



CONTENTS

PREFACE

xiii

Chapter 1

PRESENTING THE CONTINUUM: A BRIEF OVERVIEW

1

Background: The Person-in-Environment Context

5

Conceptualizing Sexism and Violence Against Women—A Continuum Model

6

Limitations of a Visual Representation of a Continuum
and Alternative Models

8

Reactions to the Continuum

8

A Call to Action

10

References

11

Chapter 2

WOMEN'S INSTITUTIONAL STATUS

13

Introduction to the Issues

15

The Problem of Research

15

Institutional Status

18

Practice for Change

33

Using the Media to Create Change

33

Truth Squads

33

Op-ed Newspaper Articles

34

Using Television and Radio to Effect Change

34

Creating Phone Trees and Computer Networks

36

Effecting Legislative Change Strategies

36

Letters

36

Testimony

37

Policy for Change: Affirmative Action

38

Summary

40

References

41

*Chapter 3***PSYCHOLOGICAL WOUNDS**

Introduction to the Issues	44
The Socialization of Girls	45
Internalized Oppression	45
Male Standards of Mental Health	49
Psychological Sequelae to Physical Assaults	51
The Second Assault: Sexism in the Mental Health Professions	52
Blaming the Mother	53
Sexual Exploitation	54
<i>Diagnostic and Statistical Manual of Mental Disorders</i>	55
The Mental Health of Women	57
Practice Issues: Empowering Women	62
Personal Empowerment	63
Interpersonal Empowerment	72
Policy for Change: Political Empowerment	73
Summary	75
References	76

*Chapter 4***GENDERED COMMUNICATION**

Introduction to the Issues	79
The Power of Language	80
Nonverbal Communication	80
Bringing Differential Treatment into the Classroom	88
Personal Transformation	91
Learn to Listen	91
Become Sensitive to the Issues	92
Respect Language and the Culture It Represents	94
Change Language	94
Group Behavior	95
Policy for Change	97
Summary	98
References	98

*Chapter 5***ECONOMIC ASSAULT ON WOMEN**

Introduction to the Issues	101
	102

Race, Class, Sex, and Women's Work	102
The Feminization of Poverty and the Povertization of Women	115
Poverty Statistics	116
Discrimination in the Marketplace	124
Practice Issues	125
Economic Empowerment	125
Economic Organizing	126
Policy Issues	127
Pay Equity	127
Lesbian Women in the Labor Force	128
Women and Public Assistance	129
Summary	132
References	132

Chapter 6

CONTROLLING WOMEN'S BODIES: HEALTH AND REPRODUCTIVE FREEDOM	134
Introduction to the Issues	135
History of Male Control over Female Bodies	135
Effects of Race and Class on Women's Health	139
Lesbian Women and the Health-Care System	141
Profiting from Women's Bodies	142
Health Concerns of Women	142
Reproductive Issues	144
Female Genital Mutilation	147
Social Workers and Women's Health	149
Practice for Change	150
Referrals and Reframing	150
Culturally Competent Practice	152
Policy for Change	153
Health-Care Coverage	153
Health-Care Reform	154
Summary	156
References	156

Chapter 7

PORNOGRAPHY AND PROSTITUTION	159
Introduction to the Issues: Prostitution	160
Background of the Problem	160

Prostitution as an Exploitative System	162
Prostitution as a Public-Health Problem	162
Prostitution as a Necessary Evil	164
Prostitution as Violence Against Women	165
Introduction to the Issues: Pornography	167
Defining Pornography	167
Prevalence	169
The Problem of Pornography	170
The Conflict over Pornography	173
Pornography and Inequality	175
Boycotts	178
Policy for Change	179
Agency Policy	180
Educational and Professional Policy Development	180
The Need for Youth Crisis Services	181
Summary	181
References	182

