

Table of

Preface	v
Foreword: Outlook	vii
List of Contributors	xxxiii
List of Reviewers	xxxix

C H A P T E R

1

Introduction—General Considerations and International Perspectives

GUNNAR F. NORDBERG, BRUCE A. FOWLER, MONICA
NORDBERG, AND LARS T. FRIBERG

1	Metals and Health—An International Perspective	1
2	Current Concerns Related to the Toxicology of Metals	4
2.1	Expanding Current Industrial New Technological Uses of Metals	4
2.2	Ecological and Natural Environmental Mobilization Processes	4
2.3	Routes of Exposure	5
2.4	Essentiality of Metals	6
2.5	Human Health Effects	6
2.6	Metal Carcinogenesis and Reproductive Toxicology	7
2.7	Toxicokinetics and Metabolism	7
2.8	Biological Monitoring	8
2.9	Risk Assessment	8
2.10	Interactions Among Metals	8

Contents

CHAPTER

2

General Chemistry, Sampling, Analytical Methods, and Speciation

RITA CORNELIS AND MONICA NORDBERG

1	Definition of Metals	12
2	The Periodic Table	12
3	Compounds of Metallic Elements	13
3.1	Covalent and Ionic Bonds	13
3.2	Oxidation Number	14
3.3	Inorganic Compounds	14
3.4	Metal Complexes	15
3.5	Organometallic Compounds	15
4	Solubility	15
5	Properties of Metal Ions	16
5.1	Formation of Metal Ions	16
5.2	Redox Potential	16
5.3	Metal Ions as Lewis Acids	16
5.4	Hydrolysis	16
6	Other Aspects of Metal Chemistry of Biological and Toxicological Interest	17
6.1	Main Group and Transition Metals	17
6.2	Metal-Containing Biological Molecules	17
6.2.1	Metalloporphyrins	17
6.2.2	Non-Heme Iron Proteins	18
6.2.3	Cobalt-Containing Biological Molecules	18
6.2.4	Metalloenzymes and Metal-Activated Enzymes	18
6.2.5	Metallothioneins	18
6.2.6	Lead-Containing Biological Molecules	18
7	Total Element Analysis, Elemental Speciation, and Metallomics	18
8	Sampling and Sample Preparation	19
8.1.	General Considerations	19
8.2	Air, Water, and Food	20

	8.2.1 Air	20
	8.2.2 Water	21
	8.2.3 Food	21
	8.3 Biological Monitoring	22
9	Separation Techniques	22
	9.1 Liquid Chromatography	22
	9.2 Gas Chromatography	23
	9.3. Capillary Electrophoresis	23
	9.4 Gel Electrophoresis	25
	9.5 Precautionary Measures in Elemental Speciation	25
10	Detection Methods	26
	10.1 General Aspects	26
	10.2 Current Methods for the Detection of Metals	26
	10.2.1 Atomic Absorption Spectrometry	26
	10.2.2 Atomic Fluorescence Spectrometry	28
	10.2.3 Atomic Emission Spectrometry	28
	10.2.4 Mass Spectrometry	28
	10.2.5 Electrochemical Methods	29
	10.2.6 Spectrophotometry	29
	10.2.7 Biosensors for Monitoring Metal Ions	30
	10.2.8 Direct Measurement of Metals in Solid Samples (Particle Characterization)	30
	10.2.9 Neutron Activation Analysis	30
	10.2.10 Spark Source Mass Spectrometry	31
11	Calibration	31
12	Reference Materials	32
13	Quality Assurance	32
	13.1 Definitions	33
	13.2 Sources of Error	33
	13.3 Results of Interlaboratory Testing	33
	13.4 Elements of Quality Assurance	34
	13.5 Statistical Considerations	34
	13.6 Reporting of Quality Assurance Data	34
14	Conclusions	35

C H A P T E R

3

Routes of Exposure, Dose, and Metabolism of Metals

WILLIAM S. BECKETT, GUNNAR F. NORDBERG,
AND THOMAS W. CLARKSON

1	Introduction	39
2	Exposure	40

2.1	General Aspects	40
2.2	Exposure by Inhalation	41
2.3	Exposure Through Food and Drinking Water	42
3	Deposition and Absorption	42
3.1	Deposition and Absorption After Inhalation	43
3.1.1	Absorption of Gases and Vapors	44
3.1.2	Deposition of Particles	44
3.1.3	Clearance of Particles from the Respiratory System	46
3.2	Absorption After Ingestion	47
3.3	Total Absorption	49
4	Transport, Biotransformation, and Distribution	49
5	Pathways and Mechanisms of Excretion	52
5.1	Gastrointestinal Excretion	52
5.2	Renal Excretion	53
5.3	Excretion Rate—Biological Half-Time	54
6	Toxicokinetic Models and Their Use for Establishment of Dose-Response and Dose-Effect Relationships	55
6.1	One-Compartment Model	55
6.1.1	Description	55
6.1.2	Use of One-Compartment Model for Toxicokinetic (TK)– Toxicodynamic (TD) Modeling of Dose-Response or Dose-Effect Relationships	56
6.2	Multicompartment Models and Physiologically Based Models	57
6.2.1	Description of a Multicom- partment Model for Cadmium	58
6.2.2	Use of Multicompartment and Physiologically Based Models for TK/TD Modeling	59
7	Use of Indicator Media for Estimation of Exposure or Critical Organ Concentration	59

C H A P T E R

4

Biological Monitoring and Biomarkers

ANTERO AITIO, ALFRED BERNARD, BRUCE A. FOWLER,
AND GUNNAR F. NORDBERG

1	Introduction	65
2	Sources of Preanalytical and Analytical Error	67
3	Quality Assurance; Reference Materials	68

4	Specimens in Use; Urine Sample Standardization	69
4.1	Urine	69
4.2	Blood	70
5	Reference Values	71
6	Ethical Considerations	71
7	Biomarkers of Exposure	71
7.1	Analytical Approaches	71
7.2	Speciation in Biomonitoring	72
7.3	Kinetics and Sampling: Timing and Frequency	72
7.4	Interpretation of Results	72
7.5	Biomarkers of Exposure as a Complement to Industrial Hygiene Measurements	73
8	Biomarkers of Effects	74
8.1	Renal Toxicity Biomarkers	74
8.2	Neurotoxicity Biomarkers	75
8.3	Lung Toxicity Biomarkers	75
8.4	Biomarkers for Other Target Organs	76
8.5	Genotoxicity Biomarkers	76
9	Future Trends	76

C H A P T E R

5

Selected Molecular Mechanisms of Metal Toxicity and Carcinogenicity

TODD DAVIDSON, QINGDONG KE, AND MAX COSTA

1	Transport of Toxic Metals by Molecular/Ionic Mimicry of Essential Compounds	79
1.1	Introduction	79
1.2	Iron	80
1.3	Zinc	80
1.4	Phosphate and Sulfate Mimics	80
1.5	Organic Complexes	80
1.6	Metal–Anion Complexes	81
1.7	Calcium Channels	81
1.8	Summary	81
2	Interference with the Functions of Essential Metals by Toxic Metals	81
2.1	Introduction	81
2.2	Calcium	81
2.3	Zinc	81
2.4	Magnesium	82
2.5	Iron	82
2.6	Copper	82
3	Toxic Metal–Binding Molecules	82
3.1	Introduction	82
3.2	Metallothioneins (MTs)	83
3.3	Glutathione	83
3.4	Summary	84

4	Mutagenic and Genotoxic Effects of Metals	84
4.1	Introduction	84
4.2	Mutagenicity and Genotoxicity of Nickel Compounds	85
4.3	Mutagenicity and Genotoxicity of Chromium Compounds	85
4.4	Mutagenicity and Genotoxicity of Arsenic	85
4.5	Mutagenicity and Genotoxicity of Cadmium	85
5	Epigenetic Effects of Metal Compounds	86
5.1	Introduction	86
5.2	Epigenetic Events in the Development of Cancer	86
5.2.1	DNA Methylation	86
5.2.2	Histone Modifications	86
5.3	Impacts of Metal Compounds on Epigenetics	87
5.3.1	As	87
5.3.2	Cd	88
5.3.3	Ni	88
6	Effects of Metals on Cell Signaling Pathways and Gene Expression	89
6.1	Introduction	89
6.2	Signal Transduction Pathways Affected by Metal Compounds	90
6.2.1	ROS	90
6.2.2	MAPK	90
6.2.3	PI3K/Akt	90
6.2.4	HIF-1	90
6.2.5	NF- κ B	91
6.2.6	NFAT	91
6.2.7	AP-1	91
6.3	Impacts of Metal Compounds on Signal Transduction Pathways and Gene Expression	91
6.3.1	As	91
6.3.2	Cd	92
6.3.3	Cr	93
6.3.4	Co	94
6.3.5	Ni	94
6.3.6	Other Metals	95

C H A P T E R

6

General Considerations of Dose-Effect and Dose-Response Relationships

DAPHNE B. MOFFETT, HISHAM A. EL-MASRI,
AND BRUCE A. FOWLER

1	General Aspects of Dose-Response Relationships	101
1.1	Use of the Terms Effect and Response	101

1.2	Interrelationships Among Dose, Effect, and Response	102
1.3	Definitions of Dose and Response	103
2	Modeling of Dose-Response Relationships	104
2.1	The Shape of Dose-Response Curves: S, Hormesis, U-Shaped	105
2.2	The Sigmoid Curve	106
2.3	Hormesis—Inverted U- or J-Shaped Curves	107
2.4	U-Shaped Curves and Essentiality	107
3	Modeling the Data	108
3.1	Biological Basis for Modeling	110
4	Species-to-Species Extrapolations	112
5	Risk Assessment and Dose-Response Relationships	113
5.1	NOAEL/LOAEL	113
5.2	Benchmark Dose	113
5.3	Data Types and Benchmark Dose	114
6	Dose-Response in an Era of -Omics	114

