

Contents

Chapter 1

Introduction 1

China's Oldest Sex Literature 1

Sketch of Chinese History 2

Studies of Chinese Sexology in English 5

Significance of Studies of Chinese Sexuality 7

Conclusion: The Need for Sexological Study 10

Chapter 2

The Harmony of Yin and Yang: Chinese Sexual Philosophy 11

The Yin-Yang Concept 11

The Yin-Yang Concept in Traditional Chinese Medicine 12

The *I-Ching*, Yin-Yang, and Sex 14

Sexual Attitudes in the Confucian, Taoist,
and Buddhist Traditions 18

The People's Voice: Love and Sex in *She King* 27

Chapter 3

"Inside the Bedchamber": Classical Chinese Sexology 29

The Earliest Chinese Sex Books 29

Relationships among Medical, Taoist, and Sexological Beliefs
and Writings 35

Materials Preserved in Japanese Collections	39
The Availability of Ancient Sexological Works in Modern China	40
Some Highlights of the Chinese Sex Classics	42
The Enduring Value of the Ancient Sexological Literature	46
Chapter 4	
Sexual Techniques of the Taoists: Myths and Methods	49
The Role of Taoism in Chinese Culture	49
The Role of Sexual Lore in Taoism	50
Myths—Sources of Taoist Sexual Theory	52
Methods—Taoist Sexual Lore	54
Taoist Techniques for Sexual Pleasure	64
Conclusion—Modern Uses of Taoist Sexual Methods	68
Chapter 5	
Prostitution in Chinese Society: From Acceptance to Persecution	69
The Origins and Development of Prostitution in China	69
The Courtesans	70
The Prostitutes	71
Sexual Practices of Chinese Prostitutes	72
The Abolition of Prostitution in the 1950s	75
The Revival of Prostitution in the 1980s	77
The Current Attempt to Suppress Prostitution in China	80
Chapter 6	
Classical Chinese Erotica: Then and Now	85
Classifications of Chinese Fictional Works	85
Bibliographies of Classical Chinese Erotic Novels	86
Fictional Depictions of Sexual Behavior	89
Suppression of Erotic Fiction in the Yuan, Ming, and Ching Dynasties (A.D. 1271–1911)	96
The Complete Prohibition of Erotica in Mainland China Today	98

Chapter 7

Homosexuality: From Golden Age to Dark Age	107
Male Homosexuality	107
Female Homosexuality	135

Chapter 8

Transvestism and Transsexualism	145
Transvestism	145
Transsexualism	151
The Current Situation of Transsexuals in China	156

Chapter 9

Changing Attitudes toward Sex in China Today	159
Stress Factors: Traditional Conservatism, Official Repression, and Private Permissiveness	159
Sex Obscurantism and Sex Education	171
Human Rights and Sexual Liberation	178

Notes on Romanization	181
-----------------------------	-----

References with Selected Annotations	185
--	-----

Index	199
-------------	-----