

Contents

| | |
|--|------------|
| Acknowledgements | v |
| one Introduction – city survivors | I |
| two Neighbourhoods matter – is it the people or the place? | 17 |
| Zoe's story – coping in spite of everything | 17 |
| Marissa's story – choosing the inner city | 23 |
| Annie's story – torn between local ties and the urge to escape | 27 |
| Peter's story – a neighbourhood that works | 33 |
| three Community matters – survival and instincts in social animals | 39 |
| Phoebe's story – creating a sense of community | 39 |
| Sola's story – working on behalf of the community | 46 |
| Nadia's story – community means belonging | 52 |
| Becky's story – communities need links | 60 |
| four Families matter – mothers carry the weight | 67 |
| Fatima's story – family relations can break down | 67 |
| Joyce's story – family roots are hard to break | 74 |
| Delilah's story – coping in small spaces | 80 |
| Olivia's story – overcoming family history | 86 |
| five Parenting matters – pushing for kids | 93 |
| Flowella's story – moving away from trouble | 93 |
| Jane's story – when parenting goes wrong | 101 |
| Angela's story – pride in parenting | 107 |
| Ellie's story – a parent with broad shoulders | 114 |
| six Incomers and locals – a shrinking pot? | 121 |
| Luiza's story – a divided sense of identity | 121 |
| Yonca's story – an outsider who cannot join in | 129 |
| Kali's story – a quietly determined refugee | 136 |
| Poonam's story – fitting in is a slow process | 140 |
| seven City survival within precarious communities – who pays the price of change? | 147 |
| Lesley's story – a disappearing community | 147 |
| Cynthia's story – a true survivor | 153 |
| Kamal's story – communities have untapped assets | 161 |
| Louise's story – helping hands in time of need | 169 |
| eight Conclusion – cities need families | 177 |
| Appendix 1: Methods | 193 |
| Appendix 2a: Summary of characteristics of the 24 families whose stories we tell | 207 |

| | |
|--|-----|
| Appendix 2b: Information about the 24 families whose stories we tell | 209 |
| Appendix 3: Development of themes – round by round | 213 |
| Bibliography | 215 |
| Index | 223 |