Contents

	List of figures and tables	ix
	List of contributors	хi
	Forewords Professor Margot Jefferys Professor Michael Shepherd	xiii XV
	Preface	xvii
	Introduction Jonathan Gabe	1
Pa	urt I The contribution of the social sciences	
1	The contribution of psychology to understanding long-term tranquilliser use Susan Golombok	15
2	Personal troubles and public issues: the sociology of long-term tranquilliser use Jonathan Gabe	31
3	The culture of long-term tranquilliser users Michael Montagne	48
4	Long-term tranquilliser use: the contribution of epidemiology Paul Williams and Cesario Bellantuono	
5	Long-term tranquilliser use: the contribution of health economics	69
	Alan Shiell	92

vi	ii Contents				
•	Decoding advertising: the role of communication studies in explaining the popularity of minor tranquillisers Jane E. Prather	112			
7	The political economy of long-term minor tranquilliser use	112			
	Larry Ray	136			
Pa	Part II Evaluating the contribution of the social sciences				
8	Long-term tranquilliser use: a general practitioner's view John Horder				
0		163			
9	The benzodiazepine controversy: a psychiatrist's reaction				
	Anthony Clare	180			
10	Long-term tranquilliser use: a health policy perspective Helene L. Lipton and Lisa A. Bero	100			
	Name index	190			
		204			
	Subject index	209			
	·				

Figures and tables

24010 5.1	quilliser use	54
Table 4.1	The uses of epidemiology and their relevance to	_
	long-term tranquilliser use	7:
Table 4.2	The extent of long-term tranquilliser use	73
Table 4.3	Activities for which respondents expressed a need	
	for tranquillisers	77
Table 4.4	Findings related to dependence on tranquillisers	78
Table 4.5	Frequency of benzodiazepine withdrawal phenom-	
	ena reported in six studies	79
Table 4.6	Surveys of psychotropic prescription and con-	
_	sumption	81
Table 4.7	Tranquilliser consumption in Italy	82
Figure 4.1	Survival distributions of duration of psychotropic	
	drug use	83
Table 4.8	Probability of discontinuing psychotropic drug	
	treatment within the next two weeks	85
Figure 4.2	Survival distributions of duration of psychotropic	
	drug use in patients of six general practitioners:	
T 11 6 4	between doctor differences	85
Table 5.1	Prescriptions for minor tranquillisers (millions)	93
Table 5.2	Hypothetical evaluation of alternative methods of	
Table 5 2	managing minor affective disorders	96
Table 5.3	Evaluation of alternatives to conventional man-	
Γable 7.1	agement of patients with minor affective disorders	99
radic 7.1	Number of prescriptions for seven leading benzo-	141
Γable 7.2	diazepines, UK, 1976–86 (in millions)	141
	Share of UK prescriptions of seven leading benzo- diazepines, 1972–85	142
	diazepines, 1912–05	144

x Figures and tables

146
151
151
169