C H A P T E R

7

Interactions in Metal Toxicology

GUNNAR F. NORDBERG, LARS GERHARDSSON, KARIN
BROBERG, MOIZ MUMTAZ, PATRICIA RUIZ,
AND BRUCE A. FOWLER

1	Introduction	117
2	Age, Sex, Drugs, and Some Other Factors	118
2.1	Influence of Drugs, Alcohol, and Tobacco on Metal Metabolism and Toxicity	118
2.1.1	Drugs	118
2.1.2	Alcohol and Tobacco	119
2.2	Influence of Age and Sex on Metal Toxicity	119
2.2.1	Age	119
2.2.2	Sex	119
2.3	Influence of Some Other Factors on Metal Metabolism and Toxicity	120
3	Gene-Environment Interactions for Metals	120
3.1	Genes of Concern	120
3.2	Design of Gene-Environment Interaction Studies	121
3.3	Interactions for Specific Metals	122
3.3.1	Arsenic	122
3.3.2	Beryllium and Cobalt	123
3.3.3	Cadmium	123
3.3.4	Lead	123
3.3.5	Mercury	126

3.3.6	Nickel	126
3.3.7	Platinum	126
3.4	Conclusions	127
4	Metal–Metal Interactions (Noncarcinogenic Effects)	127
4.1	Arsenic and Other Metals	127
4.2	Interactions Between Cadmium and Other Metals	128
4.3	Interactions Between Lead and Other Metals	129
4.4	Hg and Other Metals	130
4.5	Molybdenum–Copper–Zinc Interactions	131
4.6	Interactions Between Thallium and Potassium	132
5	Metal–Metal Interactions in Carcinogenesis	132
5.1	Arsenic	132
5.2	Chromium	132
5.3	Iron	133
5.4	Lead	133
5.5	Nickel	134
5.6	Selenium	135
5.7	Zinc	136
6	Risk Assessment of Mixtures of Metals	137
6.1	Introduction	137
6.2	Toxicity Assessment of Mixtures	137
6.2.1	The Mixture of Concern	137
6.2.2	The Similar Mixture Approach	138
6.2.3	The Hazard Index Approach	138
6.2.4	The Target-Organ Toxicity Dose (TTD)	138
6.3	A Weight-of-Evidence (WOE) Method	139
6.3.1	Direction of Interaction	140
6.3.2	Mechanistic Understanding	140
6.3.3	Toxicological Significance	141
6.4	Perspectives and Future Needs	141

C H A P T E R

8

Epidemiological Methods for Assessing Dose-Response and Dose-Effect Relationships

TORD KJELLSTROM AND PHILIPPE GRANDJEAN

1	Epidemiological Measurement of Occurrence of Health Effects	147
2	Observational Studies and Modeling Studies of Dose-Response Relationships	149
3	Study Design	151

4	Data Collection	153
4.1	Measurement of Dose	153
4.2	Measurement of Effect and Response	155
5	Data Analysis	157
6	Inference	159

C H A P T E R

9

Essential Metals: Assessing Risks from Deficiency and Toxicity

GEORGE C. BECKING, MONICA NORDBERG,
AND GUNNAR F. NORDBERG

1	Introduction	163
2	Basic Concepts	164
2.1	Definition of an AROI (Acceptable Range of Oral Intake)	164
2.1.1	Groups with Special Sensitivity/Resistance	165
2.2	Other Concepts Used in Risk Assessment of Essential Metals	166
2.2.1	Toxicological Terms	166
2.2.2	Nutritional Terms: Definitions and Approaches Used to Assess Individual and Population Requirements for EMs	166
3	Effects of Deficiency and Toxicity	167
3.1	Factors Affecting Dose-Response Relationships	167
3.1.1	Homeostatic Mechanisms	167
3.1.2	Bioavailability, Speciation, and Interactions	167
3.2	Basic Principles for Classifying Effect	168
3.3	Examples of Effects of Varying Severity	169
3.3.1	Lethal Deficiency	169
3.3.2	Deficiency—Clinical Disease	169
3.3.3	Subclinical Biomarkers of Deficiency with or without Clinical Significance	170
3.3.4	Lethal Toxic Effects	170
3.3.5	Toxic Effects with Clinical Significance	170
3.3.6	Subclinical Toxic Effects with or without Functional Significance—Biomarkers of Critical Effect	170
4	Summary of Principles for Human Risk Assessment of Exposures to EMs	171
4.1	Application of Principles for Determination of AROI	171

5	Estimation of AROI	172
6	Conclusions	175

C H A P T E R

10

Carcinogenicity of Metal Compounds

QINGDONG KE, MAX COSTA, AND
GEORGE KAZANTZIS

1	Principal Metals Showing Carcinogenic Effects	177
1.1	Nickel	178
1.1.1	Epidemiological Observations	178
1.1.2	Animal Models	179
1.1.3	Evaluation	180
1.2	Chromium	180
1.2.1	Epidemiological Observations	180
1.2.2	Animal Models	181
1.2.3	Short-Term Tests	182
1.2.4	Evaluation	182
1.3	Arsenic	182
1.3.1	Epidemiological Observations	182
1.3.2	Animal Models	184
1.3.3	Short-Term Tests	184
1.3.4	Evaluation	185
1.4	Cadmium	185
1.4.1	Epidemiological Observations	185
1.4.2	Animal Models	187
1.4.3	Short-Term Tests	187
1.4.4	Evaluation	187
1.5	Beryllium	188
1.5.1	Epidemiology Observations	188
1.5.2	Animal Models	189
1.5.3	Evaluation	189
1.6	Lead	189
1.6.1	Epidemiological Observations	189
1.6.2	Animal Models and Short-Term Tests	190
1.6.3	Evaluation	190
1.7	Cobalt	190
1.8	Iron	191
1.9	Manganese	191
1.10	Platinum	192
1.11	Titanium	192
2	Principal Metals Showing Mutagenic Effects	192
2.1	Nickel	193
2.2	Chromium	193
2.3	Arsenic	193
2.4	Cadmium	194

C H A P T E R

11

Immunotoxicology of Metals

PER HULTMAN

1	Introduction	197
1.1.	Development of the Concept Metal Immunotoxicology	197
1.2	Overview of Mechanisms in Immunotoxicology	198
1.3	Dose-Response Considerations in Metal Immunotoxicology	198
2	Immunosuppression Induced by Metals	199
2.1	General Considerations	199
2.2	In Vitro Studies	199
2.3	In Vivo Studies	199
2.4	Experimental Host-Resistance Challenge Systems	199
2.5	Clinical Immunosuppressive Effects	199
3	Essential Metals and the Immune System	200
4	Hypersensitivity Induced by Metals	200
4.1	General Considerations	200
4.2	Type I Hypersensitivity (Anaphylactic or Immediate Hypersensitivity)	200
4.3	Type II Hypersensitivity (Antibody-Mediated—IgG or IgM—Reactions Against Cells or Matrix)	201
4.4	Type III Hypersensitivity (Immune-Complex Mediated Reactions)	201
4.5	Type IV Hypersensitivity (Cell-Mediated Reactions)	201
4.6	Relation Between Atopy and Metal Hypersensitivity	201
5	Metals Causing Hypersensitivity Reactions	201
5.1	Beryllium	201
5.2	Chromium	202
5.3	Cobalt	202
5.4	Gold	202
5.5	Mercury	203
5.6	Nickel	203
5.7	Multiple Metal Exposure Related to Prosthetic Devices	203
5.8	The Platinum Group of Elements (Palladium, Platinum, Rhodium)	204
6	Interaction Between Metals and Proteins	204
6.1	Introduction	204
6.2	Mechanisms of Interaction Between T Cells and Metal Ions	204

7	Other Interactions Between Metals and Proteins—Implications for Autoimmunity	205
8	Nonspecific Immunostimulation Induced by Metals: The Examples of Pb and Hg	205
9	Metal-Induced Autoimmunity	206
10	Acceleration and Aggravation of Autoimmunity by Xenobiotics	207
10.1	General Considerations	207
10.2	Acceleration of Spontaneous Autoimmune Diseases by Hg	207
10.3	Acceleration of Spontaneous Autoimmune Diseases by Cadmium and Lead	208
10.4	Comments on the Autoimmune Effects of Metals	208

C H A P T E R

12

Reproductive and Developmental Toxicity of Metals

PIETRO APOSTOLI, SPOMENKA TELIŠMAN,
AND POLLY R. SAGER

1	Introduction	214
2	Male Reproductive Effects	215
2.1	Lead	216
2.2	Mercury	218
2.3	Cadmium	219
2.4	Manganese	220
2.5	Chromium	221
2.6	Nickel	221
2.7	Arsenic	221
3	Female Reproductive Effects	221
3.1	Lead	222
3.2	Mercury	224
3.3	Cadmium	224
3.4	Manganese	225
3.5	Chromium	225
3.6	Nickel	226
3.7	Arsenic	226
3.8	Platinum	227
3.9	Mixed Metal Exposure	227
4	Developmental Effects of Prenatal Exposure	228
4.1	Lead	229
4.2	Mercury	230
4.3	Cadmium	233
4.4	Chromium	233
4.5	Nickel	234
4.6	Arsenic	234
4.7	Vanadium	234

4.8	Uranium	235
4.9	Aluminum	235
4.10	Lithium	235
5	Developmental Effects from Neonatal Exposure	235
5.1	Lead	236
5.2	Mercury	238
5.3	Cadmium	240
5.4	Nickel	240
5.5	Arsenic	240
5.6	Aluminum	241
5.7	Mixed Metal and Multichemical Exposure	241

