

Contents

Part I Introduction

| | |
|---|-----------|
| 1 A Brief History of Identifying Child Maltreatment..... | 3 |
| Nicole Hollis | |
| 2 A Brief History of Evidence-Based Practice..... | 13 |
| Lindsay A. Forte, Susan Timmer, and Anthony Urquiza | |
| 3 Why We Think We Can Make Things Better with Evidence-Based Practice: Theoretical and Developmental Context | 19 |
| Susan Timmer and Anthony Urquiza | |

Part II Interventions for Infants and Toddlers

| | |
|--|-----------|
| 4 Attachment and Biobehavioral Catch-Up: An Intervention for Parents at Risk of Maltreating Their Infants and Toddlers..... | 43 |
| Mary Dozier, Elizabeth Meade, and Kristin Bernard | |
| 5 Child-Parent Psychotherapy with Infants and Very Young Children | 61 |
| Patricia Van Horn and Vilma Reyes | |

Part III Interventions for Young Children

| | |
|--|------------|
| 6 Incredible Years® Parent and Child Programs for Maltreating Families | 81 |
| Carolyn L. Webster-Stratton | |
| 7 The Importance of Evidence-Based Parenting Intervention to the Prevention and Treatment of Child Maltreatment | 105 |
| Matthew R. Sanders and John A. Pickering | |

8 Parent-Child Interaction Therapy for Maltreated Children 123
Anthony Urquiza and Susan Timmer

9 Multidimensional Treatment Foster Care for Preschoolers: A Program for Maltreated Children in the Child Welfare System 145
Kathryn S. Gilliam and Philip A. Fisher

Part IV Interventions for School Aged Children

10 Trauma-Focused Cognitive-Behavioral Therapy 165
Anthony P. Mannarino, Judith A. Cohen, and Esther Deblinger

11 Alternatives for Families: A Cognitive Behavioral Therapy: An Overview and a Case Example 187
David J. Kolko, Heather Simonich, and Anna Loiterstein

Part V Interventions for Adolescents

12 Dialectical Behavior Therapy for Suicidal and Self-Harming Adolescents with Trauma Symptoms 215
Michele S. Berk, Janine Shelby, Claudia Avina, and Keegan R. Tangeman

13 MST-CAN: An Ecological Treatment for Families Experiencing Physical Abuse and Neglect 237
Cynthia Cupit Swenson and Cindy M. Schaeffer

Part VI Dissemination and Implementation

14 Taking It to the Street: Disseminating Empirically Based Treatments (EBTs) 261
Susan Timmer and Anthony Urquiza

15 The Bridge from Research to Practice – Just Leap Across the Last Bit 279
Susan Timmer and Anthony Urquiza

Author Bios 287

Index 295