

# Contents

<b>Foreword</b>	<b>xiii</b>
<i>William N. Friedrich</i>	
Sexually Aggressive Children as Heterogeneous	xiv
Sexual Aggression as a “New” Behavior That Has Always Been in Existence	xiv
Contribution From Adult Offenders	xv
Developmental Psychopathology as the Appropriate Framework	xvi
Family Contribution	xvi
Generalizations From Dysregulation	xvii
Influence of Sexual Abuse	xviii
Qualities of Treatment Providers	xix
<b>Preface</b>	<b>xx</b>
<i>Alison Gray and Bill Pithers</i>	
<b>Acknowledgments</b>	<b>xxiii</b>
<b>Introduction</b>	<b>xxvi</b>
<i>Sharon K. Araji</i>	
Book Focus and Objectives	xxvi
Recognizing Sexual Abuse	xxvii
Case Study Examples of Sexually Aggressive Children	xxx

Research Studies That Help Determine the Extent of Children Who Act Sexually Aggressive	xxxii
Reasons Preadolescents' Sexually Aggressive Behaviors Are Overlooked	xxxiv
Role of Sexual Latency in Overlooking Sexual Aggression by Children	xxxiv
Lack of Appropriate Labeling and Reporting of Sexually Abusive Behaviors by Children	xxxv
Lack of Literature on Sexually Abusive and Aggressive Children	xxxvi
Dropping Through the Cracks	xxxvii
Value and Overview of the Book	xxxix
Book Organization	xl

## **I. Identifying, Labeling, and Explaining Children's Sexually Aggressive Behaviors**

**I**

*Sharon K. Araji*

- Distinguishing Normal From Sexually Abusive and Aggressive Behaviors	2
Normal, Normative, and Appropriate Sexual Behaviors	2
Attempts to Distinguish Normal From Other Types of Sexual Behaviors	3
Friedrich (1990)	4
Gil's (1993a) Descriptions of Appropriate and Inappropriate Sexual Behaviors	6
Crisci and Brown (as Cited in Kikuchi, 1995)	9
Johnson and Feldmeth's (1993) and Johnson's (Personal Communication, February 1997) Continuum of Sexual Behaviors	10
Cunningham and MacFarlane's (1991, 1996) Levels of Sexual Behaviors	17
Ryan and Blum (1994) and Ryan et al.'s (1993) Typology of Problematic Sexual Behaviors	20
Pithers et al.'s (1993) Typology of Normal and Problematic Sexual Behaviors	24
Berliner, Manaois, and Monastersky's (1986) and Berliner and Rawlings's (1991) Classification of Disturbed Sexual Behaviors	27
Sgroi, Bunk, and Wabrek's (1988) Descriptors	29
Rasmussen, Burton, and Christopherson's (1992) and Matsuda and Rasmussen's (1990) Types of Sexually Inappropriate Behaviors	29
It's About Childhood, The Hindman Foundation: Children Who Sexually Act and Culpability	32

Classification Comparisons	35
Characteristics of Sexually Aggressive Behaviors	35
Behavioral Characteristics	35
Motives for Acting Sexually Aggressive	43
Self-Control	43
Emotions Expressed	43
Abuse Histories	44
Abuse-Victim Relationships	44
Environments	44
Treatment Outcomes	44
Conclusions and Analysis	45

## **2. Sexually Aggressive Children: Social Demographics and Psychological Characteristics** **47**

*Sharon K. Araji*

Identifying Social Demographics and Psychological Characteristics Associated With Sexually Aggressive Children: Published Studies	47
Abuser and Victim Demographics: Johnson's (1993c) Report From Three Research Studies	48
Abusers' Victimization Experiences	49
Sexual Preoccupation and Fantasies	49
Family and School Relationships	55
Friedrich and Luecke (1988)	56
Cantwell (1988)	60
English and Ray (1991) and Ray and English (1991)	60
Unpublished Research	67
Araji, Jache, Tyrrell, and Field (1992)	67
Araji, Jache, Pfeiffer, and Smith (1993)	70
Bonner, Walker, and Berliner (1991-1996)	72
W. Pithers and A. Gray (Personal Communication, February 1997)	74
Kylie Gardner (Personal Communication, July 1993)	79
Case Study	82
Analysis	84
Conclusions	86

