Contents

Part I Specific Phobia Assessment and Treatment

1	Specific Phobia: Phenomenology, Epidemiology, and Etiology Peter Muris and Harald Merckelbach	3
2	Evidence-Based Assessment and Treatment of Specific Phobias in Adults	19
3	Evidence-Based Assessment and Treatment of Specific Phobias in Children and Adolescents Thomas H. Ollendick and Thompson E. Davis III	43
	rt II One-Session Treatment for Specific Phobia in Adults d Children	
4	One-Session Treatment: Principles and Procedures with Adults Lars-Göran Öst	59
5	One-Session Treatment: Principles and Procedures with Children and Adolescents	97
6	Real World Applications of One-Session Treatment	127
7	Handling Difficult-to-Treat Cases of Specific Phobias in Childhood and Adolescence Thomas H. Ollendick and V. Cristian Sirbu	143

ra	rt III Special Topics on the Intensive Treatment of Specific Flooras	
8	Training Therapists in One-Session Treatment and Assessing Their Competence Lars-Göran Öst	161
9	Interventions for Specific Phobia in Special Populations Brittany M. Rudy and Thompson E. Davis III	177
10	Ethical Issues When Considering Exposure	195
11	Empirical Status of One-Session Treatment Thompson E. Davis III, Whitney S. Jenkins, and Brittany M. Rudy	209
12	Using Virtual Reality and Other Computer Technologies to Implement Cognitive-Behavior Therapy for the Treatment of Anxiety Disorders in Youth Lynn D. Miller, Cidalia Silva, Stéphane Bouchard, Claude Bélanger, and Terry Taucer-Samson	227
Inc	lex	253

Part III Special Topics on the Intensive Treatment of Specific Phobias