C H A P T E R

13

Ecotoxicology of Metals—Sources, Transport, and Effects in the Ecosystem

POUL BJERREGAARD AND OLE ANDERSEN

1	Sources for Metal Emission	251
1.1	Direct Emissions of Metals into Nature	251
1.1.1	Emissions to the Atmosphere	251
1.1.2	Emissions into Water	252
1.1.3	Emissions to Soil	252
1.2	Indirect Mobilization of Metals	252
1.2.1	Acid Rain	252
1.2.2	Oxygen Depletion	252
1.2.3	Pyrite Oxidation	252
2	The Biogeochemical Transport of Metals	252
2.1	Atmospheric Transport	252
2.2	Metal Speciation in Water	253
2.3	Metal Transport in the Ocean	254
2.4	Transport of Metals in Freshwater and Estuaries	254
2.5	Metals in Sediments	256
3	Uptake and Accumulation of Metals	256
3.1	Bioavailability, Uptake, Accumulation, and Elimination	256
3.2	Metal Transport in Aquatic Food Chains	257
4	Defense Against and Storage of Metals	257
4.1	Metal Toxicity and Defense Systems in Plants	258
5	Toxicity of Metals in Ecosystems	259
6	Risk Assessment of Metals	260
6.1	The Aim of Ecotoxicological Risk Assessment	260
6.2	Integrated Risk Assessment	260
6.3	Methods of Ecotoxicology	260
6.4	Practical Risk Management	261

6.5	Biomarkers as Hazard Indicators in Ecotoxicological Risk Assessment	261
7	Monitoring Metal	
	Pollution—Biomonitoring	262
7.1	Mussel Watch	262
7.2	Other Monitoring Organisms	263
8	Ecotoxicology of Individual Metals	263
8.1	Alumina	263
8.2	Antimony	264
8.3	Arsenic	264
8.3	Cadmium	265
	8.3.1 Background Levels and Emissions	265
	8.3.2 Uptake in Organisms	265
	8.3.3 Contamination with Cadmium	266
	8.3.4 Cadmium's Toxicity in Water	266
	8.3.5 Cadmium in Agricultural Soil and Uptake of Cadmium into Plants	266
	8.3.6 Implication for Human Health	267
8.4	Cobalt	267
8.5	Chromium	267
8.6	Copper	268
8.7	Iron	268
8.8	Lead	268
	8.8.1 Lead in Ammunition	269
	8.8.2 Effects in Birds and Mammals	269
8.9	Manganese	269
8.10	Mercury	270
	8.10.1 Background Concentrations, Uses, and Emissions	270
	8.10.2 The Transformation of Mercury in Nature	270
	8.10.3 The Global Mercury Flux	271
	8.10.4 Uptake of Mercury in Organisms and Transport in Food Webs	272
	8.10.5 Effects of Mercury in Wildlife	272
	8.10.6 Implications for Human Health	273
8.11	Molybdenum	273
8.12	Nickel	273
8.13	Selenium	273
8.14	Silver	273
8.15	Tin	274
	8.15.1 Inorganic Tin	274
	8.15.2 Tributyltin (TBT)	274
8.16	Vanadium	276
8.17	Zinc	276
8.18	Radioactive Metals	276
	8.18.1 Cesium	276
	8.18.2 Polonium	276
	8.18.3 Strontium	277
	8.18.4 Transuranic Metals	277

C H A P T E R

14

Risk Assessment

GUNNAR F. NORDBERG AND BRUCE A. FOWLER

1	Introduction	281
2	Exposure and Dose Assessment	282
2.1	Exposure and Dose Terminology	282
2.2	Exposure, Applied/Inhaled Dose, Daily Intake	282
2.3	Absorbed Dose, Internal Dose	283
2.4	Dose/Concentration in Critical Organ and Critical Target	283
2.5	Use of Biomarkers in Estimating Concentration in Critical Organ and Critical Target Dose	283
3	Hazard Identification	284
3.1	Speciation	284
3.2	Human Data	285
3.3	Data from Studies on Acute and Chronic Toxicity in Animals, Cells, and Molecular Systems <i>In Vitro</i>	285
3.3.1	IARC Group 2	286
3.3.2	IARC Group 2A: The Agent is Probably Carcinogenic to Humans	287
3.3.3	IARC Group 2B: The Agent is Possibly Carcinogenic to Humans	287
3.4	Classification According to the European Union	288
3.5	Classification According to the USEPA	288
3.6	Classification According to the American Conference of Governmental Industrial Hygienists, Inc.	288
4	Dose-Effect and Dose-Response Assessment	289
4.1	Concepts in Quantitative Toxicological Analysis	289
4.1.1	Dose Effect and Dose Response	289
4.1.2	Critical Concentration, Critical Organ, Critical Effect, and No-Observed-Effect Level	289
4.1.3	Benchmark Dose	290
4.1.4	The Critical Concentration on a Population Basis	292
4.2	Based on Short-Term and Long-Term Studies in Animals	293
4.2.1	Threshold-Type Critical Effects	293
4.2.2	Carcinogenesis and Other Nonthreshold Effects	294

4.3	Probabilistic Estimation of Dose-Response Relationships by Toxicokinetic (TK) and Toxicodynamic (TD) Modeling	295
4.3.1	Deterministic or Threshold-Type Effects	295
4.3.2	Stochastic or Nonthreshold Effects	296
4.4	Based on Epidemiological Studies	296
4.4.1	Sensitive Groups	296
4.4.2	Carcinogenic Effects	296
4.5	Simplified Approach as an Alternative to Risk Assessment	296
5	Risk Characterization	297
6	Risk Management and Risk Communication	297
6.1	Managing Human Exposures by Emission Control, Substitution, Labeling, or Restrictions in Use	297
6.2	Controlling Human Exposures by Guidelines and Legislated Permissible Exposure Levels	298
6.3	Risk Communication	300

CHAPTER

15

Diagnosis and Treatment of Metal Poisoning—General Aspects

GEORGE KAZANTZIS

1	Clinical Effects	304
1.1	General Considerations	304
1.2	Exposure Pattern and Clinical Effect	304
1.3	Acute Clinical Effects of Metals	305
1.3.1	Gastrointestinal Effects	305
1.3.2	Respiratory Effects	305
1.3.3	Cardiovascular Effects	305
1.3.4	Effects on the Central Nervous System	306
1.3.5	Renal Effects	306
1.3.6	Hemopoietic Effects	306
1.4	Chronic Clinical Effects of Metal Toxicity	306
1.4.1	Gastrointestinal Effects	306
1.4.2	Hepatic Effects	306
1.4.3	Respiratory Effects	306
1.4.4	Effects on the Nervous System	307
1.4.5	Renal Effects	307
1.4.6	Hemopoietic Effects	307
2	Diagnosis of Metal Poisoning	307
2.1	History of Exposure	308
2.2	Clinical Features	308
2.3	Toxicological Analysis	309

2.4	Biochemical Investigation	309
2.5	Physiological Investigation	309
3	Treatment	310
3.1	Prevention of Further Absorption	310
3.1.1	Removal from Exposure	310
3.1.2	Minimizing Absorption from the Gastrointestinal Tract	310
3.2	General Supportive Therapy	310
3.2.1	Maintenance of Respiration and Circulation	311
3.2.2	Maintenance of Water and Electrolyte Balance	311
3.2.3	Control of Nervous System Effects	311
3.3	Elimination of Absorbed Poison	311
3.3.1	Diuresis	311
3.3.2	Biliary Excretion	311
3.3.3	Dialysis	311
3.3.4	Exchange Transfusion	312
3.4	Inactivation of the Absorbed Poison	312
3.5	Chelation Therapy	312
3.5.1	Dimercaprol	312
3.5.2	Calcium Disodium Edetate (Calcium EDTA)	314
3.5.3	Penicillamine (Cuprimine)	315
3.5.4	Triethylene Tetramine (Trien, TETA)	315
3.5.5	Desferrioxamine (DFOA)	315
3.5.6	Deferiprone (L1)	316
3.5.7	Diethylenetriaminepentaacetic Acid (DTPA)	316
3.5.8	Diethyldithiocarbamate (DEDTC)	316
3.5.9	Combinations of Chelating Agents	316
3.6	Modification of Response	316
3.6.1	Modification of Tissue Response	316
3.6.2	Modification of Biochemical Status	317

C H A P T E R

16

Principles for Prevention of the Toxic Effects of Metals

PHILIP J. LANDRIGAN, DAVID KOTELCHUCK,
AND PHILIPPE GRANDJEAN

1	Introduction	319
2	General Principles for Prevention of the Toxic Effects of Metals	320
2.1	Hazard Identification	321
2.1.1	Lead	321
2.1.2	Methylmercury	321
2.1.3	Arsenic	321
2.2	Reduction of Exposure	322

3	Prevention of the Effects of Metal Toxicity in the Work Environment	322
3.1	General Considerations	322
3.2	Reduction of Exposure	322
3.2.1	Elimination of Unnecessary Uses and Substitution of Safer Materials	322
3.2.2	Reduced Use of Toxic Metals in Plant and Manufacturing Design	323
3.2.3	Other Technical Control Measures	323
3.2.4	Local Exhaust Ventilation	323
3.2.5	General Room Ventilation	323
3.2.6	Housekeeping	324
3.2.7	Influence of Personal Hygiene on Metal Absorption and Toxicity	324
3.2.8	Reduction of Worker Contact with Toxic Metals and Personal Protective Equipment	324
3.3	Monitoring of the Work Environment	325
3.3.1	Air Sampling Strategy in the Workplace	325
3.3.2	Sampling Technique	326
3.3.3	Analysis	326
3.3.4	Biological Monitoring	326
3.3.5	Health Examinations	327
3.4	Training	327
3.5	Authority	327
4	Prevention of the Effects of Metal Toxicity in the General Environment	328
4.1	General Considerations	328
4.2.	The Unique Vulnerability of Infants and Children to Poisoning by Metals	328
4.3	Reduction of Exposure	328
4.3.1	Elimination or Reduction of Use	328
4.3.2	Source Control	329
4.3.3	Routes of Environmental Contamination by Metals	329
4.4	Environmental Monitoring	330
4.5	Public Education	331
4.6	Regulatory Authority	331
5	Perspectives on Precaution and Prevention	331
5.1	Populations at Risk	331
5.2	Widening Implications of Subclinical Toxicity	332
5.3	Precautionary Approaches	332

