

# Contents

<b>Preface</b>	<b>x</b>
<b>Acknowledgments</b>	<b>xxi</b>
<b>1. Drug Controversies and Demonization</b>	<b>1</b>
Demonizing (Illegal) Drugs: The Social Construction of Drug “Epidemics”	2
Glue-Sniffing	5
Marijuana	6
Crack Cocaine	22
Heroin	22
Ecstasy (MDMA)	23
Methamphetamine	28
Conclusion	34
Review Questions	35
Internet Exercises	35
<b>2. Theories of Drug Use</b>	<b>36</b>
Nature Theories	37
Genetic/Biological Theories	38
Disease Theory	41
Psychological Theories	43
Sociological Theories	46
Social Learning and Subcultural Theory	46
Social Control/Bonding Theory	51
Anomie/Strain Theories	54
Social Conflict Theory	57
Conclusion	59
Review Questions	61
Internet Exercises	61
<b>3. The Effects of Drugs: Part I</b>	<b>62</b>
Stimulants	67
Caffeine	67
Tobacco	71
Cocaine	73
Amphetamines	78
Ritalin	82
Ecstasy	83
Depressants	85
Alcohol	85

Barbiturates	88
Benzodiazepines	89
GHB	91
Inhalants	91
Opiates	93
Morphine	95
Heroin	95
Codeine	98
Oxycodone	99
Non-Opiate Analgesics	100
Review Questions	101
Internet Exercise	101
<b>4. The Effects of Drugs: Part II</b>	<b>102</b>
Hallucinogens/Psychedelics	102
LSD	103
Psilocybin	106
Peyote and Mescaline	107
DMT and Bufotenine	109
PCP and Ketamine	111
Marijuana	113
Antidepressant Drugs	116
Aphrodisiacs/“Erectile Dysfunction” Drugs	119
Steroids and Other Performance-Enhancing Drugs	123
Conclusion	131
Review Questions	133
<b>5. Patterns of Illegal Drug Use</b>	<b>134</b>
Self-Report Surveys	135
Monitoring the Future	137
Other Surveys on Adolescent Drug Use	139
The National Survey on Drug Use and Health	139
Validity of Survey Findings on Drug Use	140
Other Surveys on Adult Drug Use	141
Data on Substance Use by Adult Offenders—ADAM and I-ADAM	142
Drug Abuse Warning Network Statistics	144
Pulse Check	146
Correlates of Illegal Drug Use	147
Age	147
Gender/Sex	151
Race/Ethnicity	153
Social Class	165
Rural/Urban Location	167
Conclusion	168
Review Questions	169
Internet Exercises	170

<b>6. Patterns of Legal Drug Use</b>	<b>171</b>
Age	171
Use of Drugs by the Elderly	177
Gender/Sex	179
Race/Ethnicity	182
African Americans	186
Hispanics	188
American Indians	189
Asians and Pacific Islanders	190
Social Class	192
Rural/Urban Location	195
Conclusion	200
Review Questions	201
Internet Exercises	201
<b>7. Policies Regulating Illegal Drugs</b>	<b>202</b>
Trends in Arrests and Incarceration	202
Racial and Class-Based Inequality in the Application of Drug Laws	206
“Crack Babies”	209
“CRACK”	212
Mandatory Minimum Sentences	212
“School Zone” Policies	216
Public Housing Evictions	217
Denial of Welfare	218
Denial of Student Aid	219
Asset Forfeiture	220
“Drug Tax” Laws	224
Ecstasy and the RAVE Act	224
Methamphetamine Legislation	226
Marijuana Laws	227
Hemp	227
Medical Marijuana	228
Recent Changes in State Drug Laws	232
Conclusion	235
Review Questions	236
Internet Exercises	237
<b>8. Drug Prevention Programs</b>	<b>238</b>
Drug Education Programs	238
DARE	239
Alternative Drug Education Programs	245
Anti-Drug Advertising Campaigns	246
Zero Tolerance Policies	252
Drug Testing Policies	254
Schools	254
Drug Testing of Workers	258
Conclusion	263

Review Questions	265
Internet Exercises	265
<b>9. Drug Treatment</b>	<b>266</b>
Pharmacological Treatment Approaches	268
Drug Agonists	269
Drug Antagonists	274
Residential Drug Treatment Programs	276
Therapeutic Communities	277
Compulsory Treatment Programs	280
Alcoholics Anonymous	285
The 12 Steps of Alcoholics Anonymous	289
Outpatient Drug Treatment	292
Conclusion	293
Review Questions	293
Internet Exercise	294
<b>10. Policies Regulating Legal Drugs, Part I: Alcohol and Tobacco</b>	<b>295</b>
Tobacco	296
A Brief History of Tobacco Regulation	296
Bans on Smoking in Public Places	297
Restrictions on Advertising and Marketing of Tobacco Products	300
Taxes on Tobacco Products	302
The 1998 Tobacco Settlement and Anti-Smoking Programs	304
International Tobacco Legislation	306
The Future of Tobacco Regulation	306
Alcohol	307
Temperance Movements and Prohibition in American History	307
Alcohol Regulation in the Current Era	310
Minimum Legal Drinking Age	312
Regulating Drinking on College Campuses	315
Drunk Driving Laws	317
Conclusion	327
Review Questions	330
Internet Exercise	330
<b>11. Policies Regulating Legal Drugs, Part II:</b>	
<b>Prescription and Performance-Enhancing Drugs and Herbal Supplements</b>	<b>331</b>
Regulation of Pharmaceutical Products	332
Early Legislation	332
FDA Approval of Pharmaceutical Products	333
Regulating the Sale and Advertising of Prescription Drugs	340
Restricting the Sale of Canadian Pharmaceutical Products	340
Advertising Pharmaceutical Products	343
The Criminal Practices of Pharmaceutical Companies	347
The Political Economy of the Pharmaceutical Business	348
The Future of Prescription Drug Regulation?	350

The Regulation of Performance-Enhancing Drugs	353
The Rationale for Regulation	353
National Collegiate Athletic Association	355
International Olympic Committee	356
Professional Sports	362
Federal Government Regulation of Steroids and Dietary Supplements	368
Conclusion	369
Review Questions	372
Internet and Media Exercises	372
<b>12. Drug Policies in Other Countries and United States Influence</b>	<b>373</b>
International Treaties	373
Countries With Severe Drug Policies	375
Russia	375
Asian Countries	376
Drug Policies in Western Countries	376
American Influence and Intervention in Drug-Producing Countries	394
Certification Policies	397
Conclusion	398
Review Questions	400
Internet Exercises	400
 <b>Glossary</b>	 <b>401</b>
<b>Bibliography</b>	<b>407</b>
<b>Index</b>	<b>461</b>
<b>About the Authors</b>	<b>501</b>