
Contents

INTRODUCTION	1
<i>Plan and Organization</i>	4

PART ONE SHAMANISM

1. OVERVIEW OF CLASSIC SHAMANISM	11
<i>Definitions</i>	11
<i>Classic Shamanism</i>	13
<i>Methods of Recruitment</i>	14
<i>Shamanism: Cosmology and Religion</i>	14
<i>Imaginal Cosmology: Inverting Myth as Map and Guide</i>	15
<i>Magical Tree and Axis Mundi</i>	16
<i>How the Shaman Imagines Disease</i>	17
<i>Imagination as Cause and Cure of Sickness</i>	18
<i>Cherokee Use of Imagery in Conceiving Illness and Cure</i>	20
<i>Shamanic Specialization</i>	23
<i>Are Shamans Crazy? Shamanism and Psychopathology</i>	24
<i>Initiatory Ordeals</i>	26
<i>Relations with Spirits and Shamanic Control</i>	26
<i>Functions and Techniques of Ecstasy</i>	27
<i>Minor Shamanic Function</i>	28
<i>Shamanic Paraphernalia</i>	29
<i>North American Shamanism</i>	30
<i>Object Intrusion and Spirit Intrusion</i>	32
<i>Soul Loss: Diagnosis and Cure</i>	33
<i>Other Aspects of North American Shamanism</i>	35

2. TECHNICIAN OF THE SACRED	37
<i>Shamanism and the Sacred</i>	37
<i>Animism</i>	38
<i>Rudolf Otto: The Sacred in Its Non-Rational Aspects</i>	38
<i>Mystery</i>	39
<i>Fascination</i>	40
<i>Tremendum: The Repelling/Horrific Component</i>	41
<i>The Ambivalent Nature of the Holy</i>	41
<i>Expression of the Numen</i>	42
<i>Van der Leeuw's Concept of the Sacred</i>	43
<i>The Sacred as Power</i>	43
<i>Shamanism, Healing, and Power</i>	44
<i>Things, Power, and Shamanism</i>	45
<i>Taboo and Power</i>	46
<i>Eliade: The Sacred as Archaic Ontology</i>	47
<i>Nostalgia for the Sacred</i>	48
<i>Celestial Archetypes</i>	48
<i>The Prestige of the Center and Axis Mundi</i>	50
<i>Repetition</i>	52
<i>The Sacred and Ritual Process</i>	53
<i>Sacred Space and Ritual Transformation</i>	53
<i>Transformative Process and Ritual Leadership</i>	55

PART TWO

JUNG AND SHAMANISM

3. JUNG THE WOUNDED HEALER	63
<i>Some Shamanic Elements of Jung's Life</i>	63
<i>Jung's Childhood: The Wounding of a Healer</i>	65
<i>Late Childhood and Youth: The Wound Deepens</i>	68
<i>Years of Apprenticeship</i>	73
<i>Father Freud</i>	77
<i>Separation and Soul Loss</i>	80
<i>Jung's Ritual Elders and Tribe</i>	82
<i>The Descent: Journey and Spirit Guides</i>	84
<i>Visions of the Dead</i>	88
<i>The Anima: Recovering Soul at Midlife</i>	90

<i>Discovering the Goal and Returning with the Boon</i>	95
<i>Was Jung a Shaman?</i>	97
4. JUNG'S THEORY OF THE SOUL	101
<i>Comparisons and Contrasts with Shamanism</i>	101
<i>The Ancestral and Archaic Layers of the Soul</i>	103
<i>Archetypes</i>	106
<i>Archetype and Numinosity</i>	110
<i>The Numina: Shamanic and Jungian Perspectives</i>	112
<i>Individuation and the Religious Outlook</i>	114
<i>Individuation and Tribal Societies</i>	119
<i>The Archetypal Self (the Inner Axis Mundi)</i>	120
<i>Mandalas: Images of Self as Axis Mundi</i>	122
<i>Jung's Theory of Psychological Disorder</i>	124
<i>Complexes: The "Little Devils"</i>	125
<i>Making Complexes Conscious vs. Shamanic Exorcism</i>	131
<i>Forms of Complexes</i>	133
<i>What Is the Status of Spirit Guides in Seeing Shamanically?</i>	135
<i>The Self-Self Connection in Shamanic Seeing</i>	140
5. JUNG'S INTERPRETATION OF SHAMANISM	144
<i>Shamanism as a Precursor to Jung's Analytical Psychology</i>	144
<i>Jung on Alchemy and Shamanism</i>	146
<i>The Stone as Sacred Object</i>	148
<i>The Alchemical Tree and the Magical Tree</i> <i>of the Shaman as Symbol of Archetypal Self</i>	149
<i>Shaman's Self and the Symbolism of the Individuation Process</i> ...	150
<i>Celestial Bride Symbolism and the Shamanic Anima</i>	151
<i>The Shaman and Archaic Individuation</i>	152
<i>Shamanic Transformation and the Hero Archetype</i>	153
<i>Shamanic Initiation: Transformation</i>	154
<i>Shaman: Trickster</i>	155
<i>Shaman as Shape-Shifter/Epistemological Mediator</i>	156
<i>Shaman as Wounded Healer and Savior (Soter)</i>	157
<i>Jung on Soul Loss, Possession, and Exorcistic Rites</i>	158
<i>Ritual and Psychological Transformation</i>	161
<i>The Underlying Archetypal Structure of Shamanism</i>	163

PART THREE

SOME IMPLICATIONS AND APPLICATIONS

<i>INTRODUCTION TO PART THREE: DISSOCIATION/SOUL LOSS/ AND RETRIEVAL</i>	167
6. DISSOCIATION, POSSESSION, AND SOUL LOSS: CLINICAL AND THEORETICAL APPLICATIONS TODAY	169
<i>Dissociative Identity Disorder (Multiple Personality)</i>	169
<i>What Is Multiple Personality?</i>	171
<i>Origins of Multiplicity</i>	173
<i>The Therapy of Dissociative Disorders Today</i>	176
<i>Shamanic Resources for Treating Pathologic Dissociation Today I: Colin Ross, M.D., and the Hypnotherapeutic Adaptations</i>	179
<i>Shamanic Resources for Treating Pathologic Dissociation Today II: Sandra Ingerman's Classic Soul Retrieval</i>	186
<i>Soul Loss and Dissociation in Jungian Perspective</i>	193
<i>Some Problems in Jung's Perspectives</i>	198
<i>Noxious Alters, Possession, and Exorcism</i>	199
<i>Possession and Ritual Exorcism in Jungian Perspective</i>	204
7. THE POWER OF RITUAL, IMAGE, AND ARCHETYPE TO BRING ABOUT PROFOUND PSYCHOLOGICAL AND SPIRITUAL TRANSFORMATION	208
<i>Masculine Puberty Rites and Ritual Transformation</i>	209
<i>Ritual and the Brain</i>	212
<i>Ritual Transformation of the World Image (the Cognitive Map)</i> . .	215
<i>Ritual Image and Brain Assymetry</i>	219
<i>The Reptilian Brain and the Collective Unconscious in Ritual</i> . .	221
<i>Jungian Perspectives: Reconciling with the Two-Million-Year-Old Person Inside</i>	224
<i>The Magician Archetype, Ritual, and Neurobiology</i>	228
8. IMPLICATIONS FOR THE FUTURE	237
<i>Toward a Postmodern Shamanism</i>	238
<i>The Loss of the Sense of the Sacred</i>	241
<i>Shamanic Diagnosis of Western Culture: Loss of the Sacred</i>	243
<i>The Function of Myth and Religion</i>	245
<i>Navajo Use of Mythic Hero and Ritual Healing</i>	247

<i>Comparisons of Navajo and Jungian Methods of Working with Images</i>	248
<i>Jung's Answer to the Loss of the Sense of the Sacred</i>	249
NOTES	252
SELECTED BIBLIOGRAPHY	266