

Contents

Contributors xi

Preface xv

Part One Diagnostic Procedures

- 1 **A Practical Guide to Bone Densitometry** 3
Dorothy A. Nelson, Michael Kleerekoper
- 2 **Indications for Bone Mass Measurement** 5
Dorothy A. Nelson, Michael Kleerekoper
- 3 **Laboratory Analyses Useful in the Diagnosis of Calcium Metabolic Disorders** 7
Hunter Heath III
- 4 **Biochemical Markers of Bone Remodeling** 13
Michael Kleerekoper
- 5 **Skeletal Imaging: Radiographs, CT, MRI** 17
Harry K. Genant
- 6 **Scintigraphy** 19
Ignac Fogelman
- 7 **Bone Biopsy in Malignant and Metabolic Bone Diseases** 21
Robert R. Recker

Part Two Clinical Disorders

Neonates and Children

- 8 **Hypocalcemia and Hypercalcemia in Neonates** 27
Winston Koo
- 9 **Preterm Infants with Fractures** 31
Winston Koo
- 10 **Rickets** 33
Winston Koo
- 11 **Osteogenesis Imperfecta** 37
Jay R. Shapiro, Rebecca L. Slayton, Paul Sponseller
- 12 **Juvenile Osteoporosis** 47
Jorge A. Prada, Reginald C. Tsang
- 13 **Fibrous Dysplasia** 49
Frederick S. Kaplan

Adolescents

- 14 Secondary Amenorrhea 53**
Karen K. Miller, Anne Klibanski

Young Adults

- 15 Nephrolithiasis 55**
Murray J. Favus
- 16 Acute Spinal Cord Injury, Closed Head Injury, and
 Reflex Sympathetic Dystrophy 61**
Albert C. Clairmont, Velimir Matkovic

Osteoporosis

- 17 Prevention of Bone Loss 69**
Marjorie Luckey
- 18 Prevention of Fractures in Patients with Low Bone Mass 77**
Susan L. Greenspan
- 19 Evaluation 81**
Robert Marcus, Michael Kleerekoper, Ethel S. Siris
- 20 Osteoporosis in Men 85**
Eric Orwoll
- 21 Steroid-Induced Osteoporosis 89**
Barbara P. Lukert
- 22 Organ Transplantation 93**
Elizabeth Shane
- 23 Pharmacologic Therapy 99**
Nelson B. Watts
- 24 Nonpharmacologic Therapy 109**
Michael McClung

Other Bone Diseases

- 25 Paget's Disease 113**
Ethel S. Siris
- 26 Renal Bone Diseases 119**
Jack W. Coburn
- 27 Metastatic Bone Disease 129**
Robert F. Gagel
- 28 Osteomalacia 131**
John G. Haddad, Jr., Ethel S. Siris*
- 29 High Bone Mass 137**
Michael P. Whyte

Abnormal Serum Calcium

- 30 Primary Hyperparathyroidism 141**
John P. Bilezikian
- 31 The Nonparathyroid Chronic and Acute Hypercalcemias 143**
Lawrence E. Mallette
- 32 Hypocalcemia 149**
Frederick R. Singer
- Part Three Patient and Family Education and Support**
- 33 Principles of Patient and Family Education and Support 153**
Betsy Love McClung
- 34 Resources for Education and Support 155**
Betsy Love McClung
- Appendix A: National Osteoporosis Foundation Guidelines 157*
- Appendix B: Bone Mass Measurement Act, 1998 159*
- Index 161*