Contents

About the Edi	tors	ix
Contributors		xi
Preface		xvii
Introduction	The Case for Integrated Care: Coordinating Behavioral Health Care With Primary Care Medicine	1
	Michelle R. Byrd, William T. O'Donohue, and Nicholas A. Cummings	
Chapter 1	Training Behavioral Health and Primary Care Providers for Integrated Care: A Core Competencies Approach Kirk D. Strosahl	15
Chapter 2	Adapting Empirically Supported Treatments to the Primary Care Setting: A Template for Success Patricia Robinson	53
Chapter 3	The Role of the Behavioral Health-Care Specialist in the Treatment of Depression in Primary Care Settings Glenn M. Callaghan and Jennifer A. Gregg	73
Chapter 4	Anxiety Disorders in Primary Care Laura Campbell-Sills, Jessica R. Grisham, and Timothy A. Brown	87
Chapter 5	Suicide and Parasuicide Management in the Primary Care Setting Elizabeth A. Lillis and Alan E. Fruzzetti	109
Chapter 6	Integrating PTSD Services: The Primary Behavioral Health Care Model Gregory A. Leskin, Leslie A. Morland, and Terence M. Keane	129

Chapter 7	Identification and Treatment of Substance Abuse in Primary Care Settings	143
	Janet L. Cummings	
Chapter 8	Identifying and Treating the Somatizer: Integrated Care's Penultimate Behavioral Intervention	161
	Nicholas A. Cummings	
Chapter 9	Treating Attention Deficit Hyperactivity Disorder and Oppositional Defiant Disorder in the Primary Care Setting	177
	William E. Pelham, Jr., David Meichenbaum, and Gregory A. Fabiano	
Chapter 10	Providing Integrated Care for Smoking Cessation	201
	Elizabeth V. Gifford, Kathleen M. Palm, and Andrea Diloreto	
Chapter 11	Infertility	221
	Negar Nicole Jacobs	
Chapter 12	The Integration of Psychosocial Interventions Into the Oncology Practice	237
	Adrienne H. Kovacs and Arthur C. Houts	
Chapter 13	Managing Obesity in Primary Care	253
	Mark W. Conard, Walker S. Carlos Poston, and John P. Foreyt	
Chapter 14	As Precise as the Scalpel's Cut Sort of: Psychological and Self-Regulation Treatments in Preparation for Surgery and Invasive Medical Procedures	273
	Rodger S. Kessler	
Chapter 15	Assessment and Treatment of Chronic Benign Headache in the Primary Care Setting	293
	John G. Arena and Edward B. Blanchard	
Chapter 16	Addressing Chronic Pain in Primary Care Settings	315
	Richard C. Robinson, Margaret Gardea, Ann Matt Maddrey, and Robert J. Gatchel	
Chapter 17	Psychosocial Interventions With Type 1 and 2 Diabetes Patients	329
	Glenn M. Callaghan, Jennifer A. Gregg, Enrique Ortega, and Kristoffer S. Berlin	

Chapter 18	Increasing Medication Adherence in Chronic Illnesses:	
	Guidelines for Behavioral Health-Care Clinicians Working in Primary Care Settings	347
	Eric R. Levensky	317
Chapter 19	The Integrated Management of Adult Asthma	367
	Michelle R. Byrd, Kyle E. Ferguson, Deborah A. Henderson, Erin M. Oksol, and William T. O'Donohue	
Index		383

Contents • vii