Chapter 8

SEXUAL HARASSMENT: ASSAULTS ON WOMEN AT WORK AND AT SCHOOL	184
Introduction to the Issues	185
History of Sexual Harassment	185
Definitions of Sexual Harassment	187
Incidence and Prevalence of Sexual Harassment	190
Workplace	190
Military	191
Academic	192
Causes of Sexual Harassment	192
Responses to Sexual Harassment	195
Consequences of Sexual Harassment	196
Experiences of Sexual Harassment by Special Populations of Women	197
Lesbian Women	197
Women of Color	198
Women in Traditionally Male Blue-Collar Occupations	200
Social Workers	201
Practice Implications	201
Secondary Victimization	204
Working with Men	204

Community and Research Practice	205
Policy for Change	206
Management	206
Legislative and Judicial Reform	207
Summary	208
References	208

chapter 9

WOMEN WHO ARE BATTERED	211
Introduction to the Issues	212
Prevalence Data	213
Severity	213
Verbal, Psychological, and Power Abuse	215
Critiquing Mental Health Models—the Psychologization of Battering	223
Interaction Models and Couples Therapy: A Case Against	227
Safety, Safety, Safety	230
General Practice-for-Change Principles	231
Demonstrating Respect and Listening	232
Resource Sharing	233
Making Connections and Building Community	233
Empowerment and Building Success	234
Practice with Groups	235
Mutual Support	235
Consciousness Raising	235
Taking Action	236
Practice in the Community	236
Practice with Women of Color and Lesbians	237
Latinas	237
African-American Women	239
Asian-American Women	242
Lesbian Women	242
Policy for Change	244
Summary	246
References	247

chapter 10

SEXUAL ASSAULT	251
Introduction to the Issues	252

Feminist Analysis of Sexual Assault	252
Effects of Racism	253
Cultural Effects	254
Response of the Criminal-Justice System	254
Definitions of Sexual Assault	255
Prevalence	257
Dynamics of Rape	259
The Female Fear	259
Rape Myths	259
Acquaintance Rape	260
Marital Rape	263
Revictimization of Rape	263
Aftermath of Rape	265
Special Populations of Rape Survivors	266
African-American Women	266
Latinas	267
Lesbian Women	269
Women with Disabilities	270
Incarcerated Women	271
Practice Implications	272
Posttraumatic Stress Disorder (PTSD)	272
Crisis Intervention	275
Treatment	276
Treatment Issues	278
Policy Implications	281
Legal Reforms	281
Political Change	282
Educational Change	282
Summary	284
References	284

Chapter 11

BATTERED WOMEN WHO KILL AND FEMICIDE: THE FINAL ACTS OF VIOLENCE AGAINST WOMEN	288
Introduction to the Issues: Battered Women Who Kill	289
Age-Old Assumptions About Self-defense	290
A Study of Imprisoned Battered Women	291
Introduction to the Issues: Femicide	293
The Killing of Lesbian Women	294

Racist Femicide	296
Factors Associated with Heterosexual Intimate Femicide	298
Snuff Films, Killing of Women and Men Used in Prostitution, and Other Misogynistic Acts	299
Community Activism	301
Organizing Demonstrations	302
Symbolic Demonstrations	303
Expert-Witness Testimony	304
Case Building and Bail Packages	304
Court Testimony	304
Qualifying As an Expert Witness	305
Focus on Practice Strategies for Battered Women Who Kill	306
Policy for Change	307
Clemency Review	307
Gun Control	307
Summary	308
References	309

chapter 12

PERSONAL AND PROFESSIONAL IMPLICATIONS: A CONVERSATION WITH SOCIAL WORKERS	312
Common Themes	312
Strengths of Women	314
Professional Implications of Working with Survivors of Violence	314
Vicarious Victimization	314
Social Workers' Own Issues	317
Connecting the "Isms"	318
Message to Male Social Workers	320
Personal Challenges	321
A Personal Note from Beverly	322
A Personal Note from Karen	323
Resources	324
References	326
CREDITS	329
INDEX	331