

# Contents

	PREFACE	7
	ACKNOWLEDGEMENTS	9
	Introduction	11
Chapter 1	What Is Bullying?	17
Chapter 2	Bullying in Nature	25
Chapter 3	The Nature–Nurture Influence on Behaviour	41
Chapter 4	Who Bullies?	61
Chapter 5	Interpreting Bullying Behaviour	79
Chapter 6	Bullying in School	97
Chapter 7	Domestic Violence and Bullying Partners	127
Chapter 8	Bullying of Children and Young People	147
Chapter 9	Bullying in the Workplace	171
Chapter 10	A Better Way Forward	199
	REFERENCES	215
	INDEX	221