

## Table of contents

5	Foreword
7	Acknowledgements
9	Executive summary
13	Introduction
17	CHAPTER 1
	<b>Therapeutic communities: definition, history and key characteristics</b>
17	1.1. Introduction
18	1.2. Definition
18	1.3. Key features
19	1.4. The theory, model and method of the therapeutic community
20	1.5. Overview of therapeutic community history in North America and Europe
25	CHAPTER 2
	<b>The availability of therapeutic communities in Europe</b>
26	2.1. Therapeutic communities in Europe today
28	2.2. Development and current therapeutic community practices in selected EU countries
37	2.3. Summary of developments in European therapeutic communities
41	CHAPTER 3
	<b>Review of the effectiveness of therapeutic communities</b>
41	3.1. Findings from available reviews
42	3.2. The present review
53	3.3. Summary
54	3.4. Limitations
55	3.5. Conclusions
59	CHAPTER 4
	<b>Therapeutic community standards and guidelines</b>
59	4.1. Survey of Essential Elements Questionnaire
60	4.2. Survey standards for European therapeutic communities for addiction
61	4.3. Standards and goals of the World Federation of Therapeutic Communities
62	4.4. Standards and guidelines in the selected countries
63	4.5. Conclusion
65	CHAPTER 5
	<b>Therapeutic communities in Europe: recent developments and future challenges</b>
65	5.1. Good times, bad times and new developments
65	5.2. Therapeutic communities in the future
67	References
76	Annexes
78	Annex A: International therapeutic communities controlled studies: features and outcomes
85	Annex B: European therapeutic communities observational studies: features and outcomes
89	Annex C: Controlled studies excluded from this review
90	Annex D: Overview of prison therapeutic community papers reporting controlled research
91	Annex E: Overview of community therapeutic community papers reporting controlled research
92	Annex F: Observational studies excluded from this review