

# Contents

FOREWORD BY COLIN LAGO	9
INTRODUCTION: LOOKING IN THE MIRROR	13

## **Part 1 Experiencing Whiteness in a Racialized Context**

Chapter 1	Being White	33
Chapter 2	Discovering Whiteness Together	56
Chapter 3	Shame and Guilt	76

## **Part 2 The Practice of White Helping Professionals within a Racialized Context**

Chapter 4	The Core Beliefs that Underpin Our Work	111
Chapter 5	Practising with White Awareness as Professionals	126

## **Part 3 White Organizations within a Racialized Context**

Chapter 6	Organizational Considerations: Working in a Racialized Context	145
Chapter 7	Training for White Awareness	167

Chapter 8	Whiteness in Supervision	183
Conclusion:	This is the Best Time to Dream the Best Dream of them All	195
	REFERENCES	207
	SUBJECT INDEX	214
	AUTHOR INDEX	218