency and Crime 26 Undocumented Juvenile Delinquency 26 Youth Crime Statistics Problems in Criminal Justice Female Crime 30

27

Extent and Types of Violent Behavior 35 References 36 3 The Social and Economic Cost of Violence 39 40 **Monetary Costs Injuries from Violent Crime** 43 Monetary and Nonmonetary Cost Analysis 44 **Actual Costs** 46 Total Aggregate Costs of Violence 47 The Cost of Diversion of Resources from More Socially Useful Functions Victimization of the Elderly 51 A Study of Crime against the Elderly 54 **Prison Costs** 58 Prison Costs in California 59 Categories of Violent Acts and the Helping Strategies for Victims and Perpetrators: The Danger of Panaceas 61 References 66 PART TWO 70 Family Violence Involving Adults 72 The Amount of Domestic Violence 72 The Dynamics of Abuse 75 Case Study of an Abuser 78 **Predicting Potential for Abuse** 79 The Impact of Abuse on Victims 81 Treating Abusive Behavior: The Perpetrator 82 Reasons Treatment May Not Work with Some Perpetrators 87

90

Ethnicity and Treatment

Case Study of a Perpetrator in Treatment		94
Treating the Victims of Adult Violence 95		
Case Study of a Victim of Adult Family Violence with Integrating Questions 98		
References	100	

5 Violence to Children 104

Definitions of Abuse and Neglect 106
Clarifying Definitions of Abuse and Neglect for Child Protective Workers 107
The Impact of Child Physical Abuse and Neglect: General Indicators 109
Case Study of a Perpetrator of Child Physical Abuse 110
Sexual Abuse 112
Incest and Intrafamilial Abuse 114
Repressed Memory Syndrome 115
The Perpetrators of Incest 119
Extrafamilial Sexual Abuse 120
Case Study of a Female Child Victim of Sexual Abuse 120
Treatment Approaches for the Victims of Sexual Abuse 123
Case Study of a Sexual Perpetrator 123
Treatment of Sexual Predators 125
Prevention of Child Abuse and Neglect 126
Case Study of a Victim of Child Abuse with Integrating Questions 126
References 128

6 Sexual Violence 131

Sexual Violence Data 131

Legal Definitions of Sexual Violence 134

The Physical and Emotional Impact of Sexual Violence

134

Conclusions

177

x

Blaming the Victim 136
Case Study of a Victim of Sexual Violence 137
Treating the Victims of Sexual Violence 139
The Psychological Makeup of Perpetrators of Sexual Violence 141
Case Study of a Rapist 145
Treating the Perpetrators of Sexual Violence 147
Dating Violence and Acquaintance Assault 148
Case Study of a Victim of Dating Violence 149
Preventing Sexual Violence 151
Case Study with Integrating Questions 153
References 155
References 100
7 Juvenile Violence 158
Firearm-Related Problems 158
Juvenile Crime Prediction Problems 159
Recent Reductions in Youth Violence and Crime 160
Most Juvenile Crime Is Minor 161
Undocumented Juvenile Delinquency 161
Youth Crime Statistics Problems 161
Reasons for Juvenile Violence 162
School Violence 164
School Crime Statistics Problems 165
Case Study: A Victim of School Violence 166
Youth Gangs 168
Reasons for Gang Involvement 169
Gang Violence 169
Case Study: A Successful Transition from Gang Involvement 170
Treatment Issues and Violent Juvenile Crime 172
Mental Health Solutions 175

Contents χi

177

215

221

223

Case Study with Integrating Questions

The Need for Power

What Can Be Done?

Societal Approaches

Mobilization for Youth

Individual Approaches

History of Random Violence

	References 179
8	Workplace Violence 184
	Workplace Violence Data 185
	Case Study: A Potential Perpetrator of Workplace Violence 187
	Coping with Workplace Violence from Perpetrators Outside of the Workplace 189
	Case Study: Workplace Violence in a Treatment Facility 190
	Workplace Violence Involving a Social Worker 191
	Workplace Violence Committed by Employees to One Another 192
	Intervention Strategies to Prevent Workplace Violence 196
	Working with Potential Perpetrators of Workplace Violence 200
	Working with Victims of Workplace Violence 202
	Case Study with Integrating Questions 203
	References 206
9	Acts of Random Violence 209
	Violence: Number versus Nature 211
	Case Study: A Hate Crime with Violence 213

215 The Evolution of Random Violence Terminology

225

227

229

232

Assessing the Risk from Violent Strangers

Case Study: Perpetrator of Random Violence

216

	Case Study: A Victim of Random Crime with Integrating Ques-
	tions 233
	References 235
	Notes 236
10	Treating Perpetrators of Violent Crime 238
	Psychosocial Reasons for Violence 238
	Working with Violent Perpetrators: Insight-Oriented Approaches 239
	Working with Violent Perpetrators: Cognitive-Behavioral Approaches 242
	Working with Violent Perpetrators: Behavior Modification 245
	Techniques of Treatment with Violent Offenders 247
	Working with Violent Perpetrators: Brief Crisis Work 254
	Working with Violent Perpetrators: The Hot Seat Method 259
	Treatment Guidelines in Work with Violent Behavior 260
	References 263
PART	T H R E E 2 6 7
11	Societal Responses to Violence 269
	Prevention: A Proactive Approach to Violence 270
	Community/Societal Responses to Violence 271
	Treatment Approaches: The Problem of Serious Chronic Juvenile Offenders 284
	Programs for Serious Chronic Juvenile Offenders 285
	Control and Treatment of Serious Juvenile Offenders 286
	Programs to Manage Violent Juvenile Offenders 287
	References 293

Contents

12 Future Directions 296

Violence: A Look at the Future 299 Case Study: Early Detection of Mental Illness 303 Case Study: Sanity and the Joint Issues of Treatment and Guilt 305 Responding to Violence in the Future 308 Case Study: Drug Addiction and Violence 310 More Understanding of Terrorism 312 Case Study with Integrating Questions 314 References 316 Index 319