

ACKNOWLEDGMENTS ix  
INTRODUCTION xiii

PART 1 THE PSYCHODYNAMIC PERSPECTIVE 1

1. Enter Freud:  
*Psychodynamic Thinking and Clinical Social Work* 3
2. Psychoanalytic Theories of Development and Dysfunction:  
*Classical Psychoanalytic Theory* 25
3. Psychoanalytic Theories of Development and Dysfunction:  
*Ego Psychology, Object Relations Theories, the Psychology of the Self, and  
Relational Psychoanalysis* 44
4. Transference 70
5. Countertransference 104

PART 2 THE PROCESS OF DYNAMIC THERAPY 133

6. Dynamic Assessment 135
7. Beginning Treatment:  
*Initial Engagement, the Holding Environment, the Real Relationship, and  
Formation of the Therapeutic Alliance* 160
8. The Middle Phase of Treatment:  
*Resistance, Working Through, and Dynamic Technique* 186
9. Termination: The Endgame 221

PART 3 SPECIAL CLINICAL POPULATIONS AND ADAPTATIONS  
OF THE PSYCHODYNAMIC APPROACH 255

10. *Children* 257

11. *Adolescents* 292

12. *The Meter's Running:  
Dynamic Approaches to Brief and Time-Limited Therapy* 319

13. *Psychodynamic Case Management* 350

*Jerry E. Floersch and Jeffrey L. Longhofer*

PART 4 RESEARCH ON DYNAMIC TREATMENT 371

14. *Research on Clinical Process and Outcomes in Psychodynamic  
Therapy and Psychoanalysis* 373

NOTES 397

SELECT GLOSSARY OF PSYCHOANALYTIC TERMS AND CONCEPTS 411

REFERENCES 421

INDEX 451