## **3. Sexually Abusive Children: Family, Extrafamilial Environments, and Situational Risk Factors** **89**

*Sharon K. Araji and Rebecca L. Bosek*

Family Environments: Current Descriptions	90
Gil (1993b)	90
Johnson (1993b)	97

Ryan (1991b)	99
Larson and Maddock (1986)	100
Value of Family Typologies and Environments to Understanding Sexually Abusive and Aggressive Children	101
Sibling Incest	101
Sibling Incest Defined	102
Sibling Incest: How Common?	102
Brother-Sister Incest	102
Same-Sex Sibling Incest	103
Intergenerational Incest	105
Polyincestuous Families	106
Abused and Sexually Aggressive Children in Extrafamilial Locations and Situations	107
Foster Care	107
Adoptive Homes	109
Residential Treatment Centers	110
Psychiatric Hospitals	113
Schools	113
Neighborhoods	114
In Other People's Homes While Babysitting	114
Summary	115

#### **4. Theories Explaining Children's Sexually Abusive and Sexually Aggressive Behaviors** **119**

*Sharon K. Araji*

Theories Used to Explain Children's Sexually Abusive/Aggressive Behaviors	119
Developmental Explanations of Behavior	120
Trauma Models	123
Traumagenic Dynamics Model	124
Adaptation Perspective and Coping Theory	125
MacFarlane and Cunningham's Use of Four Related Theories: Posttraumatic Stress Disorder, the Sexual Abuse Cycle Model, the Addiction Model, and Finkelhor's (1984) Four Preconditions of Abuse Model	128
Posttraumatic Stress Disorder	128
Sexual Abuse Cycle Theory	129
Violence and Fire-Setting Cycles	131
Four Conditions of Abuse Model	134
Addiction Model	135
Eroticized Children	137
Trauma Outcome Process Approach	138



Balanced Approach	143
Linking Sexual Trauma and Sexual Aggression in Preadolescent Children	147
Linking Physical Abuse to Sexually Aggressive Behavior	150
Fatout (1990)	150
Green (1985)	151
Fraser (1996)	153
Systems Theory: A Proposal	155
Conclusions	158

## **5. Redirecting Children's Sexually Abusive and Sexually Aggressive Behaviors:**

### **Programs and Practices 161**

*Elizabeth A. Sirles, Sharon K. Araji, and Rebecca L. Bosek*

Overview of Programs, Agencies, and Private Practices	161
Programs and Practice Developments	162
Support Program for Abuse Reactive Kids (Los Angeles, CA)	162
STEP Program, Center for Prevention Services, Underhill Center (Williston, VT)	164
William Friedrich (Rochester, MN)	168
Eliana Gil (Rockville, MD)	169
Harborview Sexual Assault Center (Seattle, WA)	171
Valley Mental Health Adolescent Residential Treatment Education Center (ARTEC) (Kearns, UT) and Primary Children's Medical Center Child Protection Team (Salt Lake City, UT)	172
Redirecting Sexual Aggression, Incorporated (Lakewood, CO)	174
It's About Childhood: Children Who Sexually Act and Culpability (Ontario, OR)	175
A Step Forward (Concord, CA)	176
Philly Kids Play It Safe (Philadelphia, PA)	177
Limitations	179
Summary of Programs	180
Program Development and Treatment Planning	184
Factor 1	185
Factor 2	185
Factor 3	186
Factor 4	187
Factor 5	188
Factor 6	188
Factor 7	189

Factor 8	189
Factor 9	190
Factor 10	190
Conclusions	191

## **6. Closing the Cracks: Systemwide Response Needed** **193**

*Sharon K. Araji*

Awareness, Definition, and Labeling Issues	194
How Laws View Children	195
Some Laws Change the View of Children	196
Alaska Says Prevention Must Be Priority: Not Tougher Laws	200
Utah's Statewide Coordination of Services for Juveniles and Sexually Abusive Children	202
Models for Community Response	206
Gil and Johnson (1993b)	206
Anchorage Juvenile Sex Offenders Continuum Group Report	208
Department of Social and Health Services Children's Administration, State of Washington: Two Program Reports	211
Valuable Reference	215
Combining Theory and Practice	215
Conclusions	217

## **References** **219**

## **Index** **233**

## **About the Author** **246**

## **About the Contributors** **246**