

## Table of Contents

Foreword by John D. Gunther, Ph.D. ....	i
Preface .....	v
Acknowledgments .....	vii
Chapter One – Introduction .....	1
Research Questions .....	5
Intersections of Race, Class, and Gender .....	5
Ethical and Financial Considerations .....	8
Types of Treatment Programs .....	9
Changes in Treatment Programs .....	10
Substance Dependence and the Disease Concept .....	10
Theoretical Models .....	13
From Meta Theory to Mid Level Theory .....	13
Hypotheses .....	16
Hypotheses 1 .....	16
Hypothesis 2 .....	17
Hypothesis 3 .....	17
Chapter Two – Literature Review .....	19
Chapter Three – Methodology .....	27
NTIES Participant Sample .....	27
How Individual Participants were Chosen .....	27
The Number of Clients Who Participated .....	28
Demographics of NTIES Population .....	28
Study Protocol .....	28
Data Collection .....	29
Full Sample .....	29
Study Sub-Sample .....	30
Validity and Reliability of NTIES Data .....	30
The Dependent Variable .....	31
Treatment Outcome .....	31
The Independent Variables .....	34
Type of Treatment Program .....	34
Length of Stay or Length of Treatment Experience .....	34
Ancillary Services During Treatment .....	35

Analysis of Data .....	35
Human Subjects Research .....	36
Chapter Four – Study Results .....	39
Study Participants .....	40
Education, Housing, and Familial Responsibilities .....	42
Treatment Factors .....	43
Dependent Variable .....	45
Analysis of Independent Variables: Types of Treatment Programs,	
Length of Stay in Treatment, Services Received While in Treatment ..	48
The Relationship between Treatment Modality and Drug Use .....	48
Hypothesis 1 .....	48
Respondents Who Took Crack, Cocaine, Marijuana, or Alcohol .....	50
The Effect of Length of Stay on Drug Use .....	51
Hypothesis 2 .....	51
Analysis of Ancillary Services Received during Treatment .....	57
Hypothesis 3 .....	57
Predictive Value of All Independent Variables	
on the Dependent Variable .....	63
Sub-Sample of African-American Women One Year	
Post-Treatment Discharge .....	66
Chapter Five – Discussion .....	69
Type of Treatment Program .....	69
Assessing Program Impact .....	69
Length of Stay in Treatment .....	72
Receipt of Ancillary Services .....	73
Assessment of All Independent Variables on the Dependent Variable .....	74
Limitations .....	75
Future Directions .....	76
Appendices .....	79
Appendix A: NTIES Demographics .....	81
Appendix B: NTIES Code Book Questions .....	85
Appendix C: Type of Treatment Programs .....	91
Appendix D: Variables Used for Analysis .....	93
Appendix E: UCHRIS Letter of Approval .....	95
References .....	97
Index ..	103

## List of Tables

### Table

1.	Identification of Referral Source as a Percentage of the Sub-Population of African-American Women .....	41
2.	Identification of Reasons for Entering Treatment as a Percentage of the Sub-Population of 641 African-American Women .....	41
3.	Types of Housing One Year Pre-Treatment and One Year Post Treatment .....	42
4.	Number of Children Being Raised .....	43
5.	Prior Treatment Experiences of the Sub-Population of 641 African-American Women .....	44
6.	Time in Treatment for the Sub-Population of 641 African-American Women .....	44
7:	Demographics for the Sub-Population of 641 African-American Women .....	45
8:	Drugs Used One Year Post-Discharge .....	46
9.	Percentage of Women Who Used Poly Drugs One Year Post-Treatment Discharge .....	47
10.	Types of Treatment Programs .....	48
11.	Omnibus Tests of Model Coefficients of Types of Treatment Programs on Drug Use .....	49
12.	Classification from SPSS .....	49
13.	Percentage of Dependent Variable and Non-Drug Use, Attributed to Independent Variable, Type of Treatment Program .....	50

14.	Logistic Regression – Type of Treatment Program Analysis of Maximum Likelihood Estimates .....	51
15.	Duration of Treatment Episode in Months *ALLDRUG Respondents Who Took Crack, Cocaine, Marijuana, or Alcohol Cross-stabulation .....	54
16.	Omnibus Tests of Model Coefficients for Length of Stay .....	55
17.	Classification Table .....	55
18.	Percentage of Dependent Variable, Non-Drug Use, Attributed to Independent Variable, Length of Stay in Treatment .....	55
19.	Logistic Regression – Length of Stay Analysis of Maximum Likelihood Estimates – Variables in the Equation .....	56
20.	Services Clients Indicated at Intake that were Important to Them .....	58
21.	Services Received During Treatment of 641 Cases of African-American Women .....	59
22.	Frequencies of Services Received During Treatment .....	60
23.	Omnibus Tests of Model Co-efficients .....	61
24.	Percentage of Dependent Variable, Non Drug Use, Attributed to Independent Variable, Services Received .....	62
25.	Classification Table .....	62
26.	Logistic Regression – Services Received. Analysis of Maximum Likelihood Estimates .....	62
27.	Significance of the Overall Logistic Regression Model. Omnibus Tests of Model Co-efficients .....	64
28.	Predictive Value of the Independent Variables on Drug Use .....	64
29.	Percentage of Dependent Variable, Non Drug Use, Attributed to Independent Variable, Type of Treatment Program, Length of Stay, And Services Received .....	64

30.	Logistic Regression – All Independent Variables. Analysis of Maximum Likelihood Estimates: Backward Stepwise .....	65
31.	Demographic Information of Sub-Sample of Women One Year Post-Treatment Discharge .....	65

## **List of Figures**

### **Figure**

1.1.	Urie Bronfenbrenner's Ecological Theory of Human Development . . . .	14
4.1.	Treatment Protocol Status . . . . .	52
4.2.	Length of Stay . . . . .	53
4.3.	A Cross Tabulation of all Drug Respondents Who took Crack, Cocaine, Marijuana, or Alcohol . . . . .	57
4.4.	Sub-Sample of African-American Women One Year Post- Treatment Discharge in 12-step Recovery Program . . . . .	67
4.5.	Employment Status of Sub-Sample of Women Pre-Treatment . . . . .	68
4.6.	Employment Status of Sub-Sample of Women Post-Treatment . . . . .	68