C H A P T E R

17

Aluminum

BENGT SJÖGREN, ANDERS IREGREN, CARL-GUSTAF
ELINDER, AND ROBERT A. YOKEL

1	Physical and Chemical Properties	339
----------	---	------------

2	Methods and Problems of Analysis	339
3	Production and Use	340
4	Dietary, Environmental, and Occupational Exposure	341
5	Metabolism	341
5.1	Absorption	341
5.2	Distribution	342
5.3	Excretion	342
5.4	Biological Monitoring	342
6	Effects	343
6.1	Gastrointestinal Symptoms	343
6.2	Restrictive Pulmonary Disease	344
6.3	Obstructive Pulmonary Disease	345
6.4	Central Nervous System	346
6.4.1	Dialysis Encephalopathy	346
6.4.2	Other Medical Aluminum Exposures	346
6.4.3	Neurobehavioral Effects of Occupational Aluminum Exposure	347
6.4.4	Alzheimer's Disease	348
6.5	Bone	348
6.6	Hematopoietic Tissue	348
6.7	Skin	348
6.8	Allergic Effects	348
6.9	Coronary Heart Disease	349
6.10	Carcinogenic Effects	349
7	Other Aluminum Compounds	349
8	Recommendations	349

C H A P T E R

18

Antimony

CAROLYN A. TYLEND AND BRUCE A. FOWLER

1	Physical and Chemical Properties	353
2	Methods and Problems of Analysis	353
3	Production and Uses	354
3.1	Historical Background	354
3.2	Production	354
3.3	Uses	355
4	Environmental Levels and Exposures	355
4.1	General Environment	355
4.1.1	Food and Daily Intake	355
4.1.2	Air, Soil, and Water	355
4.1.3	Tobacco	356
4.2	Working Environment	356
5	Metabolism	356
5.1	Absorption	356
5.1.1	Inhalation	356
5.1.2	Ingestion	357

5.2	Distribution	357
5.2.1	Animals	357
5.2.2	Humans	357
5.3	Excretion	358
5.3.1	Animals	358
5.3.2	Humans	358
5.4	Biological Half-Life	358
5.4.1	Animals	358
5.4.2	Humans	359
6	Biological Monitoring	359
7	Effects and Dose-Response Relationships	360
7.1	Animals	360
7.1.1	Local Effects and Dose-Response Relationships	360
7.1.2	Systemic Effects and Dose-Response Relationships	360
7.2	Humans	361
7.2.1	Local Effects and Dose-Response Relationships	361
7.2.2	Systemic Effects and Dose-Response Relationships	362
7.2.3	Adverse Effects During Antimony Treatment	362
8	Carcinogenic and Genotoxic Effects	362

CHAPTER

19

Arsenic

BRUCE A. FOWLER, C.-H. SELENE J. CHOU,
ROBERT L. JONES, AND C.-J. CHEN

1	Physical and Chemical Properties	368
2	Methods and Problems of Analysis	368
3	Production and Uses	369
3.1	Production	369
3.2	Uses	369
4	Environmental Levels and Exposures	369
4.1	Food and Daily Intake	369
4.2	Water	370
4.3	Soil	371
4.4	Air	371
4.5	Tobacco	372
5	Metabolism	373
5.1	Absorption	373
5.1.1	Inhalation	373
5.1.2	Ingestion	373
5.1.3	Skin Absorption	373
5.2	Transport and Distribution	374
5.3	Biotransformation	374
5.4	Excretion	375

5.5	Biological Half-Time	376
5.6	Mechanisms of Arsenical Toxicity	376
5.6.1	Mechanisms of Arsenical Metabolism and Toxicity	376
5.6.2	Metabolism	376
5.6.3	Mechanisms of Arsenical Toxicity	377
6	Biological Monitoring	380
6.1	Organs	380
6.2	Urine	380
6.3	Blood	381
6.4	Hair	381
7	Effects	382
7.1	Lethality	382
7.2	Acute and Subacute Effects	383
7.3	Chronic Noncardiovascular Effects	383
7.3.1	Dermal Effects	383
7.3.2	Gastrointestinal Effects	383
7.3.3	Neural Effects	384
7.3.4	Hepatic Effects	384
7.3.5	Hematological Effects	384
7.3.6	Respiratory Effects	384
7.3.7	Metabolic Effects	384
7.3.8	Immunological Effects	385
7.3.9	Ophthalmic Effects	385
7.4	Chronic Cardiovascular Effects	385
7.4.1	Cardiac Effects	386
7.4.2	Peripheral Vascular Diseases	386
7.4.3	Ischemic Heart Diseases	386
7.4.4	Stroke	387
7.4.5	Carotid Atherosclerosis	387
7.4.6	Hypertension	387
7.4.7	Microcirculation Abnormality	387
7.5	Carcinogenic Effects	388
7.5.1	Skin Cancer	388
7.5.2	Lung Cancer	388
7.5.3	Urothelial Cancer	389
7.5.4	Liver Cancer	389
7.5.5	Other Internal Cancers	390
7.5.6	Lifetime Cancer Risk Induced by Arsenic	390
7.6	Experimental System Cancer Studies	391
7.6.1	Developmental and Reproductive Effects	391
7.6.2	Genotoxic Effects and Mutagenicity	392
7.7	Interaction Between Arsenic and Other Compounds	392
8	Dose-Effect and Dose-Response Relationship in Arsenic Poisoning	393
9	Diagnosis, Treatment, and Prognosis	395
9.1	Acute Poisoning	395
9.1.1	Inhalation Diagnosis	395
9.1.2	Ingestion Diagnosis	396

Contents	xix
9.2 Chronic Poisoning	396
9.2.1 Diagnosis	396
9.2.2 Treatment and Prognosis	396
10 Arsenic	397
10.1 Experimental Model Studies	397

C H A P T E R

20

Barium

AGNETA OSKARSSON AND ANDREW L. REEVES

1 Physical and Chemical Properties	407
2 Methods and Problems of Analysis	408
3 Production and Uses	408
3.1 Production	408
3.2 Uses	408
4 Environmental Levels and Exposures	408
4.1 General Environment	408
4.1.1 Soil, Water, and Air	408
4.1.2 Plants, Animals, and Dietary Intake	409
4.2 Working Environment	409
5 Kinetics	409
5.1 Absorption	409
5.1.1 Inhalation	409
5.1.2 Ingestion	409
5.1.3 Parenteral Administration	410
5.2 Transport and Distribution	410
5.3 Excretion	410
6 Biological Monitoring	410
7 Effects and Dose-Response Relationships	411
7.1 Humans	411
7.1.1 Acute Effects	411
7.1.2 Chronic Effects	411
7.2 Animals	412
7.2.1 Inhalation	412
7.2.2 Ingestion	412
8 Treatment	413

C H A P T E R

21

Beryllium

MAREK JAKUBOWSKI AND CEZARY PALCZYNSKI

1 Physical and Chemical Properties	416
2 Methods and Problems of Analysis	416

3	Production and Uses	416
3.1	Production	416
3.2	Uses	417
4	Environmental Levels and Exposures	417
4.1	General Environment	417
4.1.1	Soil, Water, and Air	417
4.1.2	Plants, Animals, and Dietary Intake	418
4.1.3	Estimates of Daily Exposure	418
4.2	Working Environment	418
5	Kinetics	419
5.1	Absorption	419
5.1.1	Dermal Exposure	419
5.1.2	Inhalation	419
5.1.3	Ingestion	420
5.2	Transport, Distribution, and Excretion	420
6	Levels in Tissues and Biological Fluids—Biological Monitoring	421
7	Effects and Dose-Response Relationships	421
7.1	Local Effects	422
7.1.1	Skin Contact	422
7.1.2	Inhalation	422
7.2	Systemic Effects	423
7.2.1	Acute Effects	423
7.2.2	Chronic Beryllium Disease (CBD, Chronic Pulmonary Granulomatosis, Berylliosis)	423
7.2.3	Other Chronic Systemic Effects	424
7.3	Carcinogenic Effects	425
7.3.1	Humans	425
7.3.2	Animals	426
7.4	Genotoxic Effects	426
7.5	Mechanisms of Toxic Action	427
7.6	Biomarkers of Effect	427
7.7	Biomarkers of Susceptibility	428
8	Diagnosis and Treatment	428
8.1	Treatment	428

C H A P T E R

22

Bismuth

BRUCE A. FOWLER AND MARY J. SEXTON

1	Physical and Chemical Properties	433
2	Methods and Problems of Analysis	433
3	Production and Uses	434
3.1	Production	434
3.2	Uses	434
4	Environmental Levels and Exposures	435
4.1	General Environment	435

4.1.1	Food	435
4.1.2	Ambient Air, Water, Soil, and Rocks	435
4.1.3	Pharmaceuticals and Cosmetics	435
4.2	Working Environment	435
5	Metabolism	435
5.1	Absorption	435
5.2	Distribution	435
5.3	Excretion	436
5.4	Biological Half-Times	436
6	Biological Monitoring	436
7	Effects and Dose-Response Relationships	437
7.1	Local Effects and Dose-Response Relationships	437
7.1.1	Animals	437
7.1.2	Humans	437
7.2	Systemic Effects and Dose-Response Relationships	438
7.2.1	Animals	438
7.2.2	Humans	440
7.3	Carcinogenicity, Teratogenicity, and Mutagenicity	441
8	Treatment of Bismuth Poisoning	441

CHAPTER

23

Cadmium

GUNNAR F. NORDBERG, KOJI NOGAWA, MONICA
NORDBERG, LARS T. FRIBERG

1	Physical and Chemical Properties	446
2	Methods and Problems of Analysis	446
3	Production and Uses	447
3.1	Production	447
3.2	Uses	447
4	Environmental Levels and Exposures	448
4.1	General Environment	448
4.1.1	Food and Daily Intake	448
4.1.2	Water and Soil	450
4.1.3	Ambient Air	451
4.1.4	Tobacco	451
4.2	Working Environment	451
5	Toxicokinetics	452
5.1	Absorption	452
5.1.1	Inhalation	452
5.1.2	Ingestion	453
5.2	Transport and Distribution	453
5.2.1	Systemic Transport	453

5.2.2	Distribution	455
5.3	Excretion	457
5.4	Biological Half-Life	457
5.5	Mathematical Models for Cd Accumulation in Renal Cortex and Other Tissues	458
6	Biological Monitoring	459
6.1	Biomarkers of Exposure	459
6.1.1	Cd in Blood	459
6.1.2	Cd in Urine	460
6.1.3	Cadmium in Placenta	460
6.1.4	Cd in Hair, Feces, and Other Biological Materials	461
6.1.5	Cd in Kidney and Liver, Measured <i>In Vivo</i> , Body Burden	461
6.2	Biomarkers of Effects	461
7	Effects and Dose-Response Relationship	463
7.1	Acute Poisoning	463
7.1.1	Inhalation	463
7.1.2	Ingestion	463
7.2	Chronic Poisoning	463
7.2.1	General Aspects	463
7.2.2	Pulmonary Disorders	463
7.2.3	Kidney Damage	464
7.2.4	Anemia	465
7.2.5	Blood Pressure	465
7.2.6	Liver Disturbances	466
7.2.7	Effects on Bone	466
7.2.8	Itai-Itai Disease	468
7.2.9	Cadmium and the Central and Peripheral Nervous System	469
7.2.10	Reproductive and Developmental Effects	470
7.3	Carcinogenic Effects	471
7.4	Genetic Effects	472
7.5	Interaction Between Cadmium and Other Metals	472
7.5.1	Cadmium-Zinc-Metallothionein, Iron, and Calcium	472
7.5.2	Interaction Between Arsenic and Cadmium	473
8	Dose-Response Relationships	473
8.1	Critical Concentration in the Kidney and Toxicokinetic Model	473
8.2	Direct Observations of Dose-Response and Risk Characterization	474
9	Life Prognosis	478
10	Diagnosis, Treatment, Prognosis, and Prevention	479
10.1	Acute Poisoning	479
10.1.1	Inhalation	479
10.1.2	Ingestion	479
10.2	Chronic Intoxication	479

10.2.1	Diagnosis	479
10.2.2	Treatment, Prognosis, and Prevention	479

C H A P T E R

24

Chromium

SVERRE LANGÅRD AND MAX COSTA

1	Physical and Chemical Properties	487
2	Methods of Chemical Analysis	488
3	Manufacture and Uses	488
3.1	Manufacture	488
3.2	Uses	489
4	Concentrations in the Environment	489
4.1	Occurrence in Natural Environments and Soil	489
4.2	Concentrations in Food	489
4.3	Water and Ambient Air	489
4.4	Tobacco	489
4.5	Daily Intake in Humans	489
5	Work-Related Exposure	490
6	Uptake and Metabolism	490
6.1	Dietary Intake	490
6.2	Inhalation	491
6.3	Distribution	491
6.4	Excretion and Biological Half-Life	491
6.5	Concentrations in Biological Fluids and Tissues	492
7	Dose and Outcome Effects	492
7.1	Local Effects	493
7.1.1	Animals	493
7.1.2	Humans	493
7.2	Systemic Effects and Dose-Effect and Dose-Response	494
7.2.1	Animals	494
7.2.2	Humans	495
7.3	Carcinogenic, Mutagenic, and Teratogenic Effects	495
7.3.1	Animals	495
7.3.2	Humans	496
7.3.3	Interaction with Other Carcinogenic Factors	505
7.3.4	Mutagenic and Genotoxic Effects	505
7.3.5	Teratogenic Effects	505
8	Biological Monitoring	506
8.1	Biomarkers of Exposure	506
8.2	Biomarkers of Effects	506
9	Cellular Mechanism of Toxicity and Carcinogenicity	506

9.1	Molecular Toxicology of Cr	506
10	Diagnosis, Treatment, Prognosis, and Prevention	507

C H A P T E R

25

Cobalt

DOMINIQUE LISON

1	Physical and Chemical Properties	511
2	Analytical Methods	512
3	Production and Uses	513
3.1	Production	513
3.2	Uses	513
4	Environmental Levels and Exposures	513
4.1	General Environment	513
4.1.1	Food and Daily Intake	513
4.1.2	Soil, Ambient Air, and Water	513
4.2	Occupational Environment	514
5	Metabolism	514
5.1	Absorption	514
5.1.1	Animal Studies	514
5.1.2	Humans	515
5.2	Distribution	516
5.2.1	Animal Studies	516
5.2.2	Humans	516
5.3	Excretion	516
5.3.1	Animal Studies	516
5.3.2	Humans	516
6	Biological Monitoring	516
7	Effects and Dose-Response Relationships	517
7.1	Local Effects	517
7.2	Respiratory Effects	518
7.2.1	Upper Respiratory Tract	518
7.2.2	Bronchial Tree	518
7.2.3	Lung Parenchyma	519
7.3	Other Systemic Effects	521
7.3.1	Blood	521
7.3.2	Myocardium	521
7.3.3	Thyroid Gland	522
7.4	Mutagenic Effects	522
7.4.1	Experimental Data	522
7.4.2	Human Data	523
7.5	Carcinogenic Effects	523
7.5.1	Animal Data	524
7.5.2	Human Data	524
7.6	Reprotoxicity	525
7.6.1	Effects on Reproductive Organs and Fertility	525
7.6.2	Developmental Effects	525

 C H A P T E R

26

Copper

DAG G. ELLINGSEN, NINA HORN, AND JAN AASETH

1	Physical and Chemical Properties	529
2	Methods and Problems of Analysis	530
3	Production and Uses	530
3.1	Production	530
3.2	Uses	530
4	Environmental Levels and Exposures	530
4.1	Food and Daily Intake	530
4.2	Water, Soil, and Ambient Air	531
4.3	Working Environment	531
5	Metabolism	531
5.1	Absorption	532
5.1.1	Inhalation	532
5.1.2	Ingestion	532
5.2	Distribution	532
5.2.1	Interorgan and Intracellular Distribution	532
5.2.2	Molecular Genetics of Intracellular Transport	532
5.2.3	Uptake into the Brain	534
5.3	Genetic Disorders with a Disturbed Copper Metabolism	534
5.4	Excretion	534
5.5	Biological Half-Time	535
6	Levels in Tissues and Biological Fluids	536
6.1	Biological Monitoring	536
6.2	Biomarkers of Exposure	537
7	Effects and Dose-Response Relationships	537
7.1	Local Effects and Dose-Response Relationships	538
7.1.1	Animals	538
7.1.2	Humans	538
7.2	Systemic Effects and Dose-Response Relationships	539
7.2.1	Laboratory and Domestic Animals	539
7.2.2	Humans	540
7.3	Mutagenic, Carcinogenic, and Teratogenic Effects	541
7.4	Biological Interactions	541
8	Preventive Measures and Treatment	542

 C H A P T E R

27

Gallium and Semiconductor Compounds

BRUCE A. FOWLER AND MARY J. SEXTON

1	Physical and Chemical Properties	547
----------	---	-----

2	Methods and Problems of Analysis	547
3	Production and Uses	547
3.1	Uses	547
4	Environmental Levels and Exposures	548
4.1	Food and Daily Intake	548
4.2	Water, Sediments, Soil, and Ambient Air	548
5	Metabolism	549
5.1	Absorption	549
5.1.1	Inhalation	549
5.1.2	Ingestion	549
5.2	Distribution	549
5.3	Excretion	549
5.4	Biological Half-Time	549
6	Levels in Biological Fluids	549
7	Effects and Dose-Response Relationships	549
7.1	Animal Studies	549
7.2	Human Studies	551
7.2.1	Toxicity	551
7.2.2	Therapeutic	552

C H A P T E R

28

Germanium

OBAID M. FAROON, L. SAMUEL KEITH, HUGH HANSEN,
AND BRUCE A. FOWLER

1	Physical and Chemical Properties	557
2	Methods and Problems of Analysis	558
3	Production and Uses	559
3.1	Production	559
3.2	Uses	559
4	Environmental Levels and Exposures	559
4.1	Food and Daily Intake	559
4.1.1	Water, Soil, and Ambient Air	560
4.1.2	Plants, Fishery Products, and Microbial Organisms	560
4.2	Working Environment	560
5	Toxicokinetics	560
5.1	Absorption	560
5.1.1	Inhalation	560
5.1.2	Ingestion	560
5.2	Distribution	561
5.3	Excretion	561
5.4	Biological Half-Time	561
6	Levels in Tissues and Biological Fluids—Biological Monitoring	561
7	Effects and Dose-Response Relationships	562
7.1	Inorganic Compounds	562
7.1.1	Local Effects and Dose-Response Relationships	562
7.1.2	Systemic Effects and Dose-Response Relationships	562
7.1.3	Humans	564

7.2	Organometallic Compounds	565
7.3	Carcinogenicity, Mutagenicity, and Teratogenicity	565
8	Treatment Trials	565

C H A P T E R

29

Indium

BRUCE A. FOWLER

1	Physical and Chemical Properties	569
2	Methods and Problems of Analysis	569
3	Production and Uses	570
3.1	Production	570
3.2	Uses	570
4	Environmental Levels and Exposures	571
4.1	Food and Daily Intake	571
4.2	Water, Soil, and Ambient Air	571
5	Metabolism	571
5.1	Absorption	571
5.1.1	Inhalation	571
5.1.2	Ingestion	571
5.2	Distribution	572
5.3	Excretion	572
5.4	Biological Half-Time	573
6	Levels in Tissues and Biological Fluids	573
7	Effects and Dose-Response Relationships	573
7.1	Local Effects and Dose-Response Relationships	573
7.1.1	Animals	573
7.1.2	Humans	573
7.2	Systemic Effects and Dose-Response Relationships	573
7.2.1	Animals	573
7.2.2	Humans	574
7.3	Carcinogenicity, Mutagenicity, and Teratogenicity	574
7.4	Interactions with Ferric Dextran, Thorium Dioxide Sol, and Gelatin	575

C H A P T E R

30

Iron

PREM PONKA, MILTON TENENBEIN, AND JOHN W. EATON

1	Physical and Chemical Properties	577
2	Methods and Problems of Analysis	578
3	Production and Uses	578
4	Environmental Levels and Exposures	578

5	Biological Function and Metabolism	579
5.1	Overview of Iron Metabolism	579
5.2	Cellular Iron Acquisition from Transferrin	579
5.3	Iron Export from Cells to Transferrin	582
5.4	Recycling of Hemoglobin Iron	582
5.5	Iron Absorption	582
5.6	Control of Cellular Iron Homeostasis	585
6	Pathophysiology of Iron Metabolism	585
6.1	Diseases of Iron Deficiency	585
6.2	Diseases of Iron Overload	586
6.3	Mechanisms of Tissue Damage in Iron Overload	587
6.3.1	Compensatory Responses to Oxidation/Iron Overload May Limit Early Damage	588
6.3.2	Iron-Driven Cellular Damage Involves Oxidative Reactions	588
6.3.3	Polyunsaturated Fatty Acids	589
6.3.4	DNA	589
6.3.5	Proteins	589
6.3.6	Iron-Mediated Damage to Mitochondria	589
6.3.7	Iron-Mediated Destabilization of Lysosomal Membranes	590
7	"Carcinogenic" Effects	591
7.1	Role of Iron in DNA Synthesis and Cell Proliferation	591
7.2	Evidence That Iron Promotes Carcinogenesis in Humans Is Lacking	591
8	Iron Poisoning	592
8.1	Introduction	592
8.2	Iron Preparations	592
8.3	Pathophysiology	592
8.4	Clinical Presentation	592
8.4.1	Gastrointestinal Toxicity	593
8.4.2	Relative Stability	593
8.4.3	Circulatory Shock and Metabolic Acidosis	593
8.4.4	Hepatotoxicity	593
8.4.5	Gastrointestinal Scarring	593
8.5	Iron Overdose During Pregnancy	593
8.6	Laboratory Evaluation	593
8.7	Treatment	594
8.8	Prevention	594
9	Conclusions	594

C H A P T E R

31

Lead

STAFFAN SKERFVING AND INGVAR A. BERGDAHL

1	Background	599
2	Inorganic Lead	600

2.1	Physical and Chemical Properties	600
2.2	Methods and Problems of Analysis	600
2.2.1	Blood Analysis	600
2.2.2	Air, Water, Soil, and Sediments	601
2.2.3	Specialized Techniques	601
2.3	Production and Uses	602
2.4	Exposure	602
2.4.1	General Environment	602
2.4.2	Occupational Environments	606
2.5	Toxicokinetics	606
2.5.1	Absorption	606
2.5.2	Distribution	608
2.5.3	Biotransformation	610
2.5.4	Elimination	610
2.5.5	Biokinetics	611
2.5.6	Gene–Environment Interaction	612
2.6	Biological Monitoring	613
2.6.1	Biomarkers of Exposure	613
2.6.2	Biomarkers of Effects	616
2.6.3	Summary	618
2.7	Organ Effects	619
2.7.1	Nervous System	619
2.7.2	Blood and Blood-Forming Organs	621
2.7.3	Kidneys	622
2.7.4	Cardiovascular System	623
2.7.5	Endocrine System	624
2.7.6	Gastrointestinal Tract	625
2.7.7	Other Organs	625
2.8	Immunotoxicology	625
2.9	Mutagenicity	625
2.10	Cancer	626
2.11	Reproduction	626
2.11.1	Females and Offspring	626
2.11.2	Males	629
2.12	Overall Assessment of Risk	629
2.12.1	The Data Sets—Strengths and Limitations	629
2.12.2	Effects and Their Relation to Exposure	630
2.13	Exposure Standards and Classifications	630
2.13.1	Occupational Exposure Limits (OELs)	630
2.13.2	Other Assessments	631
2.14	Diagnosis, Treatment, and Prognosis of Poisoning and Medical Surveillance	631
2.14.1	Diagnosis	631
2.14.2	Treatment	632
2.14.3	Prognosis	632
2.14.4	Medical Surveillance	633
3	Organic Lead	633
3.1	Physical and Chemical Properties	633
3.2	Methods and Problems of Analysis	633
3.3	Production and Uses	633
3.4	Exposure	633

3.5	Toxicokinetics	634
3.6	Biological Monitoring	634
3.6.1	Biomarkers of Exposure	634
3.6.2	Biomarkers of Effects	634
3.7	Organ Effects	635
3.7.1	Nervous System	635
3.7.2	Other	635
3.8	Diagnosis, Treatment, and Prognosis	635

C H A P T E R

32

Manganese

MARKO ŠARIĆ AND ROBERTO LUCCHINI

1	Physical and Chemical Properties	646
2	Methods and Problems of Analysis	646
3	Occurrence, Production, and Uses	647
3.1	Occurrence and Production	647
3.2	Uses	647
4	Levels and Fate in the Environment and Exposure	648
4.1	General Environment	648
4.1.1	Ambient Air	648
4.1.2	Water	649
4.1.3	Soil	650
4.2	Food	650
4.3	Working Environment	651
5	Toxicokinetics	651
5.1	Absorption	651
5.1.1	Inhalation	651
5.1.2	Ingestion	652
5.1.3	Dermal Exposure	653
5.2	Distribution	653
5.3	Metabolism	655
5.4	Excretion	656
6	Health Effects	657
6.1	Manganese Deficiency	657
6.2	Acute Effects	657
6.3	Adverse Effects of Prolonged Exposure	658
6.3.1	Neurotoxic Effect	658
6.4	Effect on the Lungs	663
6.4.1	Mode of Action	663
6.4.2	Human Studies of Lung Impairment	663
6.5	Effects on Other Organs and Systems	664
6.5.1	Reproductive Effects	664
6.5.2	Cardiovascular Effects	665
6.5.3	Hematological Effects	665
6.5.4	Endocrine Effects	665
6.5.5	Immunological Effects	665
6.5.6	Genotoxic and Carcinogenic Effects	666

7	Guidelines/Regulations	666
8	Manganese Concentrations in Biological Media and Biomarkers of Exposure and Effects	667

C H A P T E R

33

Mercury

MATHS BERLIN, RUDOLFS K. ZALUPS,
AND BRUCE A. FOWLER

1	Introduction	676
2	Physical and Chemical Properties	677
3	Methods and Problems of Analysis	677
4	Production and Uses	679
	4.1 Production	679
	4.2 Uses	680
5	Environmental Levels and Exposures	680
	5.1 General Environment	680
	5.1.1 Food and Daily Intake	680
	5.1.2 Water	682
	5.1.3 Ambient Air	682
	5.1.4 Soils and Sediments	682
	5.2 Working Environment	683
6	Metabolism and Toxic Effects of Elemental Mercury and Inorganic Mercury Compounds	683
	6.1 Elemental Mercury	684
	6.1.1 Metabolism	684
	6.1.2 Symptoms and Signs in Poisoning Caused by Exposure to Mercury Vapor	686
	6.1.3 Indicators of Exposure and Concentration in the Critical Organ	689
	6.1.4 Dose-Response Relationships	689
	6.2 Mercuric Mercury	693
	6.2.1 Metabolism	693
	6.2.2 Symptoms and Signs in Poisoning Caused by Mercuric Salts	698
	6.2.3 Indicators of Exposure and Concentration in the Critical Organ	701
	6.2.4 Dose-Effect and Dose-Response Relationships on Exposure to Mercuric Salts	701
	6.2.5 Factors Interacting with the Toxicity of Mercuric Mercury	702
7	Metabolism and Toxic Effects of Organic Mercury Compounds	703
	7.1 Organic Compounds Relatively Stable in the Mammalian Body	703

7.1.1	Metabolism Absorption—Inhalation	703
7.1.2	Toxic Effects and Mechanisms	709
7.1.3	Symptoms and Signs in Poisoning Caused by Exposure to Alkylmercury	712
7.1.4	Indicators of Exposure and Concentration in the Critical Organ	713
7.1.5	Dose-Response Relationships	713
8	Prevention, Prognosis, and Treatment	717
8.1	Mercury Vapor	718
8.2	Inorganic Mercuric Mercury	718
8.3	Short-Chain Alkylmercury	718
8.4	Phenylmercury Compounds or Methoxyethylmercury Compounds	718
8.5	Long-Term Therapy in Chronic Exposed Cases	718

C H A P T E R

34

Molybdenum

JUDITH R. TURNLUND AND LARS T. FRIBERG

1	Physical and Chemical Properties	731
2	Methods and Problems of Analysis	732
3	Production and Uses	732
3.1	Production	732
3.2	Uses	732
4	Environmental Levels and Exposure	732
4.1	Food and Daily Intake	732
4.2	Water, Soil, and Ambient Air	733
5	Metabolism	733
5.1	Absorption	733
5.1.1	Inhalation	733
5.1.2	Ingestion	733
5.2	Distribution	733
5.3	Excretion	734
5.4	Biological Half-Life	734
5.5	Molybdenum Deficiency	734
5.6	Dietary Requirements and Recommendations	735
6	Biological Monitoring	736
6.1	Biomarkers of Exposure	736
6.2	Biomarkers of Effects	736
7	Effects and Dose-Response Relationships	736
7.1	Local Effects and Dose-Response Relationships	736
7.1.1	Animals	736
7.1.2	Humans	736
7.2	Systemic Effects and Dose-Response Relationships	737
7.2.1	Laboratory Animals	737

7.2.2	Livestock	737
7.2.3	Humans	737
7.3	Interaction with Copper and Sulfur	738

CHAPTER

35

Nickel

CATHERINE KLEIN AND MAX COSTA

1	Physical and Chemical Properties	743
2	Methods and Problems of Analysis	743
3	Production and Uses	744
3.1	Production	744
3.2	Uses	744
4	Environmental Exposures	744
4.1	General Environment	744
4.1.1	Air, Soil, and Water	744
4.1.2	Food Intake	745
4.1.3	Skin Absorption	745
4.1.4	Tobacco	745
4.2	Working Environment	746
5	Metabolism	746
5.1	Essentiality	746
5.2	Absorption	747
5.3	Transport	747
5.4	Excretion	747
5.5	Biological Half-Time	748
6	Biological Monitoring	748
6.1	Levels in Human Tissues and Fluids	748
6.2	Biomarkers of Exposure	748
7	Toxicological Effects	749
7.1	General Systemic Effects in Animals and Humans	749
7.2	Inhalation Effects in Animals and Humans	749
7.3	Skin Effects in Animals and Humans	749
7.4	Injection Site Effects in Animals	750
7.5	Teratogenicity	750
8	Genotoxicity and Carcinogenicity	751
8.1	Genotoxicity and Mutagenicity	751
8.2	Carcinogenicity in Animals and Humans	752
8.2.1	Animals	752
8.2.2	Humans	752
9	Effects on Gene Expression and Signaling Pathways	753
10	Epigenetic Effects	754
10.1	Effects on DNA Methylation and Epigenetic Silencing	754
10.2	Effects on Histone Acetylation	755
11	Treatment of Nickel Carbonyl Poisoning	755

C H A P T E R

36

Palladium

HIROSHI SATOH

1	Physical and Chemical Properties	759
2	Methods and Problems of Analysis	760
3	Production and Uses	760
	3.1. Production	760
	3.2. Uses	760
4	Environmental Levels and Exposures	761
	4.1. Water, Soil, and Ambient Air	761
	4.2. Food and Daily Intake	762
	4.3. Working Environment	762
	4.4. Iatrogenic Exposure	762
5	Metabolism	763
	5.1. Absorption	763
	5.2. Distribution	763
	5.3. Excretion	763
6	Levels in Tissues and Biological Fluids	763
7	Effects and Dose-Response Relationships	764
	7.1. Animals	764
	7.1.1. Single Exposure	764
	7.1.2. Repeated Exposure	764
	7.1.3. Chronic Exposure	764
	7.1.4. Irritation and Sensitization	764
	7.1.5. DNA Interactions and Mutagenicity	764
	7.1.6. Carcinogenicity	765
	7.2. Humans	765
	7.2.1. General Population Exposure	765
	7.2.2. Iatrogenic Exposure	765
	7.2.3. Occupational Exposure	765
	7.2.4. Carcinogenicity and Other Effects	766
	7.3. Dose-Response Relationships	766
8	Diagnosis, Treatment, Prognosis, and Prevention	766

C H A P T E R

37

Platinum

MIRJA KIILUNEN AND ANTERO AITIO

1	Physical and Chemical Properties	769
2	Methods and Problems of Analysis	770
3	Production and Uses	770
	3.1. Production	770
	3.2. Uses	771
4	Environmental Levels and Exposure	771

4.1	General Environment	771
4.2	Working Environment	771
4.3	Food	771
5	Kinetics and Metabolism	774
5.1	Absorption, Distribution, and Excretion	774
5.2	Reference Values in Tissues and Biological Fluids	774
5.3	Biological Monitoring	775
6	Effects in Animals and Humans and Dose-Response Relationships	775
6.1	Acute Toxicity	775
6.2	Sensitization	777
6.3	Carcinogenicity, Mutagenicity, and Reproductive Effects	779
7	Risk Assessment	779

C H A P T E R

38

Selenium

JOHAN HÖGBERG AND JAN ALEXANDER

1	Physical and Chemical Properties	784
2	Methods and Problems of Analysis	784
3	Production and Uses	785
3.1	Production	785
3.2	Uses	785
4	Environmental Levels and Exposure	785
4.1	General Environment	785
4.1.1	Food and Daily Intake	785
4.1.2	Ambient Air	785
4.1.3	Water	786
4.1.4	Rocks and Soil	786
4.1.5	Plants	786
4.1.6	Tobacco	786
4.2	Work Environment	786
5	Biological Function and Metabolism	787
5.1	Biological Functions	787
5.2	Selenium Deficiency and Diseases Related to Selenium Status	787
5.2.1	Animals	787
5.2.2	Selenium and Cardiovascular Diseases	787
5.2.3	Selenium and Cancer	787
5.2.4	Infectious Diseases	788
5.2.5	Other Diseases	789
5.3	Kinetics	789
5.3.1	Absorption	789
5.3.2	Distribution	789
5.3.3	Biotransformation	790
5.3.4	Excretion	791
5.3.5	Biological Half-Time	791

6	Biological Monitoring	791
6.1	Levels in Tissues and Biological Fluids	791
6.2	Biomarkers of Exposure	792
6.3	Biomarkers of Effect	792
7	Effects and Dose-Response Relationships	792
7.1	Acute Toxicity	792
7.1.1	Laboratory Animals	792
7.1.2	Humans	793
7.2	Chronic Toxicity	794
7.2.1	Laboratory Animals	794
7.2.2	Domestic Animals	795
7.2.3	Humans	795
7.3	Other Diseases Related to Selenium Overexposure	799
7.4	Mutagenic Effects	799
7.5	Carcinogenic Effects	799
7.5.1	Animals	799
7.5.2	Humans	800
7.6	Reproductive and Developmental Effects	800
7.7	Interactions with Metals	800
7.7.1	Arsenic	801
7.7.2	Bismuth	801
7.7.3	Cadmium	801
7.7.4	Cobalt	801
7.7.5	Copper	801
7.7.6	Lead	801
7.7.7	Mercury	802
7.7.8	Platinum	803
7.7.9	Silver	803
7.7.10	Tellurium	803
7.7.11	Thallium	803
8	Prevention, Diagnosis, Prognosis, and Treatment	803

C H A P T E R

39

Silver

JAMES S. HOLLER, GUNNAR F. NORDBERG,
AND BRUCE A. FOWLER

1	Physical and Chemical Properties	809
2	Methods and Problems of Analysis	809
3	Production and Uses	809
3.1	Production	809
3.2	Uses	810
4	Environmental Levels and Exposures	810
4.1	General Environment	810
4.1.1	Food and Daily Intake	810
4.1.2	Water, Soil, and Ambient Air	810
4.1.3	Tobacco	810

5	Metabolism	810
5.1	Absorption	810
5.1.1	Inhalation	810
5.1.2	Ingestion	811
5.2	Distribution	811
5.3	Excretion	811
5.4	Biological Half-Time	811
6	Levels in Tissues and Biological Fluids—Reference Values	811
7	Effects and Dose-Response Relationships	812
7.1	Local Effects and Dose-Response Relationships	812
7.2	Systemic Effects and Dose-Response Relationships	812
7.2.1	Animals	812
7.2.2	Humans	812
7.3	Interactions with Selenium, Copper, and Vitamin E	813
8	Treatment	813

CHAPTER

40

Tellurium

LARS GERHARDSSON

1	Physical and Chemical Properties	816
2	Methods and Problems of Analysis	816
3	Production and Uses	816
3.1	Production	816
3.2	Uses	816
4	Environmental Levels and Exposures	817
4.1	General Environment	817
4.1.1	Food and Daily Intake	817
4.1.2	Water, Soil, and Ambient Air	817
4.1.3	Plants	817
4.2	Working Environment	817
5	Metabolism	817
5.1	Absorption	817
5.1.1	Inhalation	817
5.1.2	Ingestion	817
5.1.3	Skin Absorption	818
5.2	Distribution	818
5.3	Excretion	818
5.4	Biological Half-Time	818
6	Biological Monitoring	818
6.1	Levels in Tissues and Biological Fluids	818
6.2	Biomarkers of Exposure	818
6.3	Biomarkers of Effects	819
7	Effects and Dose-Response Relationships	819

7.1	Local Effects and Dose-Response Relationships	819
7.1.1	Animals	819
7.1.2	Humans	819
7.2	Systemic Effects and Dose-Response Relationships	819
7.2.1	Animals	819
7.2.2	Humans	822
7.2.3	Summary of Systemic Effects	822
8	Carcinogenicity and Mutagenicity	823
9	Diagnosis, Prevention, and Treatment of Tellurium Poisoning	823
10	Standards—Threshold Limit Values	823

C H A P T E R

41

Thallium

GEORGE KAZANTZIS

1	Physical and Chemical Properties	827
2	Methods and Problems of Analysis	828
3	Production and Uses	828
4	Environmental Levels and Exposure	828
4.1	General Environment	828
4.2	Working Environment	829
5	Metabolism	829
5.1	Absorption	829
5.2	Distribution	829
5.3	Excretion	830
5.4	Biological Half-Time	830
6	Biological Monitoring	831
7	Effects and Dose-Response Relationships	831
7.1	Laboratory Animals	831
7.2	Domestic and Wild Animals	832
7.3	Humans	832
7.4	Interaction with Potassium and Other Effects	833
8	Diagnosis, Treatment, and Preventive Measures	834
9	Prognosis	835

C H A P T E R

42

Tin

ELENA A. OSTRAKHOVITCH AND
M. GEORGE CHERIAN

1	Physical and Chemical Properties	839
2	Methods of Analysis	840

Contents	xxix
3 Production and Uses	841
3.1 Production	841
3.2 Uses	841
4 Environmental Levels and Exposures	842
4.1 General Environment	842
4.1.1 Food and Daily Intake	842
4.1.2 Water, Soil, and Air	843
4.2 Working Environment	844
5 Metabolism	844
5.1 Inorganic Tin	844
5.1.1 Absorption	844
5.1.2 Distribution	845
5.1.3 Excretion	846
5.1.4 Biological Half-Life	846
5.1.5 Biotransformation	846
5.2 Organotin Compounds	846
5.2.1 Absorption	846
5.2.2 Distribution	847
5.2.3 Excretion	847
5.2.4 Biological Half-Life	848
5.2.5 Biotransformation	848
6 Levels in Tissue and Biological Fluids	848
7 Effects and Dose-Response Relationships	849
7.1 Inorganic Tin	849
7.1.1 Local Effects and Dose-Response Relationships	849
7.1.2 Systemic Effects and Dose-Response Relationships	850
7.2 Organotin	851
7.2.1 Local Effects and Dose-Response Relationships	851
7.2.2 Systemic Effects and Dose-Response Relationships	852
7.3 Mechanism of Action	854

C H A P T E R

43

Titanium

TAIYI JIN AND MATHS BERLIN

1 Physical and Chemical Properties	861
2 Methods and Problems of Analysis	862
3 Production and Uses	862
3.1 Production	862
3.2 Uses	862
4 Environmental Levels and Exposures	863
4.1 General Environment	863
4.1.1 Food and Daily Intake	863

	4.1.2 Water, Soil, and Ambient Air	863
	4.2 Working Environment	863
5	Metabolism	864
	5.1 Absorption	864
	5.2 Distribution	864
	5.3 Biological Half-Time	864
	5.4 Excretion	865
6	Levels in Tissues and Biological Fluids	865
7	Effects and Dose-Response Relationships	865
	7.1 Local Effects and Dose-Response Relationships	865
	7.1.1 Animals	865
	7.1.2 Humans	866
	7.2 Systemic Effects and Dose-Response Relationships	867
	7.2.1 Animals	867
	7.2.2 Humans	867
	7.3 Mutagenicity, Carcinogenicity, Teratogenicity, and Effects on Reproduction	867
	7.3.1 Animals	867
	7.3.2 Human	868

C H A P T E R

44

Tungsten

GEORGE KAZANTZIS AND PER LEFFLER

1	Physical and Chemical Properties	871
2	Methods and Problems of Analysis	871
3	Production and Uses	872
	3.1 Production	872
	3.2 Uses	872
4	Environmental Levels and Exposures	872
	4.1 General Environment	872
	4.2 Working Environment	873
5	Metabolism	873
	5.1 Absorption	873
	5.2 Distribution	873
	5.3 Excretion	874
	5.4 Biological Half-Time	874
6	Biological Monitoring	874
7	Effects and Dose-Response Relationships	875
	7.1 Local Effects and Dose-Response Relationships	875
	7.1.1 Animals	875
	7.1.2 Humans	875
	7.2 Systemic Effects and Dose-Response Relationships	876
	7.2.1 Animals	876

7.2.2 Humans	877
7.3 Interaction with Molybdenum	877

CHAPTER

45

Uranium

L. SAMUEL KEITH, OBAID M. FAROON, AND BRUCE A. FOWLER

1 Physical, Chemical, and Radiological Properties	882
2 Analytical Methods	883
3 Production and Uses	885
3.1 Production	885
3.2 Uses	886
4 Environmental Levels and Exposures	886
4.1 Environmental Levels and Human Exposure	886
4.1.1 Food and Daily Intake	886
4.1.2 Water	886
4.1.3 Soil and Rock	888
4.1.4 Air	888
4.1.5 Other	889
4.2 Working Environment	889
4.3 Remediation	889
5 Toxicokinetics	889
5.1 Absorption	890
5.1.1 Inhalation	890
5.1.2 Ingestion	890
5.1.3 Dermal Exposure	891
5.2 Metabolism and Distribution	891
5.3 Elimination and Excretion	892
6 Mechanisms of Action	892
6.1 Chemical versus Radiological	893
6.2 Route of Exposure	893
6.3 Hepatic Mechanisms	893
6.4 Immunological Mechanisms	894
6.5 Pulmonary Mechanisms	894
6.6 Renal Mechanisms	894
6.7 Skeletal Mechanism	895
6.8 Summary on Mechanisms	895
7 Effects and Dose-Response Relationships	895
7.1 Organ and Tissue Effects	896
7.1.1 Cancer	896
7.1.2 Dermal Effects	896
7.1.3 Developmental Effects	896
7.1.4 Hepatic Effects	896
7.1.5 Neurological Effects	897
7.1.6 Pulmonary Effects	897
7.1.7 Renal Effects	897
7.1.8 Reproductive Effects	899

7.2	Health Guidance Values	899
8	Biomarkers	899
8.1	Biomarkers Used to Assess Exposure	899
8.2	Biomarkers Used to Characterize Effect	900
9	Treatment Methods for Reducing Toxic Effects	900

C H A P T E R

46

Vanadium

BIRGITTA J-SON LAGERKVIST AND
AGNETA OSKARSSON

1	Physical and Chemical Properties	906
2	Methods and Problems of Analysis	906
3	Production and Uses	907
3.1	Production	907
3.2	Uses	907
4	Environmental Levels and Exposures	907
4.1	General Environment	907
4.1.1	Food	907
4.1.2	Air	907
4.1.3	Mosses	908
4.1.4	Water	908
4.1.5	Soil	908
4.1.6	Coal and Oil	909
4.2	Work Environment	909
5	Toxicokinetics	909
5.1	Absorption	909
5.1.1	Inhalation	909
5.1.2	Ingestion	910
5.1.3	Skin	910
5.2	Distribution	910
5.2.1	Animal Studies	910
5.2.2	Human Studies	911
5.3	Elimination and Biological Half-Time	911
5.3.1	Animal Studies	911
5.3.2	Human Studies	911
6	Biological Monitoring	912
7	Effects and Dose-Response Relationships	913
7.1	Local Effects and Dose-Response Relationships	913
7.1.1	Human Studies	913
7.2	Systemic Effects and Dose-Response Relationships	915
7.2.1	Animals	915
7.2.2	Humans	918
8	Treatment of Vanadium Poisoning	919

C H A P T E R

47

Zinc

HAROLD H. SANDSTEAD AND WILLIAM AU

1	Identity and Physical/Chemical Properties	925
2	Analytical Methods	926
3	Sources of Human and Environmental Exposure	926
3.1	Uses	926
3.2	General Environment	926
3.2.1	Atmosphere	927
3.2.2	Water	927
3.2.3	Soil	927
4	Environmental Transport, Distribution, and Transformation	927
4.1	Air	927
4.2	Water and Sediment	927
4.3	Soil	927
4.4	Biotransformation	928
5	Environmental Levels and Human Exposure	928
5.1	Air	928
5.2	Water	928
5.3	Soil	928
5.4.1	Plants	930
5.4.2	Flesh Foods	930
5.4.3	Dairy Products	930
5.4.4	Nutritional Supplements	930
5.5	Work Environment	930
5.5.1	Inhalation	930
6	Biological Monitoring	930
6.1	Direct Indicators of Zn Status	930
6.1.1	History	930
6.1.2	Plasma/Serum Zinc	930
6.1.3	White Blood Cell Zinc	931
6.1.4	Hair Zn	931
6.1.5	Urine Zinc	931
6.2	Indirect Physiological Indicators of Zn Status	931
6.2.1	Alkaline Phosphatase	931
6.2.2	Ecto 5'-Nucleotidase	931
6.2.3	Immunity	931
6.2.4	Neuropsychological Functions	932
6.2.5	Dark Adaptation	933
6.2.6	Taste Acuity	933
6.2.7	Growth and Body Composition	933
6.2.8	Physical Examination	933
7	Effects on Laboratory Mammals	934
7.1	Essentiality	934
7.2	Deficiency	934
7.3	Single Toxic Exposure of Animals	935
7.4	Short-Term Exposure of Animals	935

7.5	Long-Term Exposure and Carcinogenicity	935
7.6	Reproductive Toxicity	935
8	Effects on Humans	936
8.1	Absorption	936
8.2	Excretion	936
8.3	Biological Half-Life	936
8.4	Zinc Content of Tissues and Blood	936
8.5	Essentiality and Requirements	937
	8.5.1 Bioavailability	937
	8.5.2 Methods for Determining Requirements	937
8.6	Deficiency	939
	8.6.1 Dietary (Primary) Deficiency	939
	8.6.2 Conditioned (Secondary) Deficiency	939
8.7	Toxicity	940

8.7.1	Dietary and Supplement Intakes	940
8.7.2	Reference Dose (RfD)	941
8.7.3	Poisoning from Ingestion of Zinc-Contaminated Food, Drink, and Other Substances	941
8.7.4	Poisoning from Inhalation	941
9	Effects Evaluation	942
9.1	Homeostatic Model	942
9.2	Risks to Human Health	942
9.2.1	General Population	942
9.2.2	Occupational Exposure	943
9.2.3	Risk of Zn Deficiency	943
9.2.4	Risk of Excess Zn	943
9.2.5	Environmental Risk Assessment for Zn	943