## Contents

Preface	xi	
Acknow	ledgments	xiii

1	Cool Pose: Expression and Survival	1
	The Dilemmas of Black Masculinity 2 What Is Cool Behavior? 3	
	The Survival Value of Being Cool 5	
	Anomie and Individual Choices for Achieving	
	Success 5	
	Focus on Cool Pose As a Coping Strategy 7	
2	Social Stress and Social Symptoms	11
	Social Pathology: A Symptom of Oppression 11	
	Mental Disorders 12	
	The Disaster of Education 13	
	Unemployment 15	
	The Sting of Poverty 15	
	Children Too Soon, Too Fast 16	
	Blacks, Masculinity, and the Military 18	
	Babies and Men Who Die Too Soon 18	
	Accidents and Self-Destructive Behaviors 21	
	Escaping with Alcohol and Drugs 22	
	Criminality and Incarceration 22	
	The Interplay of Destructive Forces 24	
	Cuts in Government Programs 25	
3	Cool Pose and Masculinity	27
	Playing It Cool 27	
	A One-Dimensional Image of Maleness 28	
	Cool As the Ultimate Control 29	

	The Tough Side of Cool 29 Masculine Attainment 30 Violence and Masculinity 33 Coolness and Compulsive Masculinity 34	
4	In Search of Pride and Manhood The Positive Side of Being Cool 37 The Negative Side of Being Cool 40 Suicide and the Search for Adolescent Identity 45 School Is Not Cool 46 Being Cool and Being Tough 48 Delinquency and Gangs 50 Compromised Race Relations 52	37
5	The Genesis of Black Masking West African Culture: A Different Metaphor 55 The Roots of Cool in African Culture 57 The Legacy of Slavery: An Exquisite Sensibility 58 The Black Mask 59 Black Acting 61 Shucking 63 Black Humor: "I'm Still Here, Daddy-O, I'm Still Here" 63 Inversion 65	55
6	The Expressive Life-Style The Spontaneous Self 69 Being Alive 70 The Style Factor 71 Nonverbal Styling 72 Dancing 75 Sports As a Vehicle for Expressiveness 76	69
7	The Cool Cat Life-Style Portrait of the Cool Cat 79 Clothes and the Cool Cat 80 Cool Wheels 82 Lame to the Bone 83 Why Is Style So Important? 83 Life on the Streets 85 Hustling to Fill the Void 87	79

8	Playing the Dozens	91
	The Insult War 92	
	Ritualized Sexuality 93	
	Rhyming and Expressiveness 95	
	Ambivalence toward Women 95	
	Ribbing: Zeroing In on Personal Defects 96	
	The Crowd As Catalyst 96	
	A Cruel but Skillful Game 97	
	Origins of the Dozens 97	
	Filling the Void: Play and Entertainment 100	
	Establishing a Rep 100	
	Keeping Cool with the Dozens 101	
9	Summary and Implications	105
	Toward a Positive Model of Black Masculinity 106	
	Suggestions for Social Programs, Intervention, and Policy Changes 110	
	In Closing: A Man's Mind Is His Castle 116	
No	otes 121	
Bił	bliography 127	
Inc	dex 137	
Ab	out the Authors 143